



# Triathlon

Team Leaders' Guide



## Welcome!

On behalf of the entire organising committee, it's an honour to introduce this Team Leaders' Guide for the Rio 2016 Paralympic Games. I would like to thank everyone at the IPC, the international federations, the NPCs and all stakeholders and partners for their support in the creation of these guides, as well as in helping us in our preparations for the athletes and teams at Games time.

We have been working for years to provide all the athletes with the best possible services and environments, in the Paralympic Village as well as the competition and training venues, and to ensure their maximum performance at the first-ever Paralympic Games in South America.

Some of the highlights of this guide include:

- Key dates and personnel
- Information on the competition format and rules
- Details on processes relating to competition and training
- Specific venue facilities and services, including transport information and maps
- General information on topics that are vital for all sports, such as medical services, doping control, accreditation and security

We trust that this publication will assist you in your planning for Games time and your stay here in Rio de Janeiro. If you require any additional information that has not been included in this guide, please do not hesitate to contact Rio 2016 competition management at your competition or training venue, or the Sport Information Centre or NPC Services Centre in the Paralympic Village.

Rio 2016 is ready to deliver a one-of-a-kind Games, and we are more than proud to welcome you and the rest of the world!

**YOURS IN SPORT,**

A handwritten signature in black ink that reads "Rodrigo Garcia". The signature is written in a cursive, flowing style.

**RODRIGO GARCIA**

Director of Sport, Rio 2016 Organising Committee

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# COMPETITION: ESSENTIALS

## Competition Essentials

The Triathlon competition at the Rio 2016 Paralympic Games will be held on Saturday 10 September and Sunday 11 September at Fort Copacabana in the Copacabana zone. A total of 60 athletes may take part in the Triathlon competition. This figure comprises a minimum of 21 male and 21 female athletes, plus two places – one male and one female – allocated to the host country if not otherwise qualified, and 16 bipartite commission places – eight male and eight female.

KEY DATES	
15 August 2016	Sport entries final deadline (23.59, GMT -3)
31 August 2016	Paralympic Village official opening
	Start of official training
4 September 2016	Start of Visual Classification Evaluation Period
5 September 2016	Start of Classification Evaluation Period (non-VI)
7 September 2016	Paralympic Games Opening Ceremony
	Team managers' meeting (12.00-13.00)
	Swim familiarisation (16.00 – 17.00)
8 September 2016	Athletes' briefing PT2 (W/M), PT4 (W/M) (12.30–13.30)
	Athletes' briefing PT1 (M), PT5 (W) (13.30-14.30)
	Swim Familiarisation (16.00 – 17.00)
9 September 2016	Cycling familiarisation (8.30 – 9.30)
	Swim familiarisation (10.00 – 11.00)
10 September 2016	Men's Triathlon (10.00)
	PT4 (10.00)
	PT2 (10.03)
	PT1 (11.20)
11 September 2016	Women's Triathlon (10.00)
	PT4 (10.00)
	PT2 (10.03)
	PT5 - B1 (11.20)
	PT5 - B2/B3 (11.23:48)
18 September 2016	Paralympic Games Closing Ceremony
21 September 2016	Paralympic Village closes

RIO 2016 COMPETITION MANAGEMENT	
Triathlon Sport Manager	Rychard Hryniewicz Junior
Triathlon Services Manager	Thalles Laranjo
Triathlon Technical Operations Manager	Paulo Dantas
Triathlon Field of Play Manager	Thorben Lange
Triathlon Sport Equipment Coordinator	Schubert de Abreu Argemiro Saff
Triathlon Field of Play Coordinator (Bike/Run)	Ricardo Neves
Triathlon Bike/Run Supervisor	William Thiago Nascimento
Triathlon Field of Play Coordinator (Water)	Bernardo Tillmann
Triathlon Field of Play Coordinator (Transition)	Gustavo Neves
Triathlon Field of Play Start/Finish Supervisor	Fabio Iskandarian
Triathlon Administration Coordinator	Roberta Ferreira Falci
Triathlon Training Site Coordinator	Luciana Scarasati
Triathlon Training Site Equipment Supervisor	Flávia Lapolli

INTERNATIONAL TRIATHLON UNION (ITU) PERSONNEL		
President	Marisol Casado	ESP
Secretary General	Loreen Barnett	CAN
Honorary Presidents	Les McDonald	CAN
Vice-Presidents	Dr. Sarah Springman	GBR
	Bill Walker	AUS
	Antonio Alvarez	MEX
ITU Executive Director	Antonio Arimary	ESP
ITU Sport Director	Gergely Markus	HUN
ITU Paratriathlon Manager	Eric Angstadt	ESP
Technical Delegate	Thanos Nikopoulos	GRE
Competition Jury	Thanos Nikopoulos	GRE

Competition Jury	Dr. Sarah Springman	GBR
	Carlos Froes	BRA

INTERNATIONAL TECHNICAL OFFICIALS (ITOS) AND NATIONAL TECHNICAL OFFICIALS (NTOS)			
ITU Medical Delegate	ITO	Dr. Doug Hiller	USA
Race referee	ITO	Leslie Buchanan	CAN
Chief Race official	NTO	Roberto Menescal	BRA
Chief Video Review	ITO	Dirk Bogaert	BEL
Chief VCC	ITO	Anabela Santos	POR
Chief Technology	ITO	Alan Ma	MAC
Chief Protocol/ Assistant pre - transition	ITO	Eugene Kraus	LUX
Chief Registration	ITO	Sarah Taylor- Hough	GBR
Assistant Registration	ITO	Rebecca Mok	HKG
Assistant Registration	ITO	Cheah Choon Nam	MAS
Assistant Registration	ITO	Olga Blokhina	UZB
Assistant Registration (bike check)	ITO	Retief Freysen	RSA
Assistant Registration (bike check)	ITO	Andrew Armstrong	CAN
Chief start area	ITO	Rick Fulton	ZIM
Chief Swim	ITO	Lorand Kalotai	HUN
Assistant Swim	NTO	Jerlane de Lima Gomes	BRA
Assistant Swim	ITO	Steve Espling	USA
Chief Pre-transition	ITO	Peng Yeow Daniel Sng	SIN
Chief Transition	ITO	Howard Vine	GBR
Assistant Transition	ITO	Cinthia Quilo	MEX
Assistant Transition	NTO	Tercia Ferreira Figueiredo	BRA
Chief Vehicular	ITO	Sander Verheuvell	NED
Chief Bike	ITO	Shanelle Barrett	NZL
Assistant Bike	NTO	Alberto Barretto Kruschewsky	BRA
Assistant Bike	ITO	Fernando Suarez Perez	CHI

Chief Wheel station (1)	ITO	Gustavo Svane	ARG
Assistant wheel station (2)	NTO	Jefferson Brasileiro De Souza	BRA
Chief Run	ITO	Frank Stapleton	AUS
Assistant run	ITO	Friedrich Schwarz	AUT
Chief Penalty box (Run)	ITO	Aggeliki Thoma	GRE
Assistant penalty box (Bike 1)	ITO	Koji Koganezawa	JPN
Assistant penalty box (Bike 2)	NTO	Claudio Damiao Rosa	BRA
Chief Aid station (1)	ITO	Yolanda Ibarra	MEX
Assistant aid station (2)	NTO	Debora Garcia Arantes	BRA
Assistant aid station (3)	NTO	Manuela Cavalcanti	BRA
Assistant aid station (4)	NTO	Marcelo Vaz De Moura Oliveira	BRA
Chief Finish	ITO	Dag Oliver	NOR
Assistant finish	NTO	Jorge Goebel	BRA

INTERNATIONAL CLASSIFIERS (IC)		
CHIEF CLASSIFIER	Marguerite Christophers	NZL
INTERNATIONAL CLASSIFIERS	Katerina Magkou	GRE
	Javier Martinez	ESP

MEDAL EVENTS	
Men (3)	Women (3)
Individual PT1	Individual PT2
Individual PT2	Individual PT4
Individual PT4	Individual PT5



## Competition format

The competition format is the same for the men's and women's events, the specifics and distances for which are explained below:

- Swim: 750m – one (1) lap
- Bike: 22.28km – four (4) laps of a 5.570km course
- Run: 5km – two (2) laps of a 2.5km course

The event is continuous with no breaks in competition and in both men's and women's events the first athlete to complete the course is declared the winner.

The women's PT-5 event is run with a staggered start to include from the beginning the compensation time. B1 athletes start 3:48 before the rest of the field. The result of the event is according to the order of crossing the finish line

Athletes in specific sport classes may be allowed the use of personal handlers during the transitions. More information can be found in the ITU Competition Rules.

Drafting is not allowed during the bike segment.

### Race numbers allocation

The race numbers will be allocated by two draws, one for the men's event and one for the women's event, which will take place on 10 August and will be conducted by ITU officials. As they are drawn, each NPC will be allocated numbers in numerical order, and its athletes will be allocated numbers according to the ITU Paratriathlon Qualification List.

## COMPETITION RULES

The Triathlon competition will be held in accordance with the editions of the following documents that are in force at the time of the Games:

### ITU COMPETITION RULES

[www.triathlon.org/about/downloads/category/rules](http://www.triathlon.org/about/downloads/category/rules)

### ITU PARATRIATHLON CLASSIFICATION RULES AND REGULATIONS

[www.triathlon.org/about/downloads/category/rules](http://www.triathlon.org/about/downloads/category/rules)

### THE IPC HANDBOOK

[www.paralympic.org/the-ipc/handbook](http://www.paralympic.org/the-ipc/handbook)

ITU, working with Rio 2016 competition management, will be responsible for the technical control and direction of the Triathlon competition at the Rio 2016 Paralympic Games.

## APPEALS AND PROTESTS

Appeals and protests will be dealt with in accordance with the ITU Competition Rules that are in force at the time of the Rio2016 Paralympic Games, specifically chapter 12 (Protests) and chapter 13 (Appeals). Copies of the Protest/Appeal forms and can be requested from the ITU Race Referee.

## ATHLETE SUBSTITUTION RULES

An NPC may substitute an athlete between the close of entries (15 August 2016) and their delegation registration meeting (DRM) only if the substitution is in the same sport, medal event(s) and sport class. Substitute athletes must have met all qualification and eligibility criteria for the respective event(s), and must have signed the Eligibility Code Form. The NPC must have submitted an Accreditation Application for the substitute athlete by the deadline of 27 May 2016 (long list).

Substitutions may only be made for athletes who withdraw due to injury, illness or other special circumstances. All substitutions are subject to review and approval by the IPC. Absolutely no substitutions will be permitted after the DRM.

### Classification

The purpose of the Paralympic sport classification system is to minimise the impact of impairment on the outcome of competition, so that the athletes who succeed in competition are those with the best anthropometry, physiology and psychology and who have enhanced them to best effect through hard training and quality coaching. To achieve this, athletes are grouped into classes according to how much their impairment impacts on their sport-specific performance.

All athletes at the Rio 2016 Paralympic Games must comply with their respective sport's eligibility criteria, as stipulated in the Rio 2016 Paralympic Games Qualification Guide. This also applies to athletes submitted by their NPCs using a Bipartite Commission application, by a Universality Wild Card (UWC) application, or as substitutes between the final entries deadline and the DRM (where applicable).

Athlete-specific classification data (sport class and sport class status) will be uploaded onto the Sport Entries system from the Classification Master Lists provided to Rio 2016 by the respective IFs by 30 June 2016, consistent with the IPC's zero-classification policy. NPCs should ensure that their athletes are classified before 30 June 2016. This will help to ensure that the online Sport Entries module is up to date, and will allow NPCs to enter their athletes into the correct events. The deadline for final sport entries is 15 August 2016 and any changes in classification occurring after this date (15 August) must be reported to the IPC and Rio 2016 immediately.

For full information on the classification rules specific to Triathlon, see the IPC Triathlon website and the Rio 2016 Paralympic Games Classification Guide, available on the Rio Exchange.

### Classification Evaluation Period

For the Rio 2016 Paralympic Games, only athletes that have an International Sport Class and a Sport Class Status of Confirmed (C) or Review with a review date after 31 December 2016 (R2017 or later) by the date of final entry (15 August 2016) are able to enter the competition.

At the date of publication of this Guide, Classification Evaluation Periods are scoped to handle any unforeseen circumstance or exceptions.

### Classification details for Triathlon are outlined in Table A:

TABLE A: CLASSIFICATION EVALUATION PERIOD - TRIATHLON		
Date	Time	Location
4 September 2016 (visual impairment)	9.00 - 12.30	Visual Classification Room - PLV
	14.00 - 18.30	
5 September 2016	9.00 - 12.30	Classification Room - FTC
	14.00 - 18.30	
5 September 2016 (visual impairment)	9.00 - 12.30	Visual Classification Room - PLV
	14.00 - 18.30	
6 September 2016	9.00 - 12.30	Classification Room - FTC
	14.00 - 18.30	
6 September 2016 (visual impairment)	9.00 - 12.30	Visual Classification Room - PLV
	14.00 - 18.30	

Athletes' classification will take place at the respective sport's competition or training venue with the exception of classification for athletes with visual impairment (VI). This will take place in the Visual Classification Evaluation Area located at the Paralympic Village.

All athletes that are required to undergo classification at Games time are required to arrive at the Games prior to the first day of the relevant sport's Classification Evaluation Period. Details on final date and time to present for classification will be communicated to each IF after 15 August 2016.

Athletes and NPCs, through the Chef de Mission, are responsible for ensuring athletes:

- Are present for classification at least 30 minutes before their scheduled classification time.
- Bring all equipment, attire and medical information as requested by the IF classification rules and regulations. Note: some IFs may require that medical information be submitted in advance of classification. This information should be sent directly to the IF.
- Are accompanied by an interpreter if they do not speak English.
- Are accompanied by a member of the NPC delegation. This is mandatory for athletes under age 18.

Classification outcomes will be published by the times listed below at the Sport Information Desks (at the venue) and at the Classification Information Desk in the Sport Information Centre (SIC) at the Paralympic Village.

TABLE B: DAILY CLASSIFICATION SESSIONS AND OUTCOME POSTING	
Session Times	Classification Outcome Posting Deadlines
9.00 – 12.30	14.00
14.00 – 18.30	20.00

For full details of classification at the Games, including information on protests, appeals and First Appearance principles, please refer to the Rio 2016 Paralympic Games Classification Guide, available for download on the Rio Exchange.

### Clothing and equipment

Clothing and equipment used by athletes and other participants in the Triathlon competition at the Paralympic Games must comply with the documents listed below.

- ITU Uniform Rules
- ITU Competition Rules
- The IPC Handbook
- The Athlete and Participants' Image Policy
- The IPC Manufacturer Identification Guidelines for the Rio 2016 Paralympic Games

### IPC Manufacturer Guidelines for the Rio 2016 Paralympic Games

One of the key factors that differentiate the Paralympic Games from other sporting events is the visual presentation of the Games, which includes the 'look' of the participants, the venues and the field of play.

Pursuant to the IPC Handbook, Section 1, Chapter 3 (Paralympic Games Principles), no form of publicity or propaganda, commercial or otherwise, may appear on persons, sportswear, accessories or, more generally, on any article of clothing or equipment whatsoever worn or used by persons participating in the Paralympic Games, except for the identification of the manufacturer of the article or equipment concerned, provided that such identification shall not be marked conspicuously for advertising purposes.

An authorised identification may only be used in compliance with the terms of the IPC Handbook, the IPC Manufacturer Identification Guidelines for the Rio 2016 Paralympic Games (distributed by the IPC to all NPCs and IPSFs) or as further approved in writing by the IPC. The IPC reserves the right to prohibit the use of any authorised identification on any given item in order to ensure the spirit of the principles of the IPC Handbook and the IPC Manufacturer Identification Guidelines for the Rio 2016 Paralympic Games are respected.

Below, please find the sport-specific guidelines from the IPC Manufacturer Identification Guidelines for the Rio 2016 Paralympic Games. However, all Games officials are strongly advised to refer to the complete IPC Manufacturer Identification Guidelines document for detailed information and instruction on the rules governing clothing, shoes, accessories, sporting equipment and mobility equipment at the Games.

## IPC Manufacturer Identification Guidelines: Triathlon

ITEM	APPLICATION OF IPC MANUFACTURER IDENTIFICATION GUIDELINES
<b>Clothing</b>	
Tank top Swimsuit Tracksuit Jacket	<p>One Identification of the Manufacturer per clothing item will be permitted, to a maximum size of 30cm<sup>2</sup>.</p> <p>One additional Product Technology Identification will be permitted per clothing item, to a maximum size of 10cm<sup>2</sup>.</p>
One-piece body suit (Trisuit)	<p>Where one-piece body suits are used in competition, one Identification of the Manufacturer and one Product Technology Identification shall be permitted above the waist and below the waist, in accordance with the maximum size noted above; however these identifications shall not be placed immediately adjacent to each other.</p>
<b>Sport equipment</b>	
Wetsuit	<p>The Identification of the Manufacturer will be permitted, on the front and back, to a maximum size of 80cm<sup>2</sup>. This space is allowed both on the inside and outside of the wetsuit. Should there be two or more Identifications of the Manufacturer on the front or back, the combined total size must not exceed 80cm<sup>2</sup>.</p> <p>Identifications of the Manufacturer appearing on the side panel must be included within either the maximum of 80cm<sup>2</sup> on the back or the maximum of 80cm<sup>2</sup> on the front.</p>
Bicycle Handcycle, Tandem Wheels Helmet	<p>May carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of six (6) months or more prior to the Games.</p>
Swim cap	<p>One Identification of the Manufacturer will be permitted, to a maximum size of 20cm<sup>2</sup>. Alternatively, two Identifications of the Manufacturer with a maximum size of 10cm<sup>2</sup> will be permitted, if one is placed on each side.</p>
Tether Braces	<p>No Identification of the Manufacturer will be permitted on any item.</p>
<b>Accessories</b>	
Armband Cooling jacket Arm warmer/cover Leg warmer/cover Neck band	<p>One Identification of the Manufacturer per item will be permitted, to a maximum size of 6cm<sup>2</sup>.</p>
Gloves	<p>One Identification of the Manufacturer per item will be permitted, to a maximum size of 8cm<sup>2</sup>.</p>
Socks Compression socks Hats/visors	<p>One Identification of the Manufacturer per item will be permitted, to a maximum size of 10cm<sup>2</sup>.</p>
Towel Water bottle	<p>No Identification of the Manufacturer will be permitted on any item.</p>

Eyewear/goggles/black out glasses	May carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of six (6) months or more prior to the Games, with no Identification of the Manufacturer permitted on the lenses.
Bag	One Identification of the Manufacturer per item will be permitted, not greater than 10% of the surface area of the item, to a maximum size of 60cm <sup>2</sup> .
<b>Shoes/footwear</b>	
Shoes	All footwear items may carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of six (6) months or more prior to the Games.
<b>Mobility Equipment</b>	
Prosthetics Crutches Wheelchair (Racing and Daily wheelchair)	May carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of six (6) months or more prior to the Games.

### IF specific technical requirements

The following IF technical requirements apply in relation to the General Guidelines:

#### SECTION 7. THIRD PARTY IDENTIFICATIONS (ATHLETE NAMES)

The family name must be placed on the upper front of the uniform and also on the buttocks. The initial of the first name may be added before the family name; athletes with the same family name are encouraged to add the initial of the first name.

The representation of the family name must meet the following criteria:

**Font:** The font type must be Arial. Letters for the family name must be in upper case, unless the name is more than 9 letters, in which case lower case letters should be used following the first capital letter.

**Colour:** If the uniform is a dark colour, the letters must be white. If the uniform is a light colour, the letters must be black.

**Position:** The athlete's family name must be positioned above the NPC code both on the front and back of the uniform. The position on the back must be below the waistline to ensure it is clearly visible when the athlete is on the bike.

**Size:** The letters of the family name must measure 5cm in height and between 12 and 15cm in length.

The uniform of the athlete's guides in the PT5 Sport Class must comply with the rules above. At the family name space, the uniform of the Guide must have the word "Guide". The font type must be "Arial", the height 5cm and the width 12cm.

#### SECTION 9. MAXIMISING NATIONAL AND PARALYMPIC IDENTITY

The NPC code must be placed on the upper front of the uniform and also on the buttocks.

The representation of the NPC code must meet the following criteria: Font: The font type must be "Arial".

Colour: If the uniform is a dark colour, the letters must be white. If the uniform is a light colour, the letters must be black.

Position: The NPC code must be positioned below the athlete's family name on the front and back of the uniform.

Size: The letters of the NPC code must measure 5cm in height and between 6 and 10 cm in length.

#### SECTION 12. HOMOLOGATION MARKS

No homologation marks required by the IF.

#### SECTION 17. SUBMISSION PROCESS

Submission process required by the IF, section 17 of the General Guidelines applies.

The design of the competition uniform (Trisuit) and the wetsuit should be submitted to the ITU in writing by 15 June 2016, to the following address: [sport@triathlon.org](mailto:sport@triathlon.org).

All team clothing, accessories and equipment will be checked by the International Triathlon Union in advance

Notes: Personal handlers must be dressed with the NPC casual gear.

All General Principles apply unless expressly mentioned otherwise above (in particular in relation to size, frequency, location or Sports Brand requirements).

### DOPING CONTROL

Rio 2016 is committed to delivering a world-class anti-doping programme during the Paralympic Games. In partnership with the IPC, Rio 2016's anti-doping programme will ensure that the integrity of sport is upheld, while protecting the rights and health of the athletes.

The programme will conduct testing anytime and anywhere, without prior notice, from 31 August to 18 September 2016 and will follow collection procedures consistent with the IPC Anti-Doping Code and the World Anti-Doping Code. Sample analysis will be conducted at the WADA-accredited laboratory in Rio de Janeiro.

Full details of doping control procedures are available in the Rio 2016 Doping Control Guide, which may be downloaded from the Rio Exchange. Printed copies of the guide will be available in all doping control stations during the Games. NPCs should also note that a brief guide to doping control procedures will be distributed to all athletes.

Rio 2016 encourages NPCs to take proactive and comprehensive measures to ensure athletes, support personnel and medical staff are informed of, for example, the anti-doping rules and procedures that will be in place during the Games, the WADA Prohibited List and the importance of drug-free sport.

More information about the post-racing doping control procedures is provided on page XX below.

## Sport Information

### Sport Information Centre (SIC)

The Sport Information Centre (SIC) in the Paralympic Village will contain a desk serving each sport/discipline and provide sport information to NPCs throughout the Games. The SIC is located in the residential zone, in close proximity to the Entertainment Centre. It is open to Chefs de Mission, Deputy Chefs de Mission, team leaders and team officials (Ac and Ao). NPCs should note that it is not open to athletes.

The services provided at the SIC are:

- Dissemination of general sport information through electronic sport publications (also available on the Rio Exchange) and discussions with sport-specific staff
- Access to official results, draw/start lists and other key competition information, including schedule updates where required
- Provision of training schedule information and, where available, assistance with booking and changing training sessions
- Assistance with the communication of key information from IFs and Rio 2016 to NPCs
- Other sport-specific services
- Information on transport services and bookings for team-sport transport
- Ordering of Athlete Training Meals (48 hours in advance)
- Classification desk

The SIC will already be open on 31 August, the day the Paralympic Village officially opens, and will be open every day throughout the Games. The hours of operation will be as follows:

SIC DATES	HOURS OF OPERATION
28-30 August 2016	8.00 - 20.00
31 August – 17 September 2016	7.00 - 22.00*
18 September 2016	7.00 – 18.00
19 September 2016	8.00 - 12.00

\* The SIC will close at 18.00 on 7 September due to the Opening Ceremony.

Upon arrival in the Village, Team Leaders are strongly encouraged to visit their relevant SIDs in the SIC to introduce themselves and register their contact information to facilitate any necessary communication.



## SPORT INFORMATION DESK

Sport-related information will also be available at the SID at the venue. The SID will operate according to the following schedule:

SID DATES	HOURS OF OPERATION
7 September 2016	12.00 - 18.00
8 September 2016	11.00 - 18.00
9 September 2016	8.30 – 13.00
10 September 2016	6.30 - 16.30
11 September 2016	6.30 - 16.00

## Info+

Info+ is the official Games information system. It offers a range of content as outlined in the table below and includes near real-time results. Info+ will go live on 31 August 2016 and will be available in English only.

CONTENT AVAILABLE ON INFO+	
Background	Historical data, statistics, competition formats, rules, criteria and venue descriptions.
Biographies	Athlete biographies, profiles of teams, coaches, referees, judges and NPCs.
Ceremonies	Details about ceremonies (medal, opening and closing), including timings and participants.
Games news	Flash quotes, press conference highlights, sport previews, news articles, statistical reports, media communications and IPC news.
Medals	Medal rankings by sport, overall rankings, medallists by day and sport/event.
Records	World and Paralympic records, including current records, record holders and new or equalled records.
Results	Competition results viewable by sport, date and country. Includes entry lists, start lists and additional sport-specific reports.
Schedules	Competition and non-competition schedules, including press conferences, IPC and cultural activities.
Transport	Transport schedules and maps.
Weather	Real-time weather conditions and forecasts.

Info+ workstations will be provided in the following locations:

- Competition venues in team and athlete areas, including Athletes' Lounges
- Paralympic Village (NPC Services Centre, press workroom, resident centres, Sport Information Centre, Village Protocol Office and Welcome Centre)

### myInfo+

myInfo+ is a web-based service that will allow users to access Info+ from their own PC, laptop or tablet wherever there is access to the internet, whether in a Paralympic or non-Paralympic venue.

myInfo+ allows access to the same information available at dedicated Info+ workstations, including schedules, near real-time results, medals, records, biographies, news, historical results and transport information.

The menu, Games news, biographies and background sections of myInfo+ are compatible with screen reading software for blind and visually impaired users.

myInfo+ accounts will be free of charge. Each NPC will receive a number of accounts calculated based on its delegation size. Registration tokens will be distributed to NPCs after the DRM.

In NPC offices where the delegation size is at least 25, an Info+ workstation with an info printer will be replaced with an additional internet PC on which myInfo+ accounts can be used.

myInfo+ provides the following useful features, which are not available at dedicated Info+ workstations:

- User customisation (for example, myInfo+ users can create their own schedules by selecting only the sports and events that interest them)
- Message alerts via text/SMS or email, containing information such as world records
- Bookmarking of results, reports and other significant Games information
- Hyperlinking to other key websites, such as the IPC and IFs
- Downloadable results books
- Ability to copy and paste information from results and news reports.

## Schedule (subject to change)

Changes to the competition schedule will be communicated to teams through the Sport Information Centre (SIC) in the Paralympic Village, and the Sport Information Desk (SID) and noticeboards in the Athletes' Lounge at Fort Copacabana. For details of both, see below. Changes will also appear on Info+.

WEDNESDAY 7 SEPTEMBER 2016		
12.00-13.00	Team Leaders' and Coaches' meeting	Auditorium – Fort Copacabana

12.30	Bus Transfer service from the Paralympic Village Mall to Fort Copacabana	Transport Mall, Paralympic Village
14.00-15.00	Athletes' bike check in (only equipment that will enter the venue)	Fort Copacabana
16.00-17.00	Swim course familiarisation	Fort Copacabana
17.30	Bus transfer service from the Fort Copacabana to the Paralympic Village Mall	Fort Copacabana
17.30	Bicycles/handcycles/tandem/race w/c departing from the venue (optional)	Fort Copacabana
<b>THURSDAY 8 SEPTEMBER 2016</b>		
11.00	Bus Transfer service from the Paralympic Village Mall to Fort Copacabana	Transport Mall, Paralympic Village
12.00	Athletes arrive at venue	Fort Copacabana
12.30-13.30	Athletes' briefing (PT2 W/M – PT4 W/M)	Fort Copacabana
13.00-15.00	Athletes' bike check in (only equipment that will enter the venue)	Fort Copacabana
13.30-14.30	Athletes' briefing (PT1 M – PT5 W)	Fort Copacabana
16.00-16.30	Coaches course measurement	Fort Copacabana
16.00-17.00	Swim course familiarisation	Fort Copacabana
17.30	Bus transfer service from the Fort Copacabana to the Paralympic Village Mall	Fort Copacabana
17.30	Bicycles/handcycles/tandem/race w/c departing from the venue (optional)	Fort Copacabana
<b>FRIDAY 9 SEPTEMBER 2016</b>		
8.30	Bus Transfer service from the Paralympic Village Mall to the Fort Copacabana	Transport Mall, Paralympic Village
9.00	Bicycles/handcycles/tandem/race w/c delivered to the venue (optional)	Bike Storage area
9.30	Athletes arrive at venue	Fort Copacabana
10.00–11.00	Swim course Familiarisation	Fort Copacabana
11.00–12.00	Bike course Familiarisation	Fort Copacabana
10.00 – 12.00	Athlete's bike check in (only equipment that will enter the venue)	Bike Storage area
12.00	Bus transfer service from the Fort Copacabana to the Paralympic Village Mall	Fort Copacabana
12.00	Woman's Bicycles/handcycles/tandem/race w/c departing from the venue (man's bicycle must remain at the venue)	Fort Copacabana

SATURDAY 10 SEPTEMBER 2016		
6.30	Bus Transfer service from the Paralympic Village Mall to the Fort Copacabana	Transport Mall, Paralympic Village
7.30	Men arrive at venue	Fort Copacabana
7.30 – 9.00	Men's Athletes' Lounge Check In	Athletes' Lounge
8.30 – 9.05	Bike/Run Warm Up	Fort Copacabana
8.30 – 9.20	Transition Check In	Fort Copacabana
8.30 – 9.15	Swim Course Warm Up	Fort Copacabana
9.25	Men's presentation	Fort Copacabana
9.35	PT4/PT2 M transferred from transition area to pier	Fort Copacabana
9.45	PT4/PT2 M transferred from pier to start area	Fort Copacabana
10.00	PT4 Men's start	Fort Copacabana
10.03	PT2 Men's start	Fort Copacabana
10.15	PT1 Men's transferred from athlete's lounge to pier	Fort Copacabana
10.30	PT1 Men's transferred from pier to start area	Fort Copacabana
10.45 – 11.10	PT1 Men's swim warm up (at start area)	Fort Copacabana
11.20	PT1 Men's start	Fort Copacabana
12.45 – 13.00	Victory Ceremony PT4 men	Fort Copacabana
13.00 – 13.15	Victory Ceremony PT2 men	Fort Copacabana
13.15 – 13.30	Victory Ceremony PT1 men	Fort Copacabana
13:40–14:00	Men's transition area check out	Fort Copacabana
14.00	Woman's Bicycles/handcycles/tandem/race w/c delivered at the venue	Fort Copacabana
14.30	Woman's team managers arrive the venue	Fort Copacabana
14.30	Bus transfer service from the Fort Copacabana to the Paralympic Village Mall – Men depart from the venue	Fort Copacabana
14.30	Woman's bike check in	Fort Copacabana
15.30	Man's Bicycles / tandem departing from the venue	Fort Copacabana
15.30	Woman's team managers depart from the venue	Fort Copacabana
	Women's bicycles departing to the venue	Fort Copacabana

SUNDAY 11TH SEPTEMBER 2016		
6.30	Bus Transfer service from the Paralympic Village Mall to the Fort Copacabana	Transport Mall, Paralympic Village
7.30	Women arrive at venue	Fort Copacabana
7.30 – 9.00	Women's Athletes' Lounge check-in	Athletes' Lounge
8.30 – 9.05	Bike/Run warm-up	Fort Copacabana
8.30 – 9.20	Transition check-in	Fort Copacabana
8.30 – 9.15	Swim course warm-up	Fort Copacabana
9.25	Women's presentation	Fort Copacabana
9.35	PT4/PT2 W transferred from transition area to pier	Fort Copacabana
9.45	PT4/PT2 W transferred from pier to start area	Fort Copacabana
10.00	PT4 Women's start	Fort Copacabana
10.03	PT2 Women's start	Fort Copacabana
10.15	PT5 Women's transferred from Athletes' Lounge to pier	Fort Copacabana
10.30	PT5 Women's transferred from pier to start area	Fort Copacabana
10.45 – 11.10	PT5 Women's swim warm-up (at start area)	Fort Copacabana
11.20	PT5(B1) Women's start	Fort Copacabana
11.23:48	PT5(B2-B3) Women's start	Fort Copacabana
13.00–13.15	Victory Ceremony PT4 Women	Fort Copacabana
13.15–13.30	Victory Ceremony PT2 Women	Fort Copacabana
13.30–13.45	Victory Ceremony PT5 Women	Fort Copacabana
13.45–14.15	Women's transition area check out	Fort Copacabana
14.30	Bus transfer service from the Fort Copacabana to the Paralympic Village Mall – Men depart from the venue	Fort Copacabana
15.00	Women's Bicycles / tandem departing from the venue	Fort Copacabana



## COMPETITION: GENERAL INFORMATION

# Competition: General Information

## Athlete Personal Equipment Transport – Bicycles, Handcycles, Race Chairs

### Arrival

Athletes will be responsible for organising the transport of their bikes, handcycles and racing chairs until their arrival at the airport in Rio de Janeiro. At the curbside of the airport, (Rio de Janeiro International Airport [GIG] Terminal 1 and Terminal 2, and Santos Dumont Domestic Airport [SDU]), the Rio 2016 Logistics team will load bikes, chairs and equipment stored in bags or boxes onto trucks or buses, along with all other luggage.

Upon arrival to the Paralympic Village, athletes will collect their equipment and luggage, and take these through the Welcome Centre security process. Rio 2016 Logistics will again be available inside the Village to move luggage and bikes to the condominium, where they will again be under the responsibility of the athlete to store.

### Paralympic Village to Venue (Training and Fort Copacabana)

NPCs that intend to transport their own equipment and/or athletes and team officials between the Village and the training or competition venues may use their own additional team vehicles.

Athletes/team officials that will take a bus from the Village to the venue (both training and competition) may carry bikes in special bike racks on the bus. They may also store equipment in bags or boxes under the bus if space is available.

When buses do not have space for bikes, Rio 2016 Logistics will provide vehicles to transport bikes and race chairs from the Paralympic Village to Fort Copacabana on required dates (as per Triathlon activities schedule) before course familiarisation and competition.

### Booking

At Games time, detailed dates and times of these scheduled movements will be available through the SIC in the Paralympic Village. Athletes or team officials will be required to book onto these scheduled trucks at the Logistics desk in the NPC services centre at least 24 hours in advance of the departure.

### Check-in

Athletes must deliver their bikes and chairs to the designated sports check-in area at the posted times. Here they will be required to sign their equipment over to the sports personnel and will receive a ticket; athletes must present this ticket to reclaim their bike once at the venue. Athletes will hand their bikes over to Rio 2016 competition management, who together with Logistics will load the bikes into the trucks.

### Bike check-in schedule

Bikes, handcycles and race wheelchairs must be checked in at the venue by the day before competition. They must be checked in by an athlete or team official, and must then be left overnight in the bike storage area within the athletes' area. Every time an athlete brings this equipment back into the venue, a check-in process will be conducted.

DATE AND TIME	FAMILIARISATION SESSIONS	LOCATION
7 September, 14.00-15.00	Bike check-in process for equipment that will enter the venue	Bike storage area, Fort Copacabana
Date and time	Familiarisation sessions	Location
8 September, 13.00-15.00	Bike check-in process for equipment that will enter the venue	Bike storage area, Fort Copacabana
Date and time	For men's competition and women's familiarisation	Location
9 September, 10.00-12.00	Bike check-in process for equipment that will enter the venue	Bike storage area, Fort Copacabana
Date and time	For women's competition	Location
10 September, 14.30-15.30	Bike check-in process for equipment that will enter the venue	Bike storage area, Fort Copacabana

Teams not based in the Paralympic Village must deliver their bikes, handcycles and/or race wheelchairs directly to the bike storage area at Fort Copacabana during the times detailed above. Bikes must be checked at the Athletes' Pedestrian Screening Area (PSA) to the athletes' area. It may take up to two minutes to screen each piece of equipment.

#### Reclaiming bikes on venue

Bikes and chairs will then be transported to the venue and unloaded into the equipment storage area. Teams may collect their equipment from competition management at this location with their ticket.

#### After competition

Athletes wishing to transport their bikes and chairs from the venue back to the Paralympic Village must check them back in with competition management at the required time after competition. Rio 2016 Logistics will use the same ticket system as before to enable the athlete to reclaim their equipment in the Village. Bikes and chairs will be brought to the Village by the same vehicles and delivered to the place from which they were originally checked in. Athletes will be required to collect equipment from competition management in this area at the designated time.

### PRE-COMPETITION PROCEDURES

#### Classification Evaluation Period

See p10.



## Team managers' meeting

**DATE:**

7 September 2016

**TIME:**

12.00-13.00

**LOCATION:**

Auditorium at Fort Copacabana

The main agenda for the team managers' meeting is as follows:

- Confirmation of sport entries data, with the assistance of the Rio 2016 Venue Results Manager.
- Presentation of the athletes' briefing.
- Explanation of policies for access to zone 2 for team officials, team doctors and coaches.
- Explanation of team officials' observation areas and flow.
- Distribution of accreditation supplementary devices (passes).

## Athletes' briefings

### PT2 W/M – PT4 W/M

**DATE:**

8 September 2016

**TIME:**

12.30-13.30

**LOCATION:**

Auditorium at Fort Copacabana

### PT1 M – PT5 W

**DATE:**

8 September 2016

**TIME:**

13.30-14.30

**LOCATION:**

Auditorium at Fort Copacabana

The main agenda for the athletes' briefings is as follows:

- Welcome and introductions
- Competition jury
- Schedules and timetables

- Check-in and procedures
- The course
- Post-race procedures
- Weather forecasts

### Race package

Athletes will pick up their race package at the athletes' technical briefings. The package will contain the following:

- Bike number
- Helmet stickers (3)
- Body decals
- Drinks bottles for the bike (2)
- Swim caps

### Withdrawal from competition: 30 minutes or more prior to start

If an athlete withdraws from the competition after the start list has been produced and distributed but no later than 30 minutes before the competition is due to start, Rio 2016 Technology will produce a new start list which, after being approved by the ITU Technical Delegate, will be distributed according to the PRIS distribution rules.

### Withdrawal from competition: Immediately before beginning of event

If an athlete withdraws from the competition 30 minutes of the competition's scheduled start time, the start list will not be updated and the athlete will be listed as 'DNS' ('Did Not Start') on the results outputs.

### Course orientation/familiarisation

Familiarisation sessions are designed to allow all athletes to conduct a training session on the field of play under competition conditions. All familiarisation sessions will take place at Fort Copacabana, with the swim familiarisation sessions taking place in the competition waters of Copacabana Beach. The session schedule is shown below. All familiarisation sessions are open to both men and women unless stated.

DATE	ACTIVITY	TIME
Wednesday 7 September 2016	Swim course familiarisation	16.00 – 17.00
Thursday 8 September 2016	Swim course familiarisation	16.00 – 17.00
Friday 9 September 2016	Bike course familiarisation	8.30 – 9.30
Friday 9 September 2016	Swim course familiarisation	10.00 – 11.00

Before cycling familiarisation sessions, athletes and coaches must check in at the Athletes' Lounge to receive a sticker for their bikes and helmets for identification purposes on the bike course. Anyone riding on the bike course during familiarisation sessions without identification stickers will be asked to leave the course immediately.

The start and end times of all familiarisation sessions will be strictly enforced. Course marshals on both the water and the roads will restrict access to the course and will stop athletes from continuing their training outside these hours.

Access to the Athletes' Lounge will be limited to the following times during familiarisation sessions on the following dates. Any changes to these times will be communicated to teams at the team managers' meeting:

- **7 September 2016:** athletes will have access to the Athletes' Lounge and changing rooms from 15.00, 60 minutes before familiarisation training begins.
- **8 September 2016:** athletes will have access to the Athletes' Lounge and changing rooms from 15.00, 60 minutes before familiarisation training begins.
- **9 September 2016:** athletes will have access to the Athletes' Lounge and changing rooms from 9.30, 30 minutes before familiarisation training begins.
- **10 August 2016:** all men must leave the Athletes' Lounge by 14.30. Access for women will be restricted until 14.30.

## COMPETITION PROCEDURES

A summary of the competition procedures on the day of each event is given below. More details on each activity are provided below the tables.

MEN'S EVENT SCHEDULE: 10 SEPTEMBER 2016			
Time/ time to start		Activity	Location
7.30	2 hours 30 minutes	Athletes' arrival at venue	Fort Copacabana
7.30	2 hours 30 minutes	Athletes' check-in opens	Athletes' Lounge
		Bike/Run warm-up starts	Bike course
8.30	2 hours	Swim course opens for warm up	Reduced swim course
		Transition area check-in opens	Transition area
9.05	55 minutes	Bike/Run warm-up ends	Bike course
9.15	45 minutes	Swim warm-up ends	Reduced swim course
9.20	40 minutes	Transition area check-in closes	Transition area

9.25	35 minutes	Athlete presentation	Last Call room
9.35	25 minutes	Athletes PT4 and PT2 transferred from transition area to operational pier	Start area
9.45	15 minutes	Athletes PT4 and PT2 transferred from operational pier to the start pontoon	Field of play
10.00	0 minutes	PT4 Men's competition starts	Field of play
10.03	0 minutes	PT2 Men's competition starts	Field of play
10.15	65 minutes	Athletes PT1 transferred from Athletes' Lounge to the operational pier	Athletes' Lounge
10:30	50 minutes	Athletes PT1 transferred from the operational pier to the start pontoon	Field of play
10.45	35 minutes	PT1 Men's Swim warm-up starts	Reduced swim course
11.10	10 minutes	PT1 Men's Swim warm-up ends	Reduced swim course
11.20	0 minute	PT1 Men's competition starts	Field of play

MEN'S EVENT SCHEDULE: 11 SEPTEMBER 2016			
Time before competition		Activity	Location
7.30	2 hours 30 minutes	Athletes' arrival at venue	Fort Copacabana
7.30	2 hours 30 minutes	Athletes' check-in opens	Athletes' Lounge
8.30	2 hours	Bike/Run warm-up starts	Bike course
		Swim course opens for warm-up	Reduced swim course
		Transition area check-in opens	Transition area
9.05	55 minutes	Bike/Run warm-up ends	Bike course
9.15	45 minutes	Swim warm-up ends	Reduced swim course
9.20	40 minutes	Transition area check-in closes	Transition area
9.25	35 minutes	Athlete presentation	Last Call room

9.35	25 minutes	PT4 and PT2 athletes transferred from transition area to operational pier	Start area
9.45	15 minutes	PT4 and PT2 athletes transferred from operational pier to the start pontoon	Field of play
10.00	0 minutes	PT4 Men's competition starts	Field of play
10.03	0 minutes	PT2 Men's competition starts	Field of play
10.15	65 minutes	PT5 athletes transferred from Athletes' Lounge to the operational pier	Athletes' Lounge
10.30	50 minutes	PT5 athletes transferred from the operational pier to the start pontoon	Field of play
10.45	35 minutes	PT1 Women's Swim warm-up starts	Reduced swim course
11.10	10 minutes	PT1 Women's Swim warm-up ends	Reduced swim course
11.20	0 minutes	PT5 (B1) Women's competition starts	Field of play
11.23.48	0 minutes	PT5 (B2 – B3) Women's competition Starts	Field of play

### Athletes' arrival at the venue

Athletes and team officials will arrive on buses from the Paralympic Village from 7.30 on 10 September 2016 (men) and from 7.30 on 11 September 2016 (women). Upon arrival, they will proceed through the security check-in points. Teams staying outside the Paralympic Village should also enter the venue through the Athletes' PSA.

Athletes will collect their bikes, handcycles and race wheelchairs from the bike storage area on the day of competition and at bike familiarisation.

### Athletes' check-in

On arrival at the Athletes' Lounge, athletes will have their uniforms checked by the technical officials and will then receive their swim cap and timing chip. Athletes must wear their timing chips around their ankles or in the appropriate designated position (athlete-specific). All equipment, bags and clothing will need to be submitted in order to be checked for compliance with IPC Rule 50. After their event, athletes will have their timing chips removed before they enter the main recovery area.

### Transition area check-in

The transition area will be open from 8.30 to 9.20 on 10 September 2016 (men) and 11 September 2016 (women). The bike check-in process will be managed by technical officials when athletes enter the transition area with their bikes.

## Warm-up

From 90 minutes before the start of each race, athletes may start their warm-up on the field of play. Each course will be available for warm-up on competition days as follows:

	MEN (10 SEPTEMBER)	WOMEN (11 SEPTEMBER)
Bike/Run (PT4, PT2)	8.30-9.05	8.30-9.05
Swim (PT4, PT2)	8.30-9.15	8.30-9.15
Swim (PT1)	10.45 – 11.10	
Swim (PT5)		10.45- 11.10

The Swim warm-up area will include the start area at the start pontoon until the first turning buoy, and back to the start pontoon. For a detailed map, see the back of this guide.

The Bike warm-up will take place on Avenida Atlântica (seaside) from near Rua Sá Ferreira until near Rua Figueredo Magalhães. A line of cones will be set up to allow athletes to ride circuits.

The Run warm-up area will be at Avenida Atlântica from near Rua Francisco Sá up to Avenida Rainha Elizabeth (building-side only). For a detailed map, see the back of this guide. Ten minutes before the warm-up session is due to finish, marshals will instruct athletes to return to the venue facilities to prepare for the start procedures.

All warm-up areas will be accessible from the main Athletes' Entrance to the field of play, near the Athletes' Lounge and the changing areas. No other access will be granted. Athletes should note that operational vehicles will be allowed to move on these roads during the warm-up periods.

## Athlete introductions

Athletes must assemble at the transition area about five minutes after the Swim warm-up of their event. In the event of extreme weather conditions, athletes may remove their warm-up clothing before entering the transition area, and may give it to their coaches at the coaches' area next to the transition area or to a member of the start team.

Please note that any official NPC uniforms left at the start area must be returned to the Athletes' Lounge immediately after the start in case they are required for the Victory Ceremony.

After the technical officials' presentation, the announcer will introduce each athlete according to the introduction schedule provided by Rio 2016 competition management. Each athlete will be introduced in turn by race number, name and country. After the official presentation, athletes will be transferred to the operational pier where they will have access to the start pontoon. The pontoon is numbered 1 to 15, with number 1 on the right-hand side facing the swim course.

## Start procedure

Athletes will be transferred to the operational pier and from there to the start pontoon, where they must stay once they have arrived. When all athletes have arrived they will be informed to take their designated positions in the water. The announcer will state, 'You are now in the hands of the starter'. When the starter says, 'On your marks,' athletes must be prepared for the start of the competition. A horn will then signal the start of competition.

In the case of a false start, the starter will issue repeated short blasts on the start horn. If athletes fail to hear the false start signal, lifeguards will promptly block the swim course. Athletes must go back to the start pontoon and must return to their designated positions. The competition will be restarted as soon as possible under the control of the ITU Race Referee.

In the event of a valid start with early starters, if someone starts before the horn and everyone else starts with the horn, the athlete who false-started will receive a time penalty of 15 seconds in T1.

### **Accredited/team seating**

Same-sport accredited seating will be provided in the stands.

### **USB flash drives**

One copy of each session will be available to NPCs at the SID at the venue one hour after the end of competition. Any changes to this policy will be communicated at the team managers' meeting.

### **Video recording**

Any filming at the Rio 2016 Paralympic Games by Athletes/Competition Partners/Team Official/Games Officials ('Participants') will require prior written approval from the IPC and will only be allowed from the athletes' stands and four designated coaches' areas (for accredited coaches Ao and As) spread around the course.

Filming is only allowed with non-professional camera equipment. The IPC will be entitled to decide whether camera equipment is to be considered of 'professional standard' for the purpose of this policy. IPC Policy says the camera must be a 'non-broadcast camera', i.e. a camera that is used for domestic use rather than for commercial high-end broadcasting.

For more information please visit <https://www.paralympic.org/rio-2016/guides-and-policies> and download the Photography and Filming at the Rio 2016 Paralympic Games form.

Completed forms should be submitted to:

### **SASCHA BECK**

#### **BROADCASTING MANAGER**

International Paralympic Committee  
sascha.beck@paralympic.org

### **FIELD OF PLAY**

The Triathlon competition will be held in Copacabana and the event will consist of the following elements:

#### **Swim course - 750m**

A one-lap (750m) swim in Copacabana Beach, with athletes swimming anti-clockwise around a semi-circle like shaped, marked swim course.

The start is located on a floating pontoon at Fort Copacabana bay area. All turning buoys will be yellow, and 2m in height. All the turns are left-shoulder anti-clock wise. In addition, a series of 2m-high red buoys around the course mark the path towards the turning buoy.

The swim directions are as follows:

- Starting from the floating pontoon, athletes will find two sets of red 2m high buoys marking the way to the first turning buoy, where athletes will turn left for the first time.
- Athletes will then swim for about 30m and then find the second turning buoy.
- Athletes will then turn left again and swim for about 45m towards the third turning buoy.
- After turning left, athletes will swim for about 60m towards the last turning buoy.
- At the last turning buoy, athletes will turn left for the last time, passing through a set of red buoys which will point the athletes to the beach on a straight-line swim until the swim exit.

A gate marked by 2m x 2m-high yellow buoys will indicate where athletes should swim to approach the swim exit. At this point the handlers will be waiting for the athletes to conduct them to the pre-transition area located a couple of meters after the swim exit. From there, the athletes will follow the blue carpet up to the ramp that leads to the pre-transition area. The first Coaches' Area will be located at the beach close to the pre-transition area.

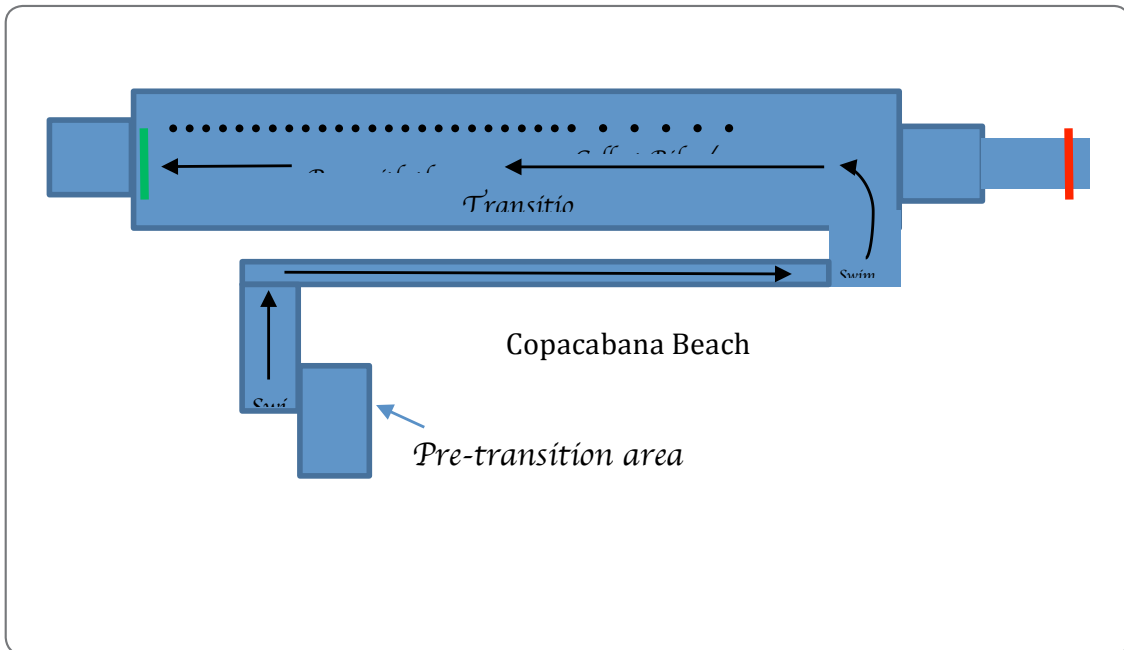
### **T1**

A flow-through transition will be used to keep athletes moving forward. Athletes will enter the transition on the outside run lanes and must deposit their swim gear in the bin placed beside each athlete's bike rack. A barrier will be positioned at the beginning of the centre lane, which will ensure that athletes use the outside lanes. For T1, the bike will be racked by the rear wheel in a slot in a single bike rack, with the bike facing towards the exit. The athlete's name and number will be displayed on the top of each bike rack. Athletes must secure their helmets before they unrack their bike by moving forward into the centre lane and towards the mount line.

Athletes using a handcycle must stop at the mount lane and only ride again after the Technical Official informs that it is ok to do so.

### **Diagram showing T1**





### Bike course – 20km

The bike course will consist of four (4) laps on a 5 km course, totalling 20 km. The course will be divided into 10 sectors, with each sector controlled by a team leader reporting to the field of play bike/run coordinator or the field of play bike/run supervisor. Athletes will race around the course in a clockwise direction.

The bike directions are as follows:

- Starting from the transition area, athletes will cycle along south-bound Av. Atlântica on the sea-side (passing Aid Station 1 on their right on the central island), making a long U-turn to the right and heading north along Av. Atlântica on the buildings side.
- About 60 metres after the U-turn, on the left, athletes will come to Wheel Station 1.
- Athletes will follow Av. Atlântica for approximately 400m, approaching Aid Station 2 on the right, just before they reach Rua Almirante Gonçalves.
- Athletes will follow Av. Atlântica for just over 650m, reaching Aid Station 3 on the left just after Rua Constante Ramos.
- After Aid Station 3, riding about 170m on Av. Atlântica, just before reaching Rua Santa Clara, athletes will come to the first cycling penalty box.
- When athletes reach Rua Siqueira Campos (after approximately 400m) they will reach Coaches' Area 2 on the right.
- Still on Av. Atlântica, after 140m athletes will come to Wheel Station 2.
- Athletes will continue on Av. Atlântica until Rua República do Peru, where they will make a small U-turn, staying on Avenida Atlântica (buildings side), now heading towards Fort Copacabana. (There will be two lines on each side of Av. Atlântica from Rua República do Peru until Rua Santa Clara)
- Athletes will continue on this route until Rua Santa Clara, where they will make another U-turn to the left, to

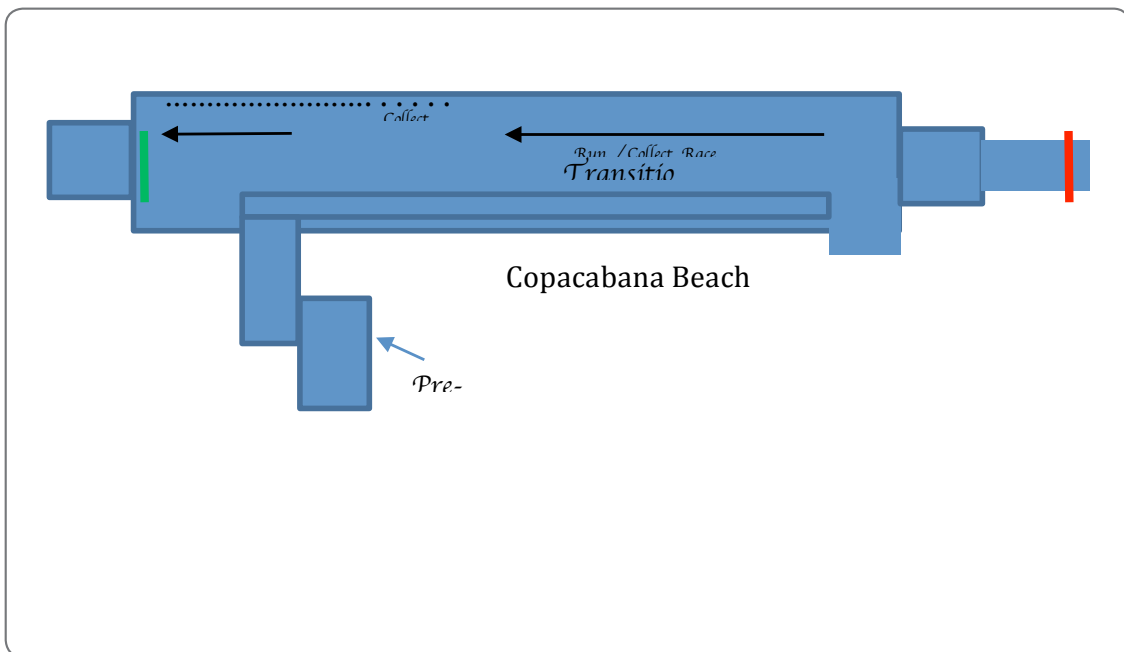
the sea-side lane of Av. Atlântica, now heading towards Leme.

- Athletes will continue along Av. Atlântica (sea-side), passing the second cycling penalty box at about 380m on the left.
- After following Av. Atlântica to Rua República do Peru, athletes will make another short U-turn to the right on Av. Atlântica, returning to the sea-side lane heading towards Fort Copacabana and the transition area.
- About 300m before the transition area, athletes will reach Aid Station 4, on the right, at the intersection of Rua Miguel Lemos.
- This loop will be completed four (4) times on a flat course.

## T2

From the dismount line, athletes will run in the centre lane with their bike towards the bike racks (in the case of handcycles, they will ride all the way through), and must rack the front wheel of their bike in the slot facing the transition entrance. Athletes must use the middle of transition to drop their bike. Athletes will run in the outer run lane, with both run lanes joining at the end of transition.

### Diagram showing T2



### Run course – 5km

The run course will consist of two laps on a 2.5 km course, totalling 5 km. The course will be divided into 10 sectors, with each sector controlled by a team leader reporting to the field of play bike/run coordinator or the field of play bike/run supervisor. Athletes will race around the course in a clockwise direction.

- Starting from the transition area, athletes will run along south bound Av. Atlântica (sea side), passing Aid Station 1 on the right. After that athletes make a long U-turn heading north on Av. Atlântica.
- 500m after the U-Turn athletes will come to Aid Station 2.
- Athletes will continue along Av. Atlântica, reaching Aid Station 3 on the right-hand side about 100m before Rua Santa Clara.
- At Rua Santa Clara, athletes will make a long U-turn to return to the south-bound side of Av. Atlântica, heading towards Fort Copacabana and the transition area.
- 500m after the U-turn, athletes will come to Aid Station 4.
- 100m before reaching the transition area on the right, athletes will come to the run penalty box and Coaches' Area 3.
- This loop will be completed two times on a flat course.

Course familiarisation will take place in the days prior to competition, when athletes will get a chance to swim, cycle and run on the competition course.

## POST-COMPETITION PROCEDURES

POST COMPETITION	ACTIVITY	LOCATION
1–5 minutes	Doping control identifies athletes for testing (except for medallists in each category, who are tested after the press conference)	Athletes' first recovery area, behind the photographers' stand
2–7 minutes	Athletes move through the mixed zone	Mixed zone
15–20 minutes	Victory Ceremony	Ceremony area, within the transition area in front of the grandstands
30–60 minutes	Check-out from transition area; bikes taken to bike storage if required to return to Paralympic Village	Transition area and bike storage
35 minutes	Media conference	Media Conference Room, Fort Copacabana
60–120 minutes	Athletes leave the venue	Athlete load zone

### Finish line procedures

The finish line is located at the end of the finish chute the right-hand side lane over the transition deck at the edge of the finish gantry. Photo-finish cameras will be used to determine the winner in the event of a close finish. The time shown on timing chips will not be used to determine the finishing order. After the event, all athletes must leave the finish area as soon as possible.

### First recovery

Athletes in poor physical condition may stay in the first recovery area behind the photographers' stand for a short period of time to recover. Technical officials will be responsible for assisting the athletes' movement from the finish line past the photo gantry, through the mixed zone and into the main recovery area, which will offer ice baths for athletes as well as a full range of refreshments, hot drinks, fruit and cereal bars. Technical officials will also manage the recovery area and all refreshments after the finish.

### Doping control

Athletes selected for doping control will be notified in person and escorted to the Doping Control Station by an anti-doping chaperone as soon as practically possible after they have finished competing. The athlete will be advised of the type of sample that they are being asked to provide - urine and/or blood, of the rights and responsibilities when undergoing doping control and will be directed to sign the Athlete Notification Form. It is the responsibility of the athlete to remain under continuous observation of the anti-doping chaperone after notification. For details of the doping control programme at Rio 2016, see p15.

### Mixed zone

All competition venues will include a mixed zone, where accredited press, including reporters of the Paralympic News Service (PNS), will interview athletes as they leave the field of play. All athletes must pass through the mixed zone as they leave the field of play, but are not obliged to speak.

As they leave the field of play, athletes will pass through the mixed zone. Reporters from the PNS will also work in the mixed zone to gather athlete comments that will then be uploaded to Info+ (see p17) and distributed as flash quotes. These will be available to all accredited people at the Games.

NPC Press Attachés will be permitted to meet their athletes on the pathway of the mixed zone, but this is limited to the press section only. Press Attachés must be wearing their armband (distributed by the IPC) and must abide by the agreed rules of conduct.

The mixed zone is located on the central island of Av. Atlântica. After the final shoot, passing the gantry, athletes will go down the ramp, passing the first recovery area on the right-hand side and just after the medical post area.

### Press conferences

During the Paralympic Games, mixed zones will be the primary area for athlete interviews. Press conferences will only be held at competition venues when they make sense editorially and when the media request them. The updated schedule of press conferences will be available on Info+ and myInfo+.

NPC press conferences may also take place in the Main Press Centre (MPC) or the Paralympic Village at any time during the Games. NPCs must book these press conferences no later than the day before they are scheduled to occur, through the on-site Press Conference Booking Office, at the MPC.

For press conferences at the MPC, professional interpreters will be available to provide simultaneous interpretation in English, French, Portuguese, Spanish, Japanese and Chinese. For medal-round press conferences at competition venues, consecutive interpretation will be provided according to need.

### Results distribution

Different from past Games, there will not be regular distribution of printed results to the NPCs. For certain reports, a limited number of copies will be distributed to team leaders at the SID. Results for all sports will also be available through Info+/myInfo+ and the Rio 2016 official website; see p17.

No later than 24 hours after all competition for a discipline has ended, a results book containing all results and competition-related reports for that discipline will be made available for download in PDF format on the Rio 2016 official website. The Rio 2016 official website will be available until 31 December 2016.

### Victory Ceremonies

All Victory Ceremonies will be conducted in English and Portuguese, and will occur at all competition venues, as per the date and time indicated in the sport competition schedule.

There will be a five-minute briefing for medallists before the Victory Ceremony, during which athletes will be shown the route along which they will be led and reminded of the procedures they will need to follow. Only the athletes may be present at this briefing, unless otherwise indicated. There will also be a briefing for coaches and team officials the day before the finals.

Athlete escorts will lead athletes to the podium for the Victory Ceremony. During the medal presentation, accreditation must either be temporarily surrendered to the Victory Ceremony coordinator or hidden out of sight. No participant in the Victory Ceremony should have flags, mascots, a mobile phone, a camera, headphones, sport equipment or other items on them during the ceremony. If any athlete is in possession of any of these items, they must be passed to the Victory Ceremony coordinator for the duration of the Ceremony. Athletes must be wearing their NPC tracksuits. Please also note that no one other than athletes and those who are part of the Sport Presentation Victory Ceremonies team may be part of the Victory Ceremony.

Upon completion of the photo opportunity after the Victory Ceremony, each athlete will be required to pass through the mixed zone, unless indicated by the athlete escorts and the Rio 2016 Sport Manager.

During the Victory Ceremony, the Doping Control team is required to keep athletes in its line of sight at all times; therefore, it is imperative that athletes do not deviate from the prescribed routes outlined in the briefing.

### **Medals and Diplomas**

Medals and diplomas will be awarded in each event as follows:

- **1st place:** A gold medal, a diploma and a Paralympic medallist's pin.
- **2nd place:** A silver medal, a diploma and a Paralympic medallist's pin.
- **3rd place:** A bronze medal, a diploma and a Paralympic medallist's pin.
- **4th–8th places:** A diploma.

\*For the PT5 category, athlete and guide will receive medal and/or diploma.



## COMPETITION: VENUE INFORMATION

## Competition: Venue information

The Triathlon competition will be held in Copacabana, starting and ending at the beach.

### KEY INFORMATION

Fort Copacabana  
Praça Coronel Eugênio Franco nº 1  
Posto 6 - Copacabana

### DISTANCE FROM PARALYMPIC VILLAGE:

34km

### VENUE ACCESS

The athletes' area may only be accessed via Rua Francisco Sá. Athletes staying at the Paralympic Village will be brought to Fort Copacabana by transport and will be dropped in front of the athletes' area. Athletes not staying in the Village will be responsible for their own travel to Fort Copacabana and must consider the traffic restrictions on the area and allow sufficient time to pass through security checks.

### FIELD OF PLAY

Swim course - 750m

The swim will take place at Copacabana Beach, consisting of one lap of 750m, with athletes swimming clockwise at the first two buoys and anti-clockwise for the rest of the swim course.

The start is located on a floating pontoon at Fort Copacabana bay area. All turn buoys will be 2m in height and coloured yellow (left shoulder) and orange (right shoulder). The first two turns are right shoulder clockwise, the following three turns are left shoulder anti-clockwise. In addition, two sets of 2m-high red buoys mark the path towards the swim exit on the beach.

The swim directions are as follows:

- starting from the floating pontoon, athletes will swim about 110m straight to the first 2m-high orange turning buoy. On the first turning buoy, athletes will turn right
- athletes will then swim for about 33m and then find the second orange turning buoy where they turn right again
- athletes will then swim for about 140m towards the first yellow turning buoy
- after turning left, athletes will swim two stretches of about 33m each towards the second and third yellow turning buoy, where they will turn left again
- after the third yellow buoy, athletes will be passing through two sets of red buoys, which will point the athletes to the beach on a 400m straight line swim until the swim exit.



A gate represented by two 2m x 2m-high (yellow and orange) buoys will indicate where athletes should swim, in order to give them the correct line to head towards the swim exit. The swim exit itself is marked with two flags on the beach. The handlers will be waiting for the athletes on the beach to conduct them to the pre-transition area. The pre-transition area will be located on the left hand side of the swim exit path right in front of the first coaches' area. From there, athletes will follow the blue carpet to the ramp and consequently to the transition area.

### **Bike course - 20 Km**

The bike course will consist of four laps in a 5.57 km course, totaling 22.28 km. The course will be divided into 10 sectors, with each sector controlled by a team leader reporting to the field of play bike/run coordinator or the field of play bike/run supervisor. Athletes will race around the course in a clockwise direction. In the course, athletes will find two wheel stations, two coaches' areas and two penalty boxes for cycling.

The bike directions are as follows:

- starting from the transition area, athletes will cycle along south bound Avenida Atlântica (sea side), making a long U-turn to the right and heading north over Avenida Atlântica (buildings side), passing the first wheel station on the left hand side (wheel station 1)
- after another 1.2km (just about 65m before Rua Santa Clara), athletes will find the first penalty box for cycling, Penalty box 2 on the right-hand side
- athletes will follow Avenida Atlântica until Rua República do Peru, where they will make a U-turn, staying on Avenida Atlântica (buildings side) and heading towards Fort Copacabana (there will be two lines on each side of Avenida Atlântica, from Rua República do Peru until Rua Figueiredo de Magalhães).
- 350m after the U-turn, at the intersection of Avenida Atlântica and Rua Siqueira Campos, there is wheel station 2 and also coaches' area 2.
- Wheel station 2 and coaches' area 2 are on the left hand side in the middle of the intersection. They can be accessed also from the sea side after athletes made the third U-turn.
- the third U-turn is at the intersection with Rua Figueiredo de Magalhães, where athletes will make a new U-turn to the left to Avenida Atlântica (sea side) towards Leme, passing along wheel station 2 and coaches' area 2 once again on the left-hand side after 350m
- athletes will follow Avenida Atlântica (sea side) until Rua República do Peru, where they will make a U-turn to the right on Avenida Atlântica (sea side), heading towards Fort Copacabana and the transition area. Athletes will find the second cycling penalty box (penalty box 3) on the right-hand side, just opposite penalty box 2 about 65m after the intersection with Rua Santa Clara.
- the last coaches' area (coaches' area 3) is situated 50m before the transition deck, on the right-hand side
- this loop will be completed four times on a flat course

### **Run course - 5 km**

The run course will consist of two laps of a 2.5 km course, totalling 5 km. The run course will be divided into six sectors, with each sector controlled by a team leader reporting to the field of play bike/run coordinator or the field of play bike/run supervisor. Athletes will race around the course in a clockwise direction.

The running directions are as follows:

- starting from the transition area, athletes will run along south bound Avenida Atlântica (sea side), passing the first aid station on the right-hand side (aid station 1). Moving forward on Avenida Atlantica, making a U-turn at the intersection with Avenida Rainha Elizabeth da Bélgica and heading north over Avenida Atlântica
- after about 480m, athletes will find the second aid station (aid station 2). As all other aid stations, this one is also located on the right-hand side.
- athletes will then follow Avenida Atlântica, where they will find the third aid station (aid station 3) 30m behind the intersection with Rua Constante Ramos.
- 150m after aid station 3, athletes make a U-turn back to Avenida Atlântica south bound, towards Fort Copacabana and the transition area
- after 550m, athletes will find the fourth and last aid station on the course (aid station 4), situated on the right-hand side at the intersection with Rua Miguel Lemos
- athletes will find the last coaches' area (coaches' area 3) and the run penalty box (penalty box 1) 50m before the transition deck, also on the right-hand side
- this loop will be completed two times on a flat course

## VENUE FACILITIES AND SERVICES

The following facilities and services will be available at Fort Copacabana:

### Athletes' Lounge

The Athletes' Lounge is located on the sidewalk area in front of the buildings along Av. Atlântica, and is the closest facility after athletes pass through the PSA.

The Athletes' Lounge will be open during all competition and familiarisation sessions. Amenities will include a refreshment area, televisions and Wi-Fi internet access. The Sport Information Desk (SID) will also be located in the Athletes' Lounge. For details of the SID's opening hours, please see p17.

### Bike storage and mechanics

The bike storage area is located in front of the Athletes' Lounge. A bike mechanic will be available near the bike storage area at Fort Copacabana to assist teams on all competition, familiarisation, and bike check-in days. The mechanic's schedule is as follows:

DATE	START	FINISH
7 September 2016	12.30	17.30
8 September 2016	11.00	17.30
9 September 2016	8.30	12.30
10 September 2016	6.30	16.00
11 September 2016	6.30	15.00

### **Call Room**

The Call Room will be in the same space as the main recovery area, which is located just south of the Athletes' Medical Post. This is where the athletes will line up for the start procedure.

### **Changing rooms**

The Athletes' Changing Rooms are located south of the Athletes' Lounge, just after the massage area. On competition days, the facilities will only be available to men or women competing on that day. There are no lockers within the changing rooms. However, athletes may leave personal belongings in the Athletes' Lounge, where they will be monitored by volunteers.

### **Towels**

There will be towels available during the competition period at Fort Copacabana. Please be aware that towels will not be available for familiarisation.

### **Catering services**

All competition venues will have a refreshment station which will contain whole fruit, bottled water, Powerade and other Coca-Cola beverages. At Fort Copacabana, the refreshment station will be located in the Athletes' Lounge. Athletes and team officials may bring non-perishable food into competition venues. However, please note that there is no refrigeration available.

### **Athlete Venue Meals (AVMs)**

A cold-packed meal will be available for collection at Fort Copacabana for team officials and competing athletes, and will not have to be ordered in advance. The meals will consist of a sandwich, a salad, a fruit salad and a sweet item.

For special dietary requirements, a form is available at the SIC in the Village. The form must be completed at least 48 hours in advance of the meal service and submitted at the SIC.

### **Doping control station**

The doping control station at Fort Copacabana is located just south of the Athletes' Changing Rooms. For details of doping control at the Rio 2016 Paralympic Games, please see p15.

### **Language services**

Rio 2016 Language Services Assistants (LSA) will provide volunteer interpretation services at competition venues. The LSAs may be identified by the pin or pins on their uniform specifying the languages they speak.

At the Paralympic games, LSAs will be covering English, Portuguese, French, German, Chinese (Mandarin), Italian, Russian and Spanish. Subject to volunteer availability, Rio 2016 will also offer interpretation services for Arabic, Greek, Hungarian, Japanese, Korean, and Slovakian. Specific languages will vary by venue. For information about the languages offered at your venue(s), or to request language assistance, contact Rio 2016 Triathlon competition management, who will coordinate with Rio 2016 language services.

NPC requests for language services should be made by 17.00 the day before the service will be needed. Late requests will be considered on a case-by-case basis.

Unlike in past Games, there will be no 24-hour over-the-phone interpretation service during the Rio 2016 Paralympic Games.

### Lost and found

All reports of lost items at Fort Copacabana should be directed to the Sport Information Desk. This is also the location to which all found items should be delivered.

### Medical services and facilities

Medical services at all competition venues will be provided at athlete medical stations, complete with a doctor, nurse and physiotherapist and supported by a number of ambulances.

Outside of the venues, the polyclinic will provide additional medical services as well as the designated reference hospital.

Medical services in each competition venue will be managed by the Venue Medical Manager and the Medical Operations Manager. Rio 2016 medical services are designed based on the rules of each IF and the Paralympic rules for the sport. Medical services will generally be available from two hours before the start of competition until one hour after competition ends. However, times vary in some venues.

Full details on medical services at the Paralympic Games are available in the Rio 2016 Paralympic Games Healthcare Guide.

### Medical services on competition courses

The main medical post is located on the central island of Avenida Atlântica close to Rua Francisco Sá. Any water-based incidents will be responded to by medical personnel in boats, with the assistance of the water safety team.

Static ambulances will be based at:

- Operational pier and will move to Av. Atlântica between Av. Rainha Elisabeth and Rua Joaquim Nabuco, by the end of the swimming portion of the competition
- Parked at Av. Atlantica in the central section at the intersection with Rua Francisco Sá
- Parked at Av. Atlantica in the central section at the intersection of Rua Miguel Lemos
- Parked at Av. Atlântica immediately after Rua Santa Clara on the left hand side.
- Parked at Av. Atlântica close to the Rua República do Perú (outside the FOP)

A paramedic motorcyclist will be the first responder to all incidents on land.

### Mixed zone

The mixed zone for the Triathlon competition is located after the finish line past the medical tent. Athletes must pass through the mixed zone on their way to the main recovery area.

### Ottobock repair service

A prosthetic and wheelchair repair service will be provided by Ottobock, and will be located on Rua Francisco de Sá next to the Athletes' Load Zone.

Ottobock will have a mechanics operational car, where minor repairs will be carried out. In case of a complex repair, athletes may be instructed to go to the equipment to the main Ottobock repair area at the Paralympic Village.

### **Physiotherapy**

Physiotherapy support will be available for the competition days at the Main Recovery Area beside the Athletes' Lounge, behind the bike park tent.

### **Sport Information Desk (SID)**

The SID at the venue will be located in the Athletes' Lounge. For details of the SID's opening hours and the services it will provide, please see p18.

### **Weather Information**

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of September. Based on statistics from recent years, teams can expect an average daily high of around 21-22°C (70-72°F) in the Copacabana zone. On average, relative humidity ranges from a minimum of around 70 per cent to a maximum of around 80 per cent during this period. In the Copacabana zone, the average rainfall is 76 millimetres and the winds from south-west and the south-east are prevailing.

At Games time, forecasters from governmental meteorology institutions will be located in the Sport Operations Centre and will provide regular weather forecasts for all venues that will be staging outdoor sports. Up-to-date forecasts will be available on Info+.



TRAINING

# Training

Training for the Triathlon competition will take place at Air Force University, located in the Deodoro zone, and at Athletes' Park, located in the Barra zone.

The venues will be open for training from Wednesday 31 August until Friday 9 September. All training equipment will be approved by the ITU.

## KEY INFORMATION

### ATHLETES' PARK

Av. Salvador Allende, s/nº Barra da Tijuca – RJ

#### DISTANCE FROM PARALYMPIC VILLAGE:

4km

### AIR FORCE UNIVERSITY (UNIFA)

Av. Marechal Fontenelle, 2000 Campo dos Afonsos

#### DISTANCE FROM PARALYMPIC VILLAGE:

17km

## ALLOCATION OF TRAINING SESSIONS

Teams will not be pre-assigned training slots or sessions. Teams will be allowed to use the training site freely on a first-come, first-served basis.

## TRAINING FACILITIES

The Triathlon facilities at Air Force University will include:

- a course for cycling (4.9km) shared with Cycling
- a running (5.5km) track shared with Athletics
- 400m track with eight (8) lanes

The Triathlon facilities at Athletes' Park will include:

- one (1) pool shared with Swimming

## Other training venue facilities and services

### ATHLETES' LOUNGE

The Athletes' Lounge at Athletes' Park will be located at the far right (north-west) corner of the venue, by the end of the corridor when coming in through the main access, near the training gym. The Athletes' Lounge at Air Force University will be located near the course area, and will be shared with Athletics.

### **Catering services**

The Athletes' Lounges at Athletes' Park and Air Force University are both shared with athletes from other sports, and will have tables and chairs, a television, and refreshment stations with water, Coca-Cola beverages and fruit.

### **Changing rooms**

Changing rooms at Athletes' Park are located on the right side of the corridor of the Athletes' Entrance to the venue, immediately after the sport equipment storage area.

At Air Force University, changing rooms are located close to the course. Showers are available and will be shared with Athletics. All the changing rooms are accessible.

### **Equipment storage**

At Athletes' Park, the equipment storage room is located immediately after the main entrance on the right. At Air Force University, the equipment storage room is located near the Athletes' Entrance to the venue - the last entrance of the second compound after the VSA.

### **Medical services**

Medical services will be provided at all games time training venues complete with a medical station and ambulance. Each medical station will have a doctor and nurse as a minimum as part of the medical team.

### **Media area**

There is a dedicated media space next to the course. Interviews with athletes or teams must be agreed by the athlete and the NPC or his/her representative.

### **Physiotherapy area**

The physiotherapy area at Athletes' Park will be located in the training gym and there will be space for physiotherapy cots in Athletes' Changing Rooms.

At Air Force University, the space for physiotherapy will be located in Athletes' Changing Rooms.

### **Venue access**

Rio 2016 Transport buses will transport athletes between the Paralympic Village Athlete Transport Mall and their respective training venues. At Athletes' Park, athletes will be dropped off at the load zone near the Athletes' Entrance to the Triathlon training hall. At Air Force University, athletes will be dropped close to the training facilities area. At Games time, up-to-date bus service timetables will be available on Info+ and at the SIC at the Paralympic Village.

Rio 2016 Transport recommends that athletes arrive at the appropriate load zone five minutes prior to scheduled departure time.

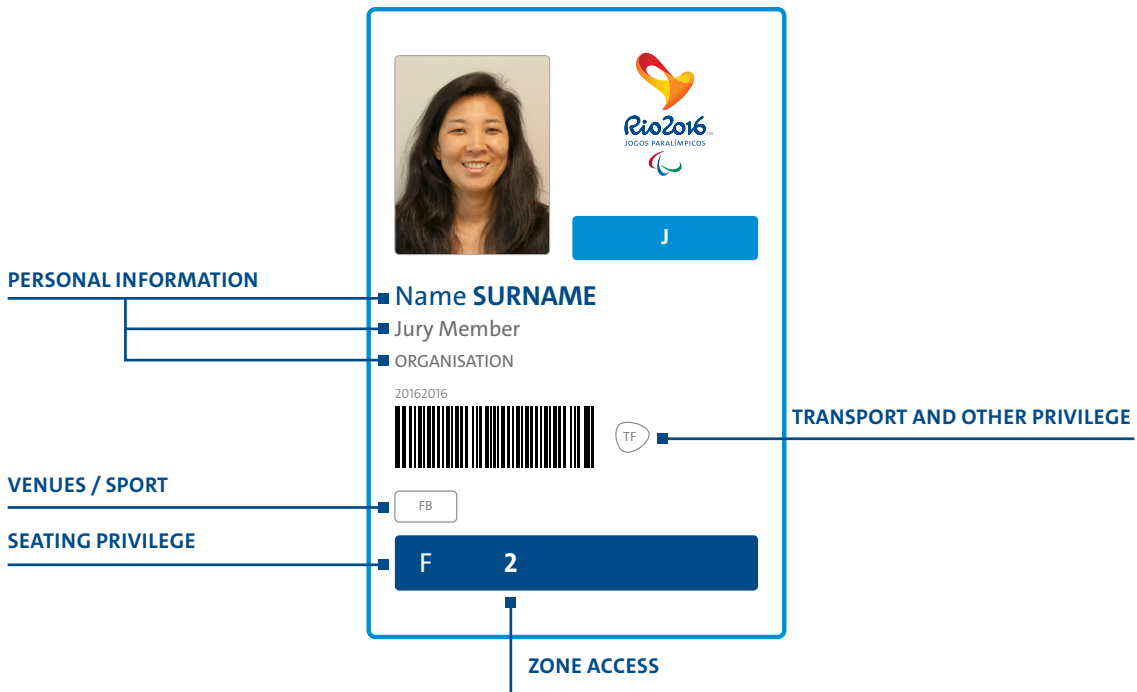




# THE GAMES

## Accreditation

The Organising Committee of the Rio 2016 Olympic and Paralympic Games issues a Paralympic Identity and Accreditation Card (PIAC) to each individual participating in the Rio 2016 Paralympic Games. Each PIAC establishes the identity of its holder. Before validation at the Delegation Registration Meeting, the PIAC is referred to as a Pre-Valid Card (PVC).



Pre-Valid Card (PVC) or Paralympic Identity and Card (PIAC) holders may enter Brazil through any port of entry multiple times from 5 July to 28 October 2016, without requiring a separate entry visa, upon presentation of their card and a valid identity document (valid until 31 December 2016 and with information that matches the information on their application for accreditation. The following NPC categories are eligible for a visa waiver: Aa, Ab, Ac, Am, Ao, As, P, NPC (including NPC drivers), NPC\*\* and X category, if the accreditation applications were submitted by the deadline of 27 May 2016.

All PVCs used for entry into Brazil must be validated to become a PIAC for the individual to perform their Games-time role. After the DRM and from the official opening of the Paralympic Village on 31 August 2016 to 18 September, the day of the Closing Ceremony, eligible delegation members will be able to validate their accreditation at the Welcome Centre. Once the PVC has been validated, it becomes a Paralympic Identity and Accreditation Card (PIAC). The PIAC allows access to Paralympic Games venues.

Paralympic Village guest pass holders will not receive a PVC and are therefore not eligible for a visa waiver. They will need to obtain their own visa if required to enter Brazil.

Individuals using their PVC or PIAC as a visa waiver to enter Brazil must ensure that their identity document is valid until at least 31 December 2016. The identity document used to enter Brazil must match the information provided during the application for accreditation.

### Accreditation facilities

During the Paralympic Games, the Accreditation Centre at the Paralympic Village Welcome Centre will serve as the primary accreditation centre for athletes and team officials.

Venue Accreditation Offices (VAOs) will be located in close proximity to venues. The table below shows the accreditation facilities available and the services that will be provided at each.

FACILITY	POPULATION	VALIDATION	CARD PRODUCTION	PHOTO CAPTURE	HELP OFFICE
Tom Jobim International Airport (GIG)	All	✓	✗	✗	✗
Paralympic Village (Welcome Centre)	NPCs	✓	✓	✓	✓
Paralympic Family Accreditation Centre (Windsor Barra Hotel)	Paralympic Family and NPCs	✓	✓	✓	✓
Venue Accreditation Offices (VAOs)*	All	✓	✓*	✗	✗
Media Accreditation Centre	Press and broadcast	✓	✓	✓	✓
Uniform and Accreditation Centre – (UAC)	All	✓	✓	✓	✓

\*Card replacement only.

### HOURS OF OPERATION OF THE AIRPORT AND ACCREDITATION CENTRES:

#### Tom Jobim International Airport (GIG)

DATE	OPENING TIME	CLOSING TIME
5 July 2016	6.00	00.00 (midnight)

#### Paralympic Village Accreditation Centre

DATE	OPENING TIME	CLOSING TIME
28-30 August 2016	7.00	23.00
31 August 2016	8.00	23.00

1-18 September 2016	7.00	23.00
19 September 2016	7.00	18.00
20-21 September 2016	9.00	18.00

### Paralympic Family Accreditation Centre

DATE	OPENING TIME	CLOSING TIME
30 August - 1 September 2016	9.00	18.00
2-6 September 2016	8.00	23.00
7-17 September 2016	8.00	20.00
18 September 2016	8.00	18.00

### Media Accreditation Centre

DATE	OPENING TIME	CLOSING TIME
22-31 August 2016	8.00	16.30
1-17 September 2016	7.00	20.00
18 September 2016	7.00	17.00

Outside hours of operation, accreditation services will be available based on the data present in the Arrivals & Departures System (ADS).

### Accreditation codes

The Accreditation Card Operating System assigns access privileges according to a privilege matrix that includes any function performing an official role at the Games. The privileges are based on accreditation zones and are printed on the PIAC along with the individual's personal information, function and responsible organisation. At sport venues the privileges give access to accreditation zones as described below:

ZONE	ACCESS ENTITLEMENTS
Blue (colour)	Field of Play - Competition Areas
Red (colour)	Operational areas
White (colour)	Accredited Persons Circulation Areas
2	Athlete preparation area

4	Press areas
5	Broadcast areas
6	Paralympic Family Areas

At the Paralympic Village, the Village Plaza is open to any appropriately accredited population (those with the PLV privilege code on their PIAC) including visitors (with a Guest Pass), while access to the Residential Zone is limited to those either staying or working within:

ZONE	ACCESS ENTITLEMENTS
R	Paralympic Village Residential Zone

### Lost, stolen or damaged cards

If a PVC is stolen, lost or damaged (for example, torn or water-damaged) before the PVC holder's arrival in Brazil, it will not be reissued. The individual must make their own immigration arrangements to enter Brazil, if necessary. Upon arrival in Brazil, they must go to one of the accreditation centres listed in the above table their PIAC to be issued. Please note the following:

- The individual concerned must make a written, signed declaration.
- A lost or stolen PIAC will be cancelled in the accreditation system, and will not be reactivated, even if found at a later date.
- A lost, stolen or damaged PIAC will be reissued as soon as possible, after notification has been submitted and the individual has presented a valid form of identification. The valid form of identification must be the one which was used in their application for accreditation.

## Team welcome ceremonies

The team welcome ceremonies (TWCs) are the official welcome to all NPCs participating in the Rio 2016 Paralympic Games and will take place in the Paralympic Village Plaza from 31 August to 6 September 2016 between 9.30 and 17.30. The exact date and time will be confirmed by your NPC. Each TWC will last no more than 35 minutes and will involve a maximum of five NPCs.

## Opening and Closing Ceremonies

### OPENING CEREMONY

The Rio 2016 Opening Ceremony will be held at Maracanã Stadium on 7 September 2016 from 18.15 to 21.00. The pre-show will begin at 17.30, and the Athletes' Parade will begin at 18.40. Please note that these timings are subject to change.

According to IPC guidelines, all athletes and team officials (Aa, Ab, Ac, Am, Ao and As) are eligible to take part in the Athletes' Parade. Athletes and team officials will march by virtue of their accreditation. All marching athletes and officials will be transported by bus to Maracanã Stadium for the Opening Ceremony. Transport services for marching athletes and officials on the day of the Opening Ceremony will be available from the Paralympic Village only. All marching athletes and officials staying outside the Paralympic Village will need to make their way to the Paralympic Village prior to their delegation's departure time to use the provided transport to Maracanã Stadium. Departures from the Paralympic Village will take place in waves. Travel to Maracanã Stadium will take approximately 45 minutes.

Upon arrival at Maracanã, marching athletes and officials will be guided to the preparation area, where they will stay with their delegation. At a determined time, athletes and team officials will be marshalled to the northern entrance of Maracanã Stadium in compliance with the marching order of the Athletes' Parade, determined by the Brazilian alphabet and according to IPC protocol, with Brazil marching in last. Delegations will enter the Maracanã Stadium and parade across the field of play past the Presidential Box, in view of the audience, before being directed to the reserved athlete seating. Athletes will sit for the remainder of the ceremony, which is scheduled to conclude at 21.00.

An early departures service will be available for athletes and officials wishing to leave the ceremony immediately after they parade. The early departures process will start immediately after the first nation finishes parading. However, buses will only depart when they are full, so athletes may be required to wait.

After the ceremony, all remaining athletes will be transferred to the Paralympic Village. There will be no scheduled times or boarding order for departures; the buses will depart once full.

### **Closing Ceremony**

The Rio 2016 Paralympic Games Closing Ceremony will be held at Maracanã Stadium on 18 September 2016 at 20.00. Athletes will enter Maracanã Stadium prior to the pre-show, which will begin at 19.30. The ceremony is scheduled to conclude at 22.30. The ceremony finish time is subject to minor changes.

There will be a Closing-Ceremony-focused Chefs de Mission meeting at the Paralympic Village on 17 September 2016 at 7.30. Following the meeting, each NPC will be able to collect specific information regarding exact timings from the NPC Services Centre.

Delegations will be transferred from the Paralympic Village to the Maracanã Stadium by bus, along a similar route to the one used for the Opening Ceremony.

### **Branding regulations for parading athletes and officials**

During the Opening and Closing Ceremonies, athletes may not display any materials that contain any type of publicity or propaganda – commercial, political or otherwise. No cameras or hand-held video recorders, including mobile phones, can be used during the parade. All ceremonies uniforms must follow the Rio 2016 uniform guidelines and the IPC Handbook.

# Ticketing

During their own discipline's competitions, athletes and officials may access the Athletes' Stand without a ticket upon presentation of their PIAC.

## Different Discipline Spectating Athletes (DDAs) and officials

Rio 2016 is offering a limited number of complimentary tickets for athletes (Aa), athlete competition partners (Ab) and officials (Ao) to the A stand at competition venues for all sport disciplines.

NPCs may request complimentary tickets for their delegation members two days prior to the event, through an electronic ticket request system available through the Rio Exchange. NPC Relations and Services will allocate tickets according to availability, as the demand for complimentary tickets is expected to exceed supply for many venues.

## Different discipline athletes (DDA) transport to venues

A dedicated transport service will be provided for team sport venues or venues where Rio 2016 anticipates a high demand of athletes wishing to spectate. The dedicated transport service for spectating athletes/officials will be available on competition days only. The service will run from the Athlete Transport Mall at the Paralympic Village to the front-of-house area at specific cluster/competition venues. The frequency of the service and type of vehicle (coach or bus) will depend on the sport/competition session.

For venues where dedicated transport services will not be available to travel to the venue to spectate, same discipline athletes (SDAs) and different discipline athletes (DDAs), as well as accredited team officials, will be able to use the existing competition TA system. In this case, priority will always be given to competing athletes.

## Athlete family and friends (AF&F) tickets

Rio 2016 will guarantee two tickets per athlete (Aa) and athlete competition partner (Ab), per session, for their family members and friends, with the exception of swimming, where one ticket per athlete will be offered. Once the designated tickets have been collected, no further tickets will be issued.

## Ticket box offices

Ticket box offices will be located at competition venues and shopping malls (Shopping Leblon and Via Parque). Box office opening hours and dates at shopping malls and venues vary. Updated information can be found on Rio 2016's website (<https://ingressos.rio2016.com>). There will also be a ticket box office in the Paralympic Village Plaza, which will be open from 31 August to 18 September from 9.00 until 21.00 (according to Village Plaza opening hours).

## Ticket touting

It is a criminal offence to resell Rio 2016 tickets for a price over the face value, and infractions may result in legal action. Unauthorised resale or misuse of Rio 2016 tickets may be considered a violation of the Rio 2016 Terms and Conditions of Ticket Purchase and may result in the tickets being declared void and the ticket holder being denied entry to the venue. Any misuse of tickets acquired via the AF&F or DDA ticketing programmes may result in a loss of future ticketing privileges.

# Transport

A summary of transport at the Games follows. Please note that full details of transport services at the Games, including timetables, may be found on Info+.

## Athletes/NPC transport system (TA)

The Transport for Athletes (TA) system will provide “bubble-to-bubble” transport services for athletes and NPC team officials (Aa, Ab, Ac, Am, Ao and As), and their personal equipment, from 31 August until 18 September 2016 for competition and training. P accredited training partners and personal coaches do not have access to the TA system.

The TA comprises the following services:

- Arrivals and departures between Tom Jobim International Airport (GIG) and Santos Dumont Domestic Airport (SDU), and the Paralympic Village.
- Transport between the Paralympic Village and official competition and training venues (a summary of each service is provided later in this section).
- Internal Village Transport System (IVTS) operating inside the Paralympic Village (see below).
- Ceremonies services
- Recreational services to Via Parque shopping mall and Barra beach

On the day of the Opening Ceremony, the TA system will cease at 13.00, except for return journeys from training and competition venues where activities are ongoing.

## Internal Village Transport Service

The Internal Village Transport System (IVTS) is a shuttle which will operate on a daily basis inside the Paralympic Village. It will circulate in a clockwise direction, connecting key locations, including the Welcome Centre, Main Dining Hall, Athlete Transport Mall, and Village Plaza in the residential zone. This service will operate 24 hours a day from 28 August to 21 September 2016, except on Opening and Closing Ceremony days. Frequency will vary depending on the time of day.

## Scheduled competition and training services from the Paralympic Village

Regularly scheduled transport services will connect athletes to designated stand-alone training venues and competition venues that also serve as training venues. Services are scheduled in line with the training requirements of individual sports. The service will commence on 31 August 2016 (after 12.00) for most sports and will continue until the close of each sport's individual training session.

On competition days, the TA service will be scheduled so that the first bus arrives at the competition venue two to three hours prior to competition starting, in accordance with each sport's requirements. The last bus to leave the competition venue will vary according to the sport's requirements, a maximum of two hours after competition has finished. All schedules will be available on the Info+ system, as well as at the SIC and SID.

Estimated travel times are based on use of the Paralympic Route Network (PRN) for as much of the journey as possible and do not include any security screening times, queuing time at the VSA or, where applicable, in-venue travel times.



### Scheduled services for spectating athletes

Transport services will be provided for Same Discipline Athletes (SDAs) and Different Discipline Athletes (DDAs), as well as accredited team officials wishing to spectate. The spectating athletes' services will be available on competition days and will vary depending on the venue. Different discipline athletes and officials must have a valid ticket to access their seats.

A dedicated transport system for spectating athletes and officials will run from the Athlete Transport Mall at the Paralympic Village to the spectators' area at specific clusters or competition venues. The frequency of the service and type of vehicle (coach or bus) will depend on the sport/competition session. There are two types of dedicated service:

#### DEDICATED SHUTTLE SERVICE:

Shuttle service departing from the Paralympic Village at a frequency specified on Info+ and departing from the venue to the Paralympic Village 30 minutes after the competition session ends.

#### PRE-DEFINED DEPARTURE SERVICE:

One-departure only service departing from the Paralympic Village at a set time indicated on Info+ and leaving the venue 45 minutes after the competition session ends.

For venues where dedicated transport services for spectating athletes will not be available, SDAs, DDAs and accredited team officials will be able to use the existing competition TA system. In this case, priority will always be given to competing athletes.

Neither TA nor dedicated spectating transport services will be available for athletes and officials wishing to spectate at Riocentro, as the venue is within walking distance from the Paralympic Village, or at Pontal, which can be accessed using the Bus Rapid Transit (BRT) system.

NPCs should also encourage their athletes and team officials to use public transport to travel to and from competition venues in Barra to spectate. More details regarding public transport in Rio can be found on page [59](#).

A list of venues and sports serviced by the spectating athlete transport services is detailed below.

TYPE OF SERVICE	VENUE DROP-OFF	SPORTS/DISCIPLINES	
Dedicated shuttle service	Barra Olympic Park	Boccia	Track cycling
		Football 5-a-side	Wheelchair basketball
		Goalball	Wheelchair rugby
		Judo	Wheelchair tennis
	Swimming		
	Olympic Stadium	Athletics	

Pre-defined departure service	Deodoro Common Domain	Equestrian Football 7-a-side Shooting Wheelchair fencing
	Fort Copacabana	Athletics marathon Triathlon
Existing TA service	Lagoa Stadium	Canoe Rowing
	Marina da Glória	Sailing
	Sambódromo	Archery

### Paralympic Route Network

The Paralympic Route Network (PRN) is a network of roads linking all official competition and non-competition venues.

The PRN consists of a combination of exclusive lanes for vehicles with a Vehicle Access and Parking Permit (VAPP), and shared lanes. Refer to the map on the Rio Exchange to see the PRN.

#### PRIORITY LANES:

only for vehicles displaying a VAPP, emergency vehicles, taxis and public urban buses.

#### EXCLUSIVE LANES: EXCLUSIVELY

for vehicles displaying a VAPP and emergency vehicles.

Exclusive lanes will be in place from 5 to 18 September 2016. In circumstances when the PRN is inaccessible, for example, due to a road traffic accident or the Opening and Closing Ceremonies, an alternative route will be in place for properly VAPPED vehicles.

Travel times from the Paralympic Village to competition/training venues can be found on Info<sup>+</sup>.

DATES OF OPERATION	LANES AVAILABLE	DESCRIPTION	VENUES
1-4 September 2016	Priority lanes	Shared bus and taxi lane	Copacabana and Maracanã
5-18 September 2016	Full PRN	All clusters and venues, as detailed on the PRN map	All venues

## PUBLIC TRANSPORT

### Travel within Rio

Public transport available in Rio includes the following services:

- Bus Rapid Transit system (BRT)
- Metro
- Train (Supervia)
- Light rail train (VLT)
- Urban bus

Access to public transport services in Rio for individuals in the NPC accreditation categories will be subsidised. This includes the BRT, metro, train and VLT.

Public transport in Rio is being planned to operate for extended hours on specific days. Further information will be communicated closer to the Games.

Spectators with tickets for Games events in Rio will need to purchase a Games travel card to use on public transport on the day of their event.

### Taxis

No taxi drop-off/pick-up areas will be available at competition or training venues. From 31 August 2016, any un-VAPPED vehicles, including taxis, may drop off passengers close to the Paralympic Village Welcome Centre, as long as at least one of the vehicle occupants has a PVC or an PIAC. Otherwise, the passengers must exit the vehicle at the VPC and walk 500m to access the Welcome Centre. The closest VPC to the Paralympic Village Welcome Centre is located at the intersection of streets Olof Palme and Estrada dos Bandeirantes.

Unlicensed taxis do operate in Rio and Rio 2016 recommends using registered operators. Licensed taxis can be easily identified as they are yellow with blue stripes down the sides and red license plates.

Cooptaxi Especial taxi company may offer accessible transport in Rio. More details are available on the website.

## Village

For information regarding the Paralympic Village, see the Athletes' and Team Officials' Guide.

### REPAIR SERVICES

Ottobock will be the official provider for wheelchair, orthotics and prosthesis repair services for athletes, NPC team officials, IF Games officials and members of the Paralympic Family during the Games.

Repairs will be conducted free of charge on damage to wheelchairs, orthotics or prostheses that, if not carried out, would either prevent athletes from competing in their events, or delegates from achieving their usual level of independent daily living.

The workshop in the residential zone of the Paralympic Village will be the primary facility for wheelchair, orthotic and prosthetic repair services during the Paralympic Games. It will be open from 28 August until 21 September 2016. The regular operating hours from 31 August until 18 September will be from 7.00 until 23.00. From 28 to 30 August and from 19 to 21 September, the workshop will operate on a reduced schedule. However, an emergency service for urgent repairs needed outside these operational hours will be available.

Satellite workshops will also provide repairs services at dedicated competition venues. Team leaders should note that no repair services will be available at the Athletes' Park.

An on-demand mobile repair service will be available to attend peak shifts, the Opening and Closing Ceremonies and the Paralympic Family Hotel. For all other cases in which a repair service is required and cannot be conducted at the Paralympic Village or competition venue, support will be determined on a case-by-case basis.

## SECURITY

As in any big city, individuals are advised to follow a few basic rules in Rio de Janeiro:

- Be aware of your surroundings when walking around the city, especially at night. Avoid dark or enclosed areas.
- Do not walk around wearing expensive looking jewellery or other items. Keep cameras, telephones and other gadgets in your pocket.
- Carry only enough cash for your expected purchases, a credit card and a photocopy of your passport. Leave your passport and other credit cards in a safe place.
- Take care when withdrawing money from a cash machine. It is best to use the machines located at the Paralympic Village, inside banks, buildings and shopping centres.

The federal, state and municipal governments are committed to the security of all those participating in and spectating at the Games, as well as the local population. Rio 2016's Security team is responsible for planning and coordinating the general safety and security plans for the Games.

Security operations inside the Paralympic Village, training and competition venues will be provided by the National Security Force (composed of public law enforcement agents), in close collaboration with Rio 2016 Security.

The Paralympic Village and all competition and training venues will undergo a security sweep by public security agents and a subsequent lockdown period prior to the Games. This is to ensure that they are free of any prohibited or dangerous items that may pose a threat to the security and safety of the venue and its occupants. After the conclusion of these procedures, all venues will be considered "clean" and locked down.

During the lockdown period, all safety and security procedures will be implemented and access control will be activated with the support of security technology. Throughout this period, no individual or vehicle can enter the venues without the correct accreditation and security checks.

After the accreditation check, individuals must go through a personal and baggage inspection. To access locked-down facilities, all individuals must pass through an airport-style X-ray system, called a "mag and bag", at the Pedestrian Screening Areas (PSAs). This system aims to identify prohibited or restricted items (see page [61](#)), before the individual can gain access to a venue.

### Security at the Paralympic Village

The Paralympic Village will be surrounded by a double-fenced secure perimeter. Closed Circuit Television (CCTV) and an intrusion detection system will be in place at all access points, the secure perimeter and common areas. Cameras will not be in place on residential floors.

Entry into the Paralympic Village will only be permitted with a valid accreditation and by passing through a PSA. This process will need to be completed on every entry and re-entry to the Paralympic Village.

### Security at competition and training venues

Accredited individuals will have a dedicated access point at each venue. They will enter the facility by presenting a valid accreditation and proceeding to the PSA or VSA. Spectators must present their ticket as they access the spectator entrance at competition venues.

Venue Security Command and Control (VSCC) will be in place at each competition and training venue to manage any emergency or security situations. Delegates should approach Rio 2016 workforce or security staff to request emergency assistance inside venues.

Information about bringing food and beverages into venues can be found in the table in the following section.

### Security in transit

The Transport for Athletes (TA) system will operate on a “bubble-to-bubble” basis between the Athlete Transport Mall at the Paralympic Village and all competition and training venues. This means that athletes and team officials will not have to exit the bus at a VSA; however, these vehicles will need to stop at the VSA for a brief check.

Athletes and team officials will go through a visual accreditation check when entering training and competition venues. They will be allowed into the venues through a controlled, secured area. When returning to the Paralympic Village from competition and training venues, athletes and officials will be required to pass through the PSA at the Athlete Transport Mall.

TA transport will have a tracking system, enabling buses to be monitored by Rio 2016 throughout the journey. There will be extensive policing and monitoring of the Paralympic Route Network (PRN).

In order to gain access to the secure perimeter of competition and training venues, all dedicated vehicles must have the appropriate VAPP and go through the usual security process at the VSA. All passengers – with the exception of wheelchair users, who will be checked in the vehicle – will be required to leave the vehicle and go through personal screening at a PSA.

### Prohibited and restricted items

The restricted and prohibited items policy applies to spectators and accredited individuals at the Games. Accredited athletes and team officials will be permitted to bring items into venues that are required for specific Games-related activities (for example, tools of the trade) through the designated athlete entrances at the Paralympic Village and at competition and training venues.

The following table is based on the most updated version of the prohibited and restricted items lists and provides an overview of the items that are prohibited - ✓, restricted - **R** and permitted - ✘ at Rio 2016 competition and training venues, and the Paralympic Village. Prohibited items will not be permitted into venues under any circumstances. Restricted items may be allowed into venues under certain conditions.

ITEM DESCRIPTION	PARALYMPIC VILLAGE (RESIDENTS ONLY)	COMPETITION AND TRAINING VENUES  (accredited athletes and team officials, spectators)
Tents, placards, spray paint or any other item which could be used for demonstrations or sabotage within a venue	✘	✘
Glass bottles, except medicines contained in glass bottles, or beverages for children	✓	✘
Bottles of all beverages, food items and other liquids, including aerosols and gels, for personal consumption	<b>R</b> Up to 5 litres per person, per entry through the security screening areas	<b>R</b> Up to 5 containers of up to 200ml each (combined maximum capacity of one litre)
Large flags, banners and associated poles, large umbrellas or other items of an excessive size that may disturb the event or restrict the view	✓	✘
Items too large to be electronically screened through a PSA	<b>R</b> Refer to restricted items below	✘
Musical instruments and noisemakers, (for example, hunting horns, air horns, klaxons, drums, vuvuzelas and whistles)	✓	✘
Walkie-talkies, telephone jammers, radio scanners, wireless hubs and routers	✓	<b>R</b> Except approved items for accredited team members
Laser pointers, strobe lights and similar light-emitting devices	✘	✘
Bicycles, folding bicycles	<b>R</b> In limited numbers	✘

Roller-skates, skateboards, any other non-competitive sports material (e.g. rackets, Frisbees and balls), except sport equipment and other accessories used to assist people with an impairment	x	x
Pets or animals, except service dogs	x	x
All types of knives and bladed items, including pocket knives (except tools of the trade for accredited individuals)	x	x
Firearms and ammunition, including replicas, component parts or any device resembling a firearm	x	x
Offensive weapons or implements, such as flick knives and extendable batons, or anything that can be used to cause injury to another person	✓	✓
Fireworks, explosives, flares and smoke canisters	✓	✓
Toxic and dangerous materials	✓	x
Controlled drugs, including substances that resemble controlled drugs, with a medical prescription	x	x
Medicines for personal use in reasonable quantities	x	x
All professional photographic and broadcasting equipment, including tripods and monopods	✓	x
Flags of countries not participating in the Games	x	x
Objects or clothing bearing political statements which are in violation of the IPC Handbook	x	x
Objects that contain commercial identification and may be used for ambush marketing	✓	x

In addition to the information provided in the table above, residents of the Paralympic Village will be permitted to bring large items which cannot be screened through a PSA through the Material Transfer Area - MTA into the Paralympic Village.

NPC Assistants will be permitted to bring some items into the Paralympic Village on behalf of their NPC, such as food and beverages for personal consumption, equipment and other items, including walkie-talkies, banners and large flags, which are permitted for residents.

Accredited athletes and team officials are permitted to bring food and liquids (up to five litres per person) for personal snacks or use into competition and training venues, but no refrigerators will be available to store perishable items. Accredited athletes and officials will not be permitted to bring alcohol into competition or training venues.

Rio 2016 Security reserves the right to refuse entry at its discretion of any item that appears suspicious.

## Requests for emergency assistance

### Emergency assistance outside Rio 2016 venues

Representatives from the police and security staff, as well as fire and medical specialists will maintain a constant presence at official venues for athletes and team officials.

Emergency services will also be available throughout the city. The following numbers can be used for an immediate public security response outside the Paralympic Village and venues:

#### EMERGENCY:

190

#### FIRE DEPARTMENT AND AMBULANCE SERVICES:

193

These services will be available in English and Portuguese.

The emergency numbers 911 and 112 (USA and Europe, respectively), will be redirected to 190 if dialed within the state of Rio de Janeiro.



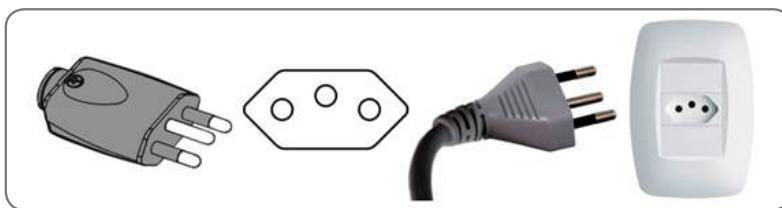
## Recycling

In line with the Integrated Municipal Solid Waste Management Plan, Rio 2016 will offer different coloured bins, enabling a prior segregation of recyclable and other waste materials at the point of generation. Please select the correct bin when disposing your rubbish.



## Electricity and adapters

Electrical outlets in the competition and training venues are 220V single phase, while in the Paralympic Village they are 110V. Adapters/transformers to 110V will not be provided. Please be sure to purchase in advance the proper equipment for your needs and your team's needs.



Power sockets in Brazil



Europlug (C plug)

# Rio 2016

## RIO DE JANEIRO IN 2016

### POPULATION:

6,453,682, estimated in 2014

### OFFICIAL LANGUAGE:

Portuguese

### CURRENCY:

Real/Reais (plural)

### LOCAL TIME:

Greenwich Mean Time (GMT) -3

### AREA:

1,197 km<sup>2</sup> (Brazil: 8,515,767km<sup>2</sup>)

### LATITUDE AND LONGITUDE:

22°54'10" S, 43°12'27" W

### ALTITUDE:

2m

### GOVERNMENT:

Prefeitura do Rio de Janeiro ([www.rio.rj.gov.br](http://www.rio.rj.gov.br))

## RIO DE JANEIRO, THEN AND NOW

The former capital of Brazil, Rio de Janeiro is located in the state of the same name on the south-eastern strip of the country's Atlantic coast. It is one of the most visited cities in the southern hemisphere. In January 1502, the second exploratory expedition by the Portuguese, led by Captain Gaspar de Lemos, reached Guanabara Bay. Legend has it that he entered the bay believing it to be a river, so he named it Rio de Janeiro, literally translated as "River of January".

Rio is a picture-postcard city, with lush green mountains, lakes, blue oceans and miles of white, sandy beaches. It is the home of Sugarloaf Mountain, Maracanã Stadium, Guanabara Bay and, overlooking it all, the statue of Christ the Redeemer. It is no wonder Rio is known as the "Marvellous City". The friendliness of cariocas (as Rio locals are known) can be witnessed in the streets, in the bars and at the beach.

## CLIMATE

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of September. Based on statistics from recent years, teams can expect an average daily high of around 23-24°C (73-75°F) in the Maracanã zone and around 21-22°C (70-72°F) in the Copacabana zone. On average, relative humidity ranges from a minimum of around 70 per cent to a maximum of around 80 per cent during this period. In the Maracanã zone, the average monthly rainfall during September is 68 millimetres and the prevailing winds are from the north-northeast; in the Copacabana zone, the average rainfall is 76 millimetres and the winds from south-west and the south-east are prevailing.

## THE CITY'S PARALYMPIC HERITAGE

Brazil is a nation with sport in its blood and has always been a serious competitor in the Paralympic Games. Never content with just taking part, the country has long dreamt of hosting the world's biggest sporting event. Brazil's first bid to host the Olympic Games came in 1932, to host the 1936 Games, but Rio de Janeiro failed to advance past the International Olympic Committee's initial selection phase. Sixty years later, Brasília was a candidate for the 2000 Olympic and Paralympic Games, until its bid was withdrawn in the first phase. But Brazilian hopes were not dashed, rooted as they were in a deep belief in the value of the Games, and with the certainty that hosting them would boost national development efforts. With firm, unyielding commitment, the groundwork was already being laid on a path that, with each bid, was taking on an ever more clearly defined direction.

Rio de Janeiro's next attempt was to host the 2004 Olympic and Paralympic Games, but again it did not pass the initial selection phase. The Committee's General Assembly made a strategic decision to focus on a Rio bid for the 2007 Pan and Parapan American Games, with a commitment to making it the biggest and best such games ever held. Competitors and managers were determined to work towards ensuring that the cream of Brazilian athletes would compete on home soil, at a truly impressive event in state-of-the-art arenas. At the same time, Rio prepared its bid for the 2012 Games, in which the city was up against stiff competition. Despite the acknowledged quality of its bid, it was eliminated from the Candidate City shortlist.

Rio's 2004 and 2012 bids were part of an ongoing process in which the city's positive points were strengthened, and the weaker areas addressed, to provide the structure for the next Olympic and Paralympic bid. In 2007, the organisers of the Pan and Parapan American Games exceeded all expectations, delivering the best edition in these games' history. The capacity to stage and promote a major sporting event had been proven, and recognition for all the effort expended did not take long to arrive: on 2 October 2009, after a hard-fought campaign, Rio de Janeiro won the right to host the 2016 Olympic and Paralympic Games, the first to be held on South American soil.

## RIO 2016 PARALYMPIC GAMES IN BRIEF

### SPORTS:

22

### DISCIPLINES:

23

### MEDAL EVENTS:

528

**ATHLETES:**

4,350

**COMPETITION VENUES:**

22

**DAYS OF COMPETITION:**

11

**COMPETITION SESSIONS:**

318

**PARALYMPIC VILLAGE OPENING:**

31 August 2016

**OPENING CEREMONY:**

7 September 2016

**CLOSING CEREMONY:**

18 September 2016

## **RIO 2016 COMPETITION VENUES**

A total of 22 competition venues, across four zones in Rio de Janeiro, will be used for the Paralympic Games.

### **Barra zone**

The Barra zone will be the heart of the Rio 2016 Paralympic Games. Located in Zona Oeste (west zone), the area will be a beautiful setting for the competitions. Surrounded by lagoons, mountains and parks, this neighbourhood's idyllic natural setting will be home to the athletes, as well as welcome thousands of spectators and Games visitors. The Paralympic Village, Rio Olympic Park, Riocentro, IBC/MPC and Barra Media Accommodation Villages are all located in the Barra zone. Barra will house 12 competition venues, with 13 disciplines taking place.

### **Barra Olympic Park**

**CARIOCA ARENA 1:**

Wheelchair Basketball, Wheelchair Rugby

**CARIOCA ARENA 2:**

Boccia

**CARIOCA ARENA 3:**

Judo

**FUTURE ARENA:**

Goalball

**OLYMPIC AQUATICS STADIUM:**

Swimming

**OLYMPIC TENNIS CENTRE:**

Wheelchair Tennis, Football 5-a-side

**RIO OLYMPIC ARENA:**

Wheelchair Basketball

**RIO OLYMPIC VELODROME:**

Cycling (Track)

**Other venues in Barra zone****PONTAL:**

Cycling (Road)

**RIOCENTRO - PAVILION 2:**

Powerlifting

**RIOCENTRO - PAVILION 3:**

Table Tennis

**RIOCENTRO - PAVILION 6:**

Sitting Volleyball

**Copacabana zone**

Copacabana is one of the city's most famous neighbourhoods. Located in Rio de Janeiro's Zona Sul, or southern area, it boasts a beautiful, crescent-shaped beach that stretches more than four kilometres and is one of the most eye-catching images in the city. On Sundays, the lanes of Avenida Atlântica — the beachfront avenue — are closed to cars, so that the carioca population and visitors can enjoy the pleasant promenade atmosphere. Families and people of all ages may practise sport, swim in the ocean or simply relax: this is the Copacabana spirit. With its world-famous beaches, beautiful mountains and globally recognisable landmarks, including Sugarloaf and Corcovado, the Copacabana zone will be the perfect setting for the road competitions. With a population of nearly two million people, the events will certainly benefit from an authentically energetic carioca vibe. Copacabana will house three (3) competition venues, with five (5) sports taking place.

- **Fort Copacabana: Athletics (Marathon), Triathlon**
- **Lagoa Stadium: Canoe (Sprint), Rowing**
- **Marina da Glória: Sailing**

**Deodoro zone**

Located in the western part of Rio, the Deodoro zone is connected to the city centre and beyond by train lines. Venue construction for the Rio 2007 Pan and Parapan American Games resulted in an increase in the number of youngsters practising sport, and it is anticipated that this level of participation will increase further with the opening of new venues for the Rio 2016 Games. Deodoro will house four (4) competition venues, with four (4) sports taking place.

**DEODORO STADIUM:**

Football 7-a-side

**OLYMPIC EQUESTRIAN CENTRE:**

Equestrian (Dressage)

**OLYMPIC SHOOTING CENTRE:**

Shooting

**YOUTH ARENA:**

Wheelchair Fencing

**Maracanã zone**

The Maracanã zone includes two of Rio's most iconic venues: Maracanã and the Sambódromo, in addition to the Olympic Stadium, built for the Rio 2007 Pan and Parapan American Games, and nicknamed "Engenhão", after the Engenho de Dentro neighbourhood in which it is located. The zone, though part of Zona Norte, the northern area, is located close to the city centre. Hundreds of people visit the Maracanã complex every day, where they take advantage of its spaces for physical exercise, such as walking and jogging. Maracanã will host the Opening and Closing Ceremonies of the Paralympic Games. The Archery competition will take place in the Sambódromo, while the Olympic Stadium will be home to Athletics. In total, the Maracanã zone will house three (3) Paralympic venues, with two (2) sports taking place.

**MARACANÃ:**

Opening and Closing Ceremonies

**OLYMPIC STADIUM:**

Athletics

**SAMBÓDROMO:**

Archery



## NOTES







MAPS

# Paralympic Village

## KEY

- SECURE PERIMETER
- INTERNAL VILLAGE TRANSPORT SYSTEM (IVTS)
- CONDOMINIUM FENCE LINES
- OPERATIONAL AREAS
- CHEFS DE MISSION MEETING HALL
- MAIN ENTRY - GUEST PASS OFFICE, PROTOCOL OFFICE AND MEDIA CENTRE
- MULTI-FAITH CENTRE
- RECREATIONAL COURTS
- VILLAGE PLAZA
- ORTHOTIC, PROSTHETIC AND WHEELCHAIR REPAIR CENTRE
- SPORT VIEWING ROOM
- CLASSIFICATION AREA
- CASUAL DINING
- NPC SERVICES CENTRE
- SPORT INFORMATION CENTRE / WEIGH-IN AREA
- ENTERTAINMENT CENTRE
- WELCOME CENTRE
- DROP-OFF POINTS - T2, T3
- P1 AND P2 PARKING
- NPC DEDICATED VEHICLE PARKING (P3)
- CYCLING VEHICLE PARKING (P3 CYC)
- NPC PARKING (P6)
- NPC VVV CIR DROP-OFF/PICK-UP (P6)
- INTERNAL VILLAGE TRANSPORT SYSTEM STOPS
- CONDOMINIUM ENTRANCE / EXIT
- RESIDENTIAL ZONE CONTROL POINT
- VEHICLE ACCESS
- TAXI DROP-OFF / PICK-UP
- ATHLETE TRANSPORT MALL
- BRT STATION
- GYM
- MAIN DINING HALL
- POLYCLINIC
- PEDESTRIAN SCREENING AREA
- RESIDENT CENTRES
- RESIDENT CENTRES (24 HOURS)
- RIO 2016 SUPERSTORE
- TEAM WELCOME CEREMONIES
- VEHICLE PERMIT CHECKPOINT
- VEHICLE SCREENING AREA



# Paralympic Games Rio de Janeiro (overview)

## KEY

- BRT - Transcarioca
- BRT - Transoeste
- BRT - Transolímpica
- LRT
- Metro
- Railway

- BARRA METRO STATION
- PORT
- AIRPORTS

- GIG - TOM JOBIM INTERNATIONAL AIRPORT
- SDU - SANTOS DUMONT DOMESTIC AIRPORT

- GAMES FAMILY HOSPITAL

- Rio 2016 HQ

- BARRA OLYMPIC PARK

- DEODORO OLYMPIC PARK

- COMPETITION VENUES

- FTC - FORT COPACABANA

- GIO - MARINADA GLÓRIA

- LAG - LAGOA STADIUM

- OLS - OLYMPIC STADIUM

- PON - PONTAL

- RCP - RICCENRO

- SBD - SAMBÓDROMO

- MRC - MARACANÁ

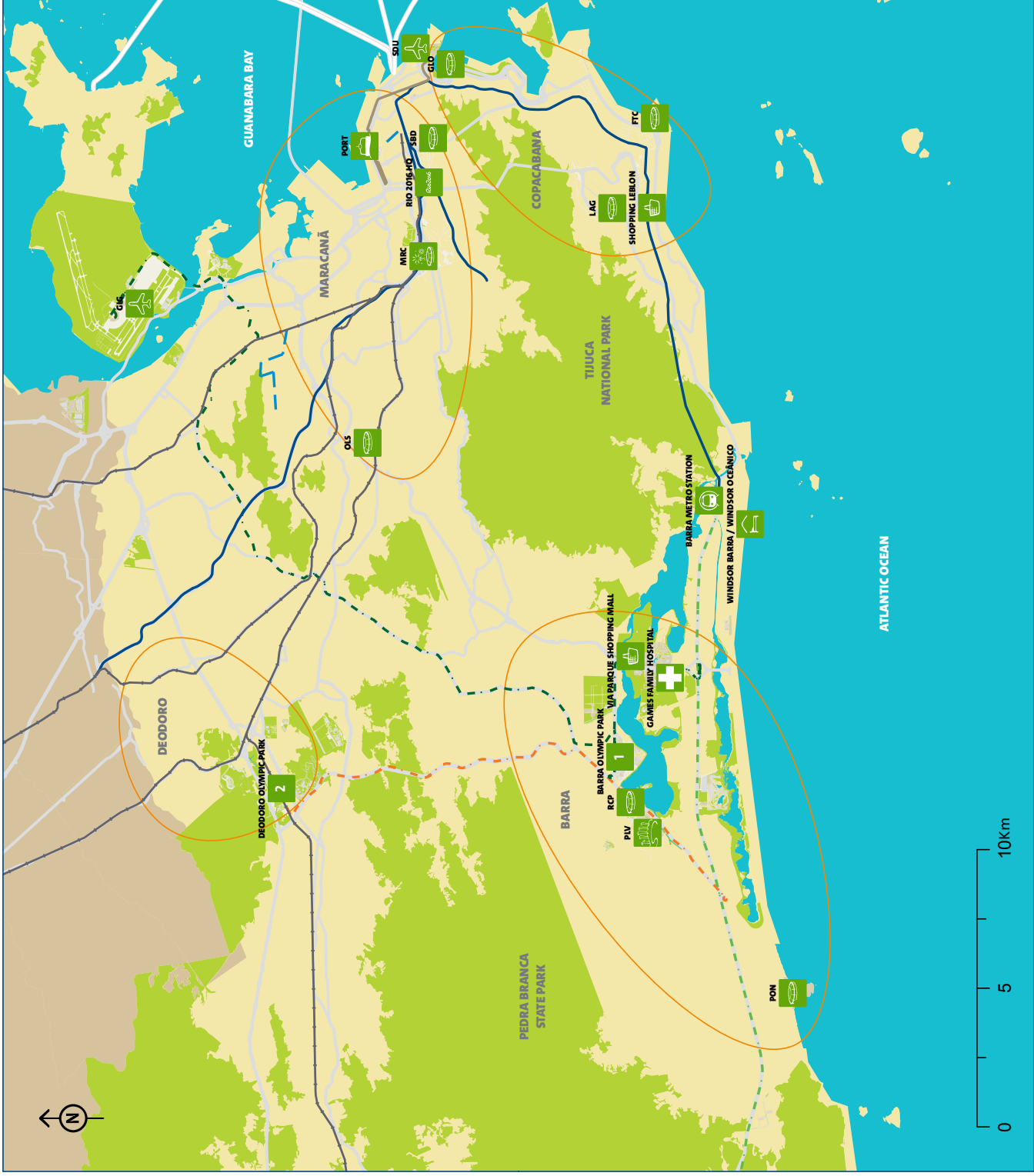
- PIV - PARALYMPIC VILLAGE

- WINDSOR BARRA / WINDSOR OCEÂNICO

- SHOPPING

- SHOPPING LEBLON

- VIA PARQUE SHOPPING MALL



# Barra Olympic Park (overview)

## KEY

- COMPETITION VENUES
- SECURITY PERIMETER
- BRT - TRANSOLÍMPICA
- BRT - TRANSCARIOCA
- BRT - TERMINAL
- WARM-UP AREA
- MAIN PRESS CENTRE
- INTERNATIONAL BROADCAST CENTRE
- CARIOCA ARENA 1
- CARIOCA ARENA 2
- CARIOCA ARENA 3
- FUTURE ARENA
- OLYMPIC AQUATICS STADIUM
- OLYMPIC TENNIS CENTRE
- RIO OLYMPIC ARENA
- RIO OLYMPIC VELODROME
- OLYMPIC PARK
- PARALYMPIC VILLAGE

- BRT
- WU
- A
- B
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10



# Deodoro Olympic Park (overview)

## KEY

-  COMPETITION VENUES
-  SECURITY PERIMETER
-  BRT - TRANSCARIOCA
-  BRT - TRANSOLIMPICA
-  RAILWAY LINE
-  BRT STATION
-  RAILWAY STATION
-  WARM-UP AREA
-  DEODORO OLYMPIC PARK
-  PARALYMPIC VILLAGE
-  OLYMPIC EQUESTRIAN CENTRE
-  OLYMPIC SHOOTING CENTRE
-  DEODORO STADIUM
-  YOUTH ARENA



# Athletes' Park

## KEY

--- PEDESTRIAN FLOW

--- VEHICULAR FLOW

1 ATHLETES' TRAINING AREA: JUDO

2 ATHLETES' TRAINING AREA:  
SWIMMING / TRIATHLON

3 ATHLETES' TRAINING AREA:  
WHEELCHAIR BASKETBALL

4 ATHLETES' TRAINING AREA:  
WHEELCHAIR RUGBY

🚶 CHECK POINT

5 GOALBALL

TA LOAD ZONE

PSA

VAC VEHICLE ACCESS CONTROL

VSA



# Triathlon - Fort Copacabana

## KEY

- CYCLING
- RUNNING
- SWIMMING



ACCESSIBLE TOILETS



ATHLETES' CHANGING ROOM



ATHLETES' LOAD ZONE



ATHLETES' LOUNGE



BIKE STORAGE



CALL ROOM



DOPING CONTROL



EQUIPMENT REPAIR



FINAL CALL ROOM



MEDICAL POST



MIXED ZONE



PARALYMPIC FAMILY LOUNGE



START



OPERATIONAL PIER



PRE-TRANSITION



RACE CONTROL ROOM



RECOVERY AREA



TRANSITION DECK / FIELD OF PLAY



WHEEL STATION









# DAILY COMPETITION SCHEDULE





PATROCINADORES PARALÍMPICOS MUNDIAIS  
WORLDWIDE PARALYMPIC PARTNERS



PATROCINADORES OFICIAIS  
OFFICIAL SPONSORS



APOIADORES OFICIAIS  
OFFICIAL SUPPORTERS



FORNECEDORES OFICIAIS  
OFFICIAL SUPPLIERS

Casa da Moeda do Brasil Ceg EF Education First OFF! Ottobock 3 Corações

PARCEIROS GOVERNAMENTAIS  
GOVERNMENTAL PARTNERS



08.2016

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