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VANCOUVER 2010
Paralympic Pharmacy Guide

August 2009

Introduction

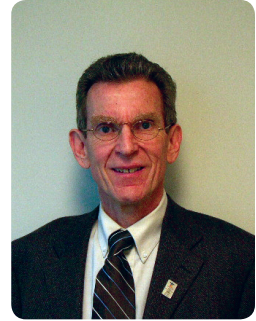
The Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games (VANOC) has developed a Medical Services Program dedicated to providing comprehensive medical services during the Vancouver 2010 Paralympic Winter Games. Pharmacy services are included in this Medical Services Program.

This *Paralympic Pharmacy Guide* defines the procedures for dispensing and distributing medications to individuals requiring medical treatment. This guide will also provide information on who can prescribe medications, medications available by prescription and information on how to prescribe these medications. All medications included in this guide are classified in one of the following categories (based on the *World Anti-Doping Code*):

- Permitted
- Prohibited
- Prohibited — TUE required
- Prohibited — TUE required and declared
- Declaration of use required

Pharmacies will be located within the Paralympic Village Polyclinics in Whistler and Vancouver, and will operate from 07:00 to 23:00, from March 6 to 22, 2010 inclusive. Medications will be dispensed upon submission of a correctly completed VANOC prescription form. The list of available medications is set out in this guide, and will be provided to athletes and other accredited individuals free of charge providing the requirements described below are met.

Special procedures are in place for the prescribing of medications classified as “prohibited” to athletes. These medications are clearly marked in the *Paralympic Pharmacy Guide*. All registered NPC physicians, as well as any athlete that is having medications prescribed, should familiarize themselves with the *World Anti-Doping Code*, particularly the *2010 Prohibited List* prepared and published by the World Anti-Doping Agency (WADA) that will apply for the Vancouver 2010 Paralympic Winter Games. Particular care should be taken when a prescription is written for



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a prohibited substance, or a substance that requires a Therapeutic Use Exemption (TUE) or approval from the IPC Therapeutic Use Exemption Committee (IPC TUEC).

The VANOC chief medical officer, director of medical services and Polyclinic managers reserve the right to review each prescription with regard to quantity. If an NPC physician wishes to prescribe a medication not included in the *Paralympic Pharmacy Guide*, every effort will be made to facilitate the availability of the medication; however, the prescription will be at the cost of the relevant NPC.

Due to the nature of temporary registration, NPC physicians are restricted to caring for members of their own delegation, or to members of other specified delegations where there is prior agreement in writing submitted to VANOC. VANOC will communicate more details on this process at a later date.

In welcoming you to Vancouver 2010, we look forward to continuing the tradition of high-quality medical care provided by previous Organizing Committees.

Dr. Jack Taunton
Chief Medical Officer

Dr. Mike Wilkinson
Director, Medical Services

Purpose of the Paralympic Pharmacy Guide

The *Paralympic Pharmacy Guide*, approved by the IPC Medical & Scientific Department, contains the definitive list of medications available from the Paralympic Village Polyclinic pharmacies.

The main objective of the guide is to provide physicians with:

- basic information about each medication
- information on the status of the medication, such as substances that are prohibited or are subject to specific requirements by the World Anti-Doping Code
- the various procedures relating to the prescribing of medications

Registration of NPC Physicians

Each NPC is required to complete a Medical Practitioner Declaration Form, signed by the chief medical officer (or chef de mission), and submit it to their VANOC NPC relations representative by December 1, 2009. In September 2009 this form will be sent to NPCs and will also be available on the SNOW extranet. Refer to the *Paralympic Health Care Guide* for more information.

VANOC Polyclinic Pharmacy Information

VANOC Polyclinic Pharmacy Operations

The Polyclinic pharmacies will be open from 07:00 to 23:00 for regular pharmacy operations from March 6 to 22, 2010 inclusive. Emergency medication access will be available from 23:00 to 07:00. Limited services will also be available during the Village pre-opening period from March 5 through March 6, 2010 and from March 22 to 24, 2010. The pharmacies will provide medications free of charge to individuals as part of the medical treatment for acute or acute exacerbation of chronic medical conditions. Medications will be dispensed on an immediate and necessary basis, by prescription only. Any individual with an existing medical condition is advised to bring enough medication with them to cover the duration of their trip to Canada and their travel home. All individuals accredited for the residential zone of the Paralympic Villages have access to the Paralympic Village Polyclinic pharmacies. Medications will generally only be dispensed with a seven-day supply. No refills will be provided until the initial supply is finished. Antibiotics may be prescribed in a sufficient amount for the appropriate pathology treatment duration.

Prescriptions

All medications will be dispensed by prescription only.

All prescriptions will be written in English on official Polyclinic prescription pads.

Prescription pads will only be provided to NPCs that have completed all of the required health care documentation, including the Medical Practitioner Declaration Form.

Prescription pads will be distributed to the NPC chef de mission or chief medical officer at the NPC's delegation registration meeting (DRM). The DRMs begin on March 4, 2010.

Medications will only be dispensed from Polyclinic pharmacies when written on official Polyclinic prescription pads, by accredited VANOC physicians or by registered NPC physicians.

NPC physicians are only allowed to prescribe medications to members of their own delegation, unless a prior written agreement exists between NPCs, submitted in writing to VANOC. VANOC will communicate more on this process at a later date.

The original prescription form will be kept at the issuing Paralympic Village Polyclinic pharmacy.

Only one medication may be prescribed for a specific patient on each prescription form.

Prescriptions will be valid for a maximum of seven days.

The following information must be included on the prescription:

- venue
- date
- prescribing physician's name and ID stamp
- patient's name, accreditation number and NPC
- formal name of medication (generic preferred)
- form of medication (for example, tablet, capsule, suspension)
- unit strength
- quantity
- directions for use
- prohibited substances declaration where applicable

A Polyclinic manager's signature is required on the prescription if a prohibited substance is prescribed for an athlete by a VANOC physician.

The dispensing Polyclinic pharmacist's signature is required for any prohibited substances.

The athlete's signature is required on the prescription if a prohibited substance is prescribed.

All information in the prescriptions must be clearly and legibly printed. Any prescriptions that are not clear or legible will not be honoured at the pharmacy. Please avoid Latin and abbreviations — for example, use "take one tablet orally twice daily."

Prescribing Prohibited Medications that Require a TUE or Approval in Accordance with the World Anti-Doping Code International Standard for TUE

All substances are classified as permitted, prohibited or declared:

Permitted substances: These are medications that are neither prohibited nor subject to any restrictions according to the *WADA 2010 Prohibited List*.

Prohibited substances: These are substances that, according to the *WADA 2010 Prohibited List*, cannot be used by athletes who will be competing in the Paralympic Games, unless a Therapeutic Use Exemption has been obtained in accordance with the provisions set forth in the *IPC Anti-Doping Code*.

Substances that must be declared: All prescriptions, non-prescriptions and nutritional supplements taken in the seven days prior to undergoing doping control should be declared on the Doping Control Form.

The Paralympic Village Polyclinic pharmacies will stock a limited quantity of prohibited and restricted medications. These will be flagged as such on the pharmacy computer system and will be clearly labelled at the time of dispensing. The status of these medications is identified in the *Pharmacy Guide*, next to the medication.

Prescribing Prohibited Substances

Prescribing prohibited substances for athletes should be avoided, except during a medical emergency where there is no alternative medication (such as an intravenous preparation of a glucocorticosteroid). If the prohibited medication is to be administered at a venue, the VANOC venue medical officer will notify the VANOC medical headquarters, who will notify the VANOC chief medical officer or the director of medical services. If the medication is to be administered or dispensed at a Polyclinic, the administering physician/Polyclinic pharmacist will notify the Polyclinic manager, who will notify the VANOC chief medical officer or the director of medical services. In either situation, the chief medical officer or the director of medical services will then notify the chairperson of the IPC TUEC. If an NPC team physician administers or prescribes the medication, he/she will be responsible for notifying the chairperson of the IPC TUEC and obtaining a Therapeutic Use Exemption in accordance with the provisions set forth in the *IPC Anti-Doping Code*.

Procedures

- The prescribing physician must explain to the athlete that a prohibited substance is being prescribed and explain the consequences.
- The prescribing physician and the athlete receiving the medication (if conscious and able to do so) will be asked to sign and print their names on the prescription to confirm that they are aware of the status of the medication.
- If the medication is dispensed at a Paralympic Village Polyclinic pharmacy, the Polyclinic pharmacist will confirm with the prescribing physician that he/she has prescribed a prohibited substance.
- The Polyclinic pharmacist will stamp the prescription “prohibited” and the medication will be clearly labeled “prohibited.”
- When the prescribing physician is a VANOC physician, the Polyclinic manager (or designate) must be informed and must countersign the prescription.
- Either the NPC prescribing physician or the Polyclinic manager must notify the IPC Medical & Scientific Department that a prohibited substance has been administered/dispensed to an athlete.

Importation of Medical Supplies and Equipment

Health Canada is the federal government department responsible for helping Canadians maintain and improve their health. As part of its mandate, Health Canada administers the *Food and Drugs Act*, the *Controlled Drugs and Substances Act* and their related regulations. Health Canada works in partnership with the Canada Border Services Agency (CBSA) to control the importation of medical devices and pharmaceutical products.

The Government of Canada requires that NPC delegations participating in the Vancouver 2010 Paralympic Winter Games submit an application listing all health products and medical devices that will be imported temporarily into Canada. The application will be used to assess the admissibility and conditions that may apply to any regulated items on the list.

Importation of substances falling under the *Controlled Drugs and Substances Act* (such as narcotics, controlled drugs or precursor chemicals) is prohibited, except with an exemption issued by Health Canada. It is also necessary to ensure compliance with the laws of all countries of transit or transshipment.

Health Canada requires that applications be submitted at least 60 days before health products and medical devices enter Canada. Failure to obtain authorization prior to goods entering Canada may result in refusal of entry or significant delay.

NPCs are required to send the completed application to Health Canada according to the instructions on the application, available at healthcanada.gc.ca/vancouver2010.

For NPC delegations participating in the Vancouver 2010 Paralympic Winter Games, Health Canada requires that:

- Health care personnel be responsible for all authorized medical devices and pharmaceutical products declared in the application and imported for their delegation's use.
- The quantity imported is reasonable for the number of athletes, their age and type of events, and duration of stay in Canada.
- The goods are used exclusively by the delegation importing them.
- All goods not consumed are exported after the Games.
- Adequate records are kept to record the use of the products, and are made available to Health Canada inspectors and CBSA officers, upon request.

Health Canada will provide NPCs with written confirmation when their medical manifests have been approved. Health Canada will establish a service standard for the length of time required to review NPC medical manifests. A process will be in place to share medical manifests approved by Health Canada with the Canada Border Services Agency to avoid any unnecessary delays at the border.

The reviewed and approved application document and any applicable exemptions must be presented to a CBSA official at the port of entry into and point of exit from Canada. For freight shipments, this can be arranged through a customs broker. In addition, the document must be available for presentation at any time while the therapeutic products are in Canada.

Health Canada and CBSA officials reserve the right to validate the supplies, based on the information provided by the NPC, and to pursue any further investigations relating to the importation of the supplies. NPC physicians should keep a log of supplies and usage during the Vancouver 2010 Paralympic Winter Games for CBSA agents to validate on departure.

NPCs are responsible for the storage and safekeeping of its delegation's medications and supplies. VANOC will take no responsibility nor incur any liability relating to the storage or monitoring of the supplies and medications. Medications should be kept in original packaging until dispensed. Medications may only be dispensed to members of the prescribing NPC physician's delegation (unless a written agreement exists between NPCs).

Athletes with personal medication must be able to provide a valid prescription for the medication.

Note: The importation of any substance prohibited by WADA for use in sport is in direct contravention of the *World Anti-Doping Code* and *IPC Anti-Doping Code*.

Using the *Paralympic Pharmacy Guide*

The medications included in the Vancouver 2010 *Paralympic Pharmacy Guide* are arranged in pharmacological/therapeutic classifications and in alphabetical order, according to the generic drug names.

The prescribing information included is:

- Generic (chemical) name.
- Brand name (in Canada) if available.
- Dosage form — medication formulation, which includes physical composition, dosage strength and route of administration, carried in Polyclinic pharmacy (for example, tablet, 4mg, oral). Unless otherwise requested, the route of administration will be what is indicated in the guide (for example, oral).
- Dosage — the dosage indicated is intended for a healthy adult with normal renal and liver function.
- Major indications — common indications are included, although the drug may be used for other medically justified purposes.
- Side effects — the most common side effects, with some serious and pertinent side effects, are included. This list is not intended to be complete or comprehensive. For a complete list, speak to the Polyclinic pharmacist.
- Status — all medications included in this guide are based on the *WADA 2009 Prohibited List* and are classified as **permitted, prohibited, prohibited TUE required, prohibited TUE required and declared, and declaration of use required**.

Note: This guide has been written using the *2009 Prohibited List* prepared and distributed by WADA. NPC physicians, as well as any athlete who is having medication prescribed, should familiarize themselves with the *2010 Prohibited List* once it is available.

Formulary Table of Contents

CLASSIFICATION	TREATMENT CLASS	DRUG CLASS
1.00 Analgesic and Anti-Inflammatory	1.1 Analgesic	
	1.2 Anti-inflammatory	1.2.1 Cox-2 inhibitor
		1.2.2 NSAID
	1.3 Antimigraine	
	1.4 Gout	
	1.5 Muscle relaxant	
1.6 Urinary analgesic		
2.00 Antihistamine and Allergy	2.1 Antihistamine	
3.00 Anti-Infective	3.1 Antibiotic	3.1.1 Beta lactam
		3.1.2 Cephalosporin
		3.1.3 Macrolide
		3.1.4 Quinolone
		3.1.5 Sulfonamide
		3.1.6 Tetracyclines
		3.1.7 Lincosamide
		3.1.8 Imidazole
	3.2 Antifungal	3.2.1 Triazole
		3.2.2 Imidazole
3.3 Antiviral	3.3.1 Neuramidase inhibitor	
	3.3.2 Oral antiviral	
4.00 Cardiovascular	4.1 Antianginal	
	4.2 Antiarrhythmic	4.2.1 Class III antiarrhythmic
		4.2.2 Class IC antiarrhythmic
		4.2.3 Cardiac glycoside
	4.3 Antihypertensive	4.3.1 Beta adrenergic blocker
		4.3.2 ACE inhibitor
		4.3.3 Alpha adrenergic blocker
4.3.4 Angiotensin receptor blocker		
	4.3.5 Calcium channel blocker	

CLASSIFICATION	TREATMENT CLASS	DRUG CLASS
	4.4	Antilipidemic
	4.5	Diuretic
		4.5.1 Loop
		4.5.2 Potassium sparing diuretic
		4.5.3 Thiazide
	4.6	Vasodilator
5.00 Central Nervous System	5.1	Anticonvulsant
	5.2	Antidepressant
		5.2.1 SNRI
		5.2.2 SSRI
		5.2.3 TCA
		5.2.4 Lithium
	5.3	Antiparkinson
	5.4	Anxiolytic hypnotic
6.00 Dermatological	6.10	Antibiotic
	6.20	Antibiotic / Antifungal / Glucocorticosteroid
	6.30	Antifungal
	6.40	Antifungal / Glucocorticosteroid
	6.50	Antiparasitic
	6.60	Antiviral
	6.70	Glucocorticosteroid
	6.80	Disinfectant
	6.90	Gynecological
	6.10	Local anesthetic
	6.11	Moisturizing cream
	6.12	Moisturizing lotion
	6.13	Rectal

CLASSIFICATION	TREATMENT CLASS	DRUG CLASS	
7.00 ENT-Otorhinolaryngology	7.1	Antibacterial	
	7.2	Antibiotic	
	7.3	Antibiotic / Antifungal / Glucocorticosteroid	
	7.4	Antibiotic / Glucocorticosteroid	
	7.5	Anticholinergic	
	7.6	Antifungal	
	7.7	Glucocorticosteroid	
	7.8	Decongestant	
	7.9	NSAID	
	7.10	Throat lozenge	
	7.11	Miscellaneous	
8.00 Gastrointestinal	8.1	Antacid	
	8.2	Antidiarrheal / Narcotic	
	8.3	Antidiarrheal	
	8.4	Antiemetic	
	8.5	Antiflatulent	
	8.6	Antispasmodic	
	8.7	Antiulcer	8.71 H ₂ receptor blocker
			8.7.2 Proton pump inhibitor
	8.8	Laxative	8.8.1 Stool softner
			8.8.2 Stimulant laxative
		8.8.3 Osmotic laxative	

CLASSIFICATION	TREATMENT CLASS	DRUG CLASS		
9.00 Hematological	9.1	Anticoagulant		
	9.2	Platelet aggregation inhibitor		
	9.3	Vitamin K1		
	9.4	Iron supplement		
10.00 Hormones, Substitutes, Antagonists	10.1	Glucocorticosteroid		
	10.2	Antihyperglycemic	10.2.1	Sulfonylurea
			10.2.2	Biguanide
			10.2.3	Thiazolidinedione
			10.2.4	Glucagon
	10.3	Insulin		
	10.4	Contraceptive		
	10.5	Thyroid hormones		
11.00 Miscellaneous	11.1	Antibiotic adjuvant		
	11.2	Antivertigo		
	11.3	Fluid replacement		
	11.4	Smelling salts		
	11.5	Urinary tract antispasmodic		
	11.6	Oral potassium		

CLASSIFICATION	TREATMENT CLASS	DRUG CLASS
12.00 Ophthalmic	12.1 Antibiotic	
	12.2 Antibiotic / Glucocorticosteroid	
	12.3 Antiglaucoma	12.3.1 Beta adrenergic blocker 12.3.2 PGE1 analogue
	12.4 Antihistamine	
	12.5 Anti-inflammatory	
	12.6 Antiviral	
	12.7 Glucocorticosteroid	
	12.8 Local anesthetic	
	12.9 Mydriatic	
	12.10 Ocular irrigation	
	12.11 Ocular lubricant	
13.00 Parenteral Solutions	13.1 Diluent	
	13.2 Fluid replacement	
	13.3 Local anesthetic	
	13.4 Miscellaneous	
14.00 Respiratory	14.1 Anticholinergic	
	14.2 Mast cell stabilizer	
	14.3 Antitussive	
	14.4 Bronchodilator	
	14.5 Bronchodilator / Glucocorticosteroid	
	14.6 Glucocorticosteroid	
	14.7 Expectorant	
	14.8 Leukotriene antagonist	
15.00 Vaccines		

Medications

1.0 ANALGESIC AND ANTI-INFLAMMATORY

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Acetaminophen 325mg / Oxycodone 5mg
Brand name	Percocet
Dosage form	Tablet
Strength	325mg / 5mg
Route	Oral
Dosage	1–2 tablets every 4–6 hours, max 4 grams acetaminophen daily
Major indications	Symptomatic relief from severe acute pain, chronic pain
Side effects	Sedation, nausea, constipation, chronic or acute ingestion may lead to nephropathy and hepatotoxicity, ensure proper dosing protocols
Status	Prohibited

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Codeine
Brand name	n/a
Dosage form	Tablet
Strength	30mg
Route	Oral
Dosage	1 tablet every 4–6 hours as needed for pain
Major indications	Moderate to severe acute pain, chronic pain
Side effects	Sedation, constipation, CNS depression
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Hydromorphone
Brand name	Dilaudid
Dosage form	Tablet
Strength	2mg
Route	Oral
Dosage	1–2 tablets every 4–6 hours as needed for pain
Major indications	Moderate to severe acute pain, chronic pain
Side effects	Dizziness, sedation, nausea, vomiting, respiratory depression
Status	Prohibited

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Oxycodone
Brand name	Oxy-IR
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	5mg every 3–6 hours
Major indications	Moderate to severe pain
Side effects	Drowsiness, nausea, vomiting, constipation
Status	Prohibited

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Acetaminophen 300mg / Codeine 30mg
Brand name	Emtec
Dosage form	Tablet
Strength	300mg / 30mg
Route	Oral
Dosage	1–2 tablets every 4–6 hours, max 4 grams daily
Major indications	Symptomatic relief from moderate pain, mild chronic pain
Side effects	Dizziness, constipation, dyspepsia, nausea, vomiting. Chronic or acute ingestion may lead to nephropathy and hepatotoxicity, ensure proper dosing protocols
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Narcotic
Generic drug name	Acetaminophen 300mg / Codeine 30mg / Caffeine 15mg
Brand name	Tylenol No 3
Dosage form	Tablet
Strength	300mg / 30mg / 15mg
Route	Oral
Dosage	1–2 tablets every 4–6 hours, max 4 grams daily
Major indications	Symptomatic relief from moderate to severe pain, mild chronic pain
Side effects	Dizziness, constipation, dyspepsia, nausea, vomiting. Chronic or acute ingestion may lead to nephropathy and hepatotoxicity, ensure proper dosing protocols
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.1)
Treatment class	Analgesic
Drug class	Analgesic
Generic drug name	Acetaminophen
Brand name	Tylenol
Dosage form	Tablet
Strength	325mg
Route	Oral
Dosage	1–2 tablets every 4–6 hours, max 4gram daily
Major indications	Symptomatic relief from mild to moderate pain, antipyretic
Side effects	Chronic or acute ingestion may lead to nephropathy and hepatotoxicity, ensure proper dosing protocols
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.1)
Treatment class	Anti-inflammatory
Drug class	Cox-2 inhibitor
Generic drug name	Celecoxib
Brand name	Celebrex
Dosage form	Capsule
Strength	200mg
Route	Oral
Dosage	1 capsule daily
Major indications	Osteoarthritis and rheumatoid arthritis, mild to moderate acute pain, menstrual pain
Side effects	Dyspepsia, gastrointestinal upset, nausea, ulcers, possible pro-thrombotic side effects
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.1)
Treatment class	Anti-inflammatory
Drug class	Cox-2 inhibitor
Generic drug name	Meloxicam
Brand name	Mobicox
Dosage form	Tablet
Strength	15mg
Route	Oral
Dosage	7.5–15mg daily
Major indications	Osteoarthritis, rheumatoid arthritis
Side effects	Nausea, dyspepsia, peripheral edema, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Acetylsalicylic acid
Brand name	Aspirin
Dosage form	Tablet
Strength	325mg
Route	Oral
Dosage	1 tablet four times daily, anti-inflammatory may be up to 975mg (3 tab) four to six times daily (30 tablets max / day)
Major indications	Analgesic, mild to moderate pain, reduce fever
Side effects	Dyspepsia, gastrointestinal irritation, nausea, ulcers, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Diclofenac
Brand name	Voltaren
Dosage form	Tablet
Strength	50mg
Route	Oral
Dosage	1–2 tablets three times daily
Major indications	Osteoarthritis and rheumatoid arthritis, mild to moderate acute pain, menstrual pain
Side effects	Dyspepsia, nausea, diarrhea, ulcer, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Diclofenac
Brand name	Compounded
Dosage form	Gel
Strength	10%
Route	Topical
Dosage	Apply to affected area three times daily
Major indications	Osteoarthritis and rheumatoid arthritis, mild to moderate acute pain, local inflammation
Side effects	Local irritation, photosensitivity
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Ibuprofen
Brand name	Advil
Dosage form	Tablet
Strength	200mg / 400mg
Route	Oral
Dosage	1–2 tablets every 6–8 hours as needed, max 2400mg daily
Major indications	Osteoarthritis and rheumatoid arthritis, mild to moderate acute pain, menstrual pain, antipyretic, muscle inflammation
Side effects	Nausea, vomiting, diarrhea, dizziness, ulceration, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Indomethacin
Brand name	Indocid
Dosage form	Capsule
Strength	25mg
Route	Oral
Dosage	25–50mg 2–4 times daily, max 200mg daily
Major indications	Osteoarthritis and rheumatoid arthritis, acute gouty arthritis, ankylosing spondylitis
Side effects	Headache, dizziness, dyspepsia, vomiting, ulceration, coagulopathies, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Indomethacin
Brand name	Indocid
Dosage form	Suppository
Strength	100mg
Route	Rectal
Dosage	1 suppository every 6–12 hours as needed, max 200mg per day
Major indications	Osteoarthritis and rheumatoid arthritis, acute gouty arthritis, ankylosing spondylitis, bursitis, shoulder pain
Side effects	Headache, dizziness, dyspepsia, vomiting, ulceration, coagulopathies, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Ketorolac
Brand name	Toradol
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	1 tablet every 4–6 hours
Major indications	Short term management of moderate to severe pain
Side effects	Drowsiness, dizziness, headache, nausea, dyspepsia, renal impairment, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Ketorolac
Brand name	Toradol
Dosage form	Injectable
Strength	10mg / ml
Route	IM
Dosage	Initial dose 10–30mg, maintenance dose 10–30mg every 4–6 hours, maximum 120mg daily
Major indications	Short term management of moderate to severe pain
Side effects	Drowsiness, dizziness, headache, nausea, dyspepsia, renal impairment, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.2.2)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Naproxen
Brand name	Naprosyn
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	500mg twice daily
Major indications	Inflammatory diseases, rheumatoid disorders, mild to moderate pain
Side effects	Dizziness, headache, nausea, dyspepsia, diarrhea, gastric ulcers, renal impairment, asthma / bronchospasm (aspirin-sensitive patients)
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.3)
Treatment class	Antimigraine
Drug class	Selective 5-HT _{1B} / 1D agonist
Generic drug name	Sumatriptan
Brand name	Imitrex
Dosage form	Tablet
Strength	100mg
Route	Oral
Dosage	1 tablet as needed for migraine. May repeat dose in 2 hours
Major indications	Migraine headache with or without aura
Side effects	Dizziness, chest pressure, nausea, vomiting
Status	Permitted Injection available at Polyclinic for emergency use only

Classification	Analgesic and Anti-Inflammatory (1.4)
Treatment class	Gout
Drug class	Xanthine oxidase inhibitor
Generic drug name	Allopurinol
Brand name	Zyloprim
Dosage form	Tablet
Strength	100mg
Route	Oral
Dosage	100–300mg for mild, 400–600mg for severe occurrence
Major indications	Gout, gouty arthritis
Side effects	Rash, nausea, diarrhea, renal and hepatic dysfunction
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.4)
Treatment class	Gout
Drug class	Antimitotic
Generic drug name	Colchicine
Brand name	n/a
Dosage form	Tablet
Strength	0.6mg
Route	Oral
Dosage	1 tablet every 2 hours until nausea then stop max 4.8mg / 24 hours, 6mg / attack
Major indications	Acute gout exacerbation
Side effects	Nausea, diarrhea (severe), vomiting, aplastic anemia
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.5)
Treatment class	Muscle relaxant
Drug class	Analgesic / Carbamic acid ester
Generic drug name	Acetaminophen 325mg / Methocarbamol 400mg
Brand name	Robaxacet
Dosage form	Tablet
Strength	325mg / 400mg
Route	Oral
Dosage	1–2 tablets 4 times daily
Major indications	Symptomatic relief from mild pain with muscle spasm
Side effects	Drowsiness, nausea, constipation. Chronic or acute ingestion may lead to nephropathy and hepatotoxicity, ensure proper dosing protocols
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.5)
Treatment class	Muscle relaxant
Drug class	NSAID / Carbamic acid ester
Generic drug name	Acetylsalicylic acid 325mg / Methocarbamol 400mg
Brand name	Robaxisal
Dosage form	Tablet
Strength	325mg / 400mg
Route	Oral
Dosage	1–2 tablets 4 times daily
Major indications	Symptomatic relief from mild pain with muscle spasm
Side effects	Drowsiness, nausea, gastrointestinal disturbances, ulcer
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.5)
Treatment class	Muscle relaxant
Drug class	GABA derivative
Generic drug name	Baclofen
Brand name	Lioresal
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10–25mg three times daily
Major indications	Spasticity, muscle spasm
Side effects	Sedation, confusion, incoordination
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.5)
Treatment class	Muscle relaxant
Drug class	Tricyclic derivative
Generic drug name	Cyclobenzaprine
Brand name	Flexeril
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	1 tablet three times daily as needed
Major indications	Symptomatic relief from acute muscle spasm
Side effects	Sedation, confusion, arrhythmia
Status	Permitted

Classification	Analgesic and Anti-Inflammatory (1.6)
Treatment class	Urinary analgesic
Drug class	Urinary analgesic
Generic drug name	Phenazopyridine
Brand name	Phenazo
Dosage form	Tablet
Strength	200mg
Route	Oral
Dosage	1 tablet three times daily as needed
Major indications	Pain in urethra due to urinary tract infection irritation
Side effects	Discolouration of urine, nausea, vomiting, diarrhea
Status	Permitted

2.0 ANTIHISTAMINE AND ALLERGY

Classification	Antihistamine and Allergy (2.1)
Treatment class	Antihistamine
Drug class	Piperazine
Generic drug name	Cetirizine
Brand name	Reactine
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	5–10mg once daily
Major indications	Perennial and seasonal rhinitis, allergic
Side effects	Somnolence, dry mouth, headache
Status	Permitted

Classification	Antihistamine and Allergy (2.1)
Treatment class	Antihistamine
Drug class	Alkylamine
Generic drug name	Chlorpheniramine
Brand name	Chlortriplon
Dosage form	Tablet
Strength	4mg
Route	Oral
Dosage	2–4mg once to four times daily
Major indications	Perennial and seasonal rhinitis, allergic
Side effects	Sedation, dry mouth, urinary retention
Status	Permitted

Classification	Antihistamine and Allergy (2.1)
Treatment class	Antihistamine
Drug class	Ethanolamine
Generic drug name	Diphenhydramine
Brand name	Benadryl
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	25–50mg once to four times daily
Major indications	Symptomatic relief from hypersensitivity reactions
Side effects	Sedation, headache, anticholinergic effects
Status	Permitted

Classification	Antihistamine and Allergy (2.1)
Treatment class	Antihistamine
Drug class	Ethanolamine
Generic drug name	Diphenhydramine
Brand name	Benadryl
Dosage form	Injectable
Strength	50mg / ml
Route	IM
Dosage	For injection by MD
Major indications	Acute hypersensitivity reaction
Side effects	Drowsiness, lethargy, bradycardia, dry mouth
Status	Permitted

Classification	Antihistamine and Allergy (2.1)
Treatment class	Antihistamine
Drug class	Piperazine
Generic drug name	Hydroxyzine
Brand name	Atarax
Dosage form	Capsule
Strength	25mg
Route	Oral
Dosage	10–50mg once to four times daily
Major indications	Symptomatic treatment for chronic idiopathic urticaria, pruritus, antiemetic
Side effects	Sedation, dry mouth, urinary retention
Status	Permitted

3.0 ANTI-INFECTIVE

Classification	Anti-Infective (3.1.1)
Treatment class	Antibiotic
Drug class	Beta lactam
Generic drug name	Amoxicillin
Brand name	Amoxil
Dosage form	Capsule
Strength	250mg, 500mg
Route	Oral
Dosage	250–500mg every 8 hours, 2gm 1 hour prior to dental appt
Major indications	Susceptible bacterial infections, <i>S. aureus</i> (MSSA), <i>Strep pneumoniae</i> , B-haemolytic <i>Strep</i> , <i>Enterococcus faecalis</i> , <i>E. coli</i> , <i>Klebsiella</i> , <i>H. influenzae</i>
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.1)
Treatment class	Antibiotic
Drug class	Beta lactam
Generic drug name	Amoxicillin 500mg / Clavulanic acid 125mg
Brand name	Clavulin
Dosage form	Tablet
Strength	500 / 125mg
Route	Oral
Dosage	500 / 125mg every 12 hours
Major indications	Susceptible bacterial infections (extended activity due to beta lactamase inhibitor), <i>S. aureus</i> (MSSA), <i>Strep pneumoniae</i> , B-haemolytic <i>Strep</i> , <i>Enterococcus faecalis</i> , <i>E. coli</i> , <i>Klebsiella</i> , <i>H. influenzae</i>
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.1)
Treatment class	Antibiotic
Drug class	Beta lactam
Generic drug name	Penicillin V
Brand name	Pen VK
Dosage form	Tablet
Strength	300mg
Route	Oral
Dosage	300mg every 6–8 hours
Major indications	Susceptible infections due to Streptococci group A, B, C, G, <i>Strep pneumoniae</i> , <i>Enterococcus faecalis</i> , <i>Clostridium</i> (non-difficile)
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.2)
Treatment class	Antibiotic
Drug class	Cephalosporin
Generic drug name	Cefixime
Brand name	Suprax
Dosage form	Tablet
Strength	400mg
Route	Oral
Dosage	1 tablet once daily
Major indications	Susceptible infections due to Streptococci group A, B, C, G, Strep pneumoniae, Strep viridans, N. gonorrhoeae, H. influenzae, E.coli
Side effects	Headache, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.2)
Treatment class	Antibiotic
Drug class	Cephalosporin
Generic drug name	Cefuroxime
Brand name	Ceftin
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	250–500mg every 12 hours, 1000mg immediately as a single dose
Major indications	Susceptible infections due to Streptococci group A, B, C, G, Strep viridans, Staph aureus, H. influenzae, E. coli
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.2)
Treatment class	Antibiotic
Drug class	Cephalosporin
Generic drug name	Cephalexin
Brand name	Keflex
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	250–500mg four times daily
Major indications	Susceptible infections due to Streptococci groups, <i>S. aureus</i> , <i>H. influenzae</i>
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.3)
Treatment class	Antibiotic
Drug class	Macrolide
Generic drug name	Azithromycin
Brand name	Zithromax
Dosage form	Tablet
Strength	250mg
Route	Oral
Dosage	500mg to start, then 250mg once daily for 4 days
Major indications	Susceptible infections due to Streptococci groups, <i>Strep pneumoniae</i> , <i>S. aureus</i> , <i>N.gonorrhoeae</i> , <i>N. meningitidis</i> , <i>H. influenzae</i> , <i>Legionella</i> sp, <i>M. pneumoniae</i> , <i>Clostridium</i> (non-difficile)
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.3)
Treatment class	Antibiotic
Drug class	Macrolide
Generic drug name	Clarithromycin
Brand name	Biaxin
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	250–500mg every 12 hours
Major indications	Susceptible infections due to Streptococci groups, Strep pneumoniae, S. aureus, H. influenzae, Legionella sp, M. pneumoniae, Clostridium (non-difficile)
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions, QT prolongation
Status	Permitted

Classification	Anti-Infective (3.1.3)
Treatment class	Antibiotic
Drug class	Macrolide
Generic drug name	Erythromycin
Brand name	ERYC
Dosage form	Tablet, capsule
Strength	333mgEC
Route	Oral
Dosage	250–333mg every 6–8 hours
Major indications	Susceptible infections due to Streptococci groups, Strep pneumoniae, L. monocytogenes, N. gonorrhoeae, N. meningitidis, Legionella sp, M. pneumoniae
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions, arrhythmias
Status	Permitted

Classification	Anti-Infective (3.1.4)
Treatment class	Antibiotic
Drug class	Quinolone
Generic drug name	Ciprofloxacin
Brand name	Cipro
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	250–500mg every 12 hours
Major indications	Susceptible infections due to some gram positive bacteria, <i>S. aureus</i> (MSSA), <i>Staph epidermidis</i> , <i>L. monocytogenes</i> , gram negative including <i>Neisseria</i> sp, <i>H. influenzae</i> , <i>E.coli</i> , <i>Ps. aeruginosa</i> , <i>Legionella</i> sp, <i>Chlamydia</i> sp, <i>M. pneumoniae</i>
Side effects	Photosensitivity gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions, tendon rupture
Status	Permitted

Classification	Anti-Infective (3.1.4)
Treatment class	Antibiotic
Drug class	Quinolone
Generic drug name	Levofloxacin
Brand name	Levaquin
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	500mg every 24 hours
Major indications	Susceptible infections due to Strep groups, <i>S. aureus</i> , <i>Staph. Epidermidis</i> , <i>Neisseria</i> sp, <i>H. influenzae</i> , <i>E. coli</i> , <i>Legionella</i> sp, <i>Chlamydia</i> sp, <i>M. pneumoniae</i> , some <i>Ps. aeruginosa</i> activity
Side effects	Headache, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.4)
Treatment class	Antibiotic
Drug class	Quinolone
Generic drug name	Moxifloxacin
Brand name	Avelox
Dosage form	Tablet
Strength	400mg
Route	Oral
Dosage	400mg daily
Major indications	Susceptible infections due to Strep groups, <i>S. aureus</i> , Staph. Epidermidis, <i>Neisseria</i> sp, <i>H. influenzae</i> , <i>E. coli</i> , <i>Legionella</i> sp, <i>Chlamydia</i> sp, <i>M. pneumoniae</i> , some MRSA <i>S. aureus</i> , <i>Ps. aeruginosa</i> , <i>Bacteroides fragilis</i> and <i>Clostridium difficile</i> activity
Side effects	Photosensitivity, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions, QT prolongation
Status	Permitted

Classification	Anti-Infective (3.1.5)
Treatment class	Antibiotic
Drug class	Sulfonamide
Generic drug name	Sulfamethoxazole 400mg / Trimethoprim 80mg
Brand name	Septra
Dosage form	Tablet
Strength	400mg / 80mg
Route	Oral
Dosage	1–2 tablets every 12 hours
Major indications	Susceptible infections due to Strep pneumoniae, <i>S. aureus</i> , <i>E. coli</i> , <i>N. meningitidis</i> , <i>Klebsiella</i> sp, <i>Legionella</i> sp
Side effects	Photosensitivity, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.6)
Treatment class	Antibiotic
Drug class	Tetracyclines
Generic drug name	Doxycycline
Brand name	Vibramycin
Dosage form	Capsule
Strength	100mg
Route	Oral
Dosage	100mg twice daily
Major indications	Susceptible infections due to Strep pneumoniae, L. monocytogenes, N. meningitidis, E.coli, Legionella sp, Chlamydia sp, M. pneumoniae
Side effects	Retrosternal pain, photosensitivity, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions
Status	Permitted

Classification	Anti-Infective (3.1.7)
Treatment class	Antibiotic
Drug class	Lincosamide
Generic drug name	Clindamycin
Brand name	Dalacin
Dosage form	Capsule
Strength	150mg
Route	Oral
Dosage	150–300mg every 6 hours, 600mg 1 hour prior to dental appt
Major indications	Susceptible infections due to Strep groups, Strep pneumoniae, S. aureus (MSSA), Actinomyces, Bacteroides fragilis
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions colitis, pseudomembranous colitis
Status	Permitted

Classification	Anti-Infective (3.1.8)
Treatment class	Antibiotic
Drug class	Imidazole
Generic drug name	Metronidazole
Brand name	Flagyl
Dosage form	Tablet
Strength	250mg
Route	Oral
Dosage	250–750mg three times daily
Major indications	Susceptible infections due to <i>Bacteroides fragilis</i> , <i>P. melaninogenica</i> , <i>Clostridium difficile</i> , <i>Clostridium</i> (non-difficile)
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, hypersensitivity reactions disulfiram-like reaction with alcohol
Status	Permitted

Classification	Anti-Infective (3.2.1)
Treatment class	Antifungal
Drug class	Triazole
Generic drug name	Fluconazole
Brand name	Diflucan
Dosage form	Capsule
Strength	150mg
Route	Oral
Dosage	150mg immediately, may repeat at 1 week intervals for 4 weeks
Major indications	Treatment for mucocutaneous (oral/vaginal) candidiasis
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea,, headache, dizziness, rash
Status	Permitted

Classification	Anti-Infective (3.2.2)
Treatment class	Antifungal
Drug class	Imidazole
Generic drug name	Ketoconazole
Brand name	Nizoral
Dosage form	Tablet
Strength	200mg
Route	Oral
Dosage	200–400mg once daily
Major indications	Treatment for superficial fungal infections, candidiasis, blastomycosis, histoplasmosis, dermatomycoses, tinea pedis, pityriasis versicolor
Side effects	Gastrointestinal disturbances, including dyspepsia, nausea, diarrhea, gynecomastia, lethargy, hepatotoxicity, adrenal insufficiency
Status	Permitted

Classification	Anti-Infective (3.3.1)
Treatment class	Antiviral
Drug class	Neuramidase inhibitor
Generic drug name	Oseltamivir
Brand name	Tamiflu
Dosage form	Capsule
Strength	75mg
Route	Oral
Dosage	75mg twice daily for 5 days treatment, or 75mg once daily for 10 days prophylaxis
Major indications	Treatment and prevention of acute, uncomplicated influenza A and B infections (initiate within 2 days of onset of symptoms)
Side effects	Nausea, vomiting, vertigo
Status	Permitted

Classification	Anti-Infective (3.3.2)
Treatment class	Antiviral
Drug class	Oral antiviral
Generic drug name	Valcyclovir
Brand name	Valtrex
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	500–1000mg three times daily for 7 days, or 2 grams at onset of symptoms repeat in 12 hours
Major indications	Herpes Simplex and Herpes Zoster
Side effects	Headache, gastrointestinal disturbances, including dyspepsia, nausea, diarrhea arthralgia
Status	Permitted

4.0 CARDIOVASCULAR (4.0)

Classification	Cardiovascular (4.1)
Treatment class	Antianginal
Drug class	Nitrovasodilator
Generic drug name	Nitroglycerin spray
Brand name	Nitrolingual
Dosage form	Solution
Strength	0.4mg / spray
Route	Oral
Dosage	1 spray at onset, may repeat after 5 minutes for maximum of 3 doses in 15 minutes
Major indications	Angina pectoris
Side effects	Headache, hypotension, flushing
Status	Permitted

Classification	Cardiovascular (4.2.1)
Treatment class	Antiarrhythmic
Drug class	Class-III antiarrhythmic
Generic drug name	Amiodarone
Brand name	Cordarone
Dosage form	Tablet
Strength	200mg tab
Route	Oral
Dosage	200–600mg once daily
Major indications	Treatment of atrial and ventricular fibrillation
Side effects	Photosensitivity, corneal deposits, arrhythmia exacerbation, pulmonary fibrosis
Status	Permitted

Classification	Cardiovascular (4.2.2)
Treatment class	Antiarrhythmic
Drug class	Class-IC antiarrhythmic
Generic drug name	Propafenone
Brand name	Rythmol
Dosage form	Tablet
Strength	150mg
Route	Oral
Dosage	150mg every 8 hours
Major indications	Nonsustained ventricular tachycardia, atrial fibrillation, supraventricular tachycardia
Side effects	Dizziness, nausea, vomiting
Status	Permitted

Classification	Cardiovascular (4.2.3)
Treatment class	Antiarrhythmic
Drug class	Cardiac glycoside
Generic drug name	Digoxin
Brand name	Lanoxin
Dosage form	Tablet
Strength	0.125mg
Route	Oral
Dosage	0.0625–0.25mg once daily
Major indications	Congestive heart failure
Side effects	Arrhythmias, nausea, fatigue, visual disturbances
Status	Permitted

Beta-blockers include, but are not limited to, the following: acebutolol, alprenolol, atenolol, betaxolol, bisoprolol, bunolol, carteolol, carvedilol, celiprolol, esmolol, labetalol, levobunolol, metipranolol, metoprolol, nadolol, oxprenolol, pindolol, propranolol, sotalol, timolol.

Classification	Cardiovascular (4.3.1)
Treatment class	Antihypertensive
Drug class	Beta-adrenergic blocker
Generic drug name	Atenolol
Brand name	Tenormin
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	25–100mg once to twice daily
Major indications	Hypertension, angina
Side effects	Fatigue, bradycardia, hypotension, bronchoconstriction
Status	Prohibited in certain sports Prohibited in wheelchair curling

Classification	Cardiovascular (4.3.1)
Treatment class	Antihypertensive
Drug class	Beta-adrenergic blocker
Generic drug name	Bisoprolol
Brand name	Monacor
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	2.5–20mg daily
Major indications	Hypertension, angina
Side effects	Fatigue, bradycardia, hypotension, bronchoconstriction
Status	Prohibited in certain sports Prohibited in wheelchair curling

Classification	Cardiovascular (4.3.1)
Treatment class	Antihypertensive
Drug class	Beta-adrenergic blocker
Generic drug name	Carvedilol
Brand name	Coreg
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	6.25–25mg twice daily
Major indications	Hypertension, angina, congestive heart failure
Side effects	Fatigue, bradycardia, hypotension, hyperglycemia, bronchoconstriction
Status	Prohibited in certain sports Prohibited in wheelchair curling

Classification	Cardiovascular (4.3.1)
Treatment class	Antihypertensive
Drug class	Beta-adrenergic blocker
Generic drug name	Metoprolol
Brand name	Betaloc
Dosage form	Tablet
Strength	100mg
Route	Oral
Dosage	50–200mg twice daily
Major indications	Hypertension, angina, tachyarrhythmias
Side effects	Hypotension, dizziness, drowsiness, bradycardia, impotence, bronchoconstriction
Status	Prohibited in certain sports Prohibited in wheelchair curling

Classification	Cardiovascular (4.3.2)
Treatment class	Antihypertensive
Drug class	ACE inhibitor
Generic drug name	Captopril
Brand name	Capoten
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	Hypertension 25–50mg two to three times daily, congestive heart failure 12.5–50mg three times daily
Major indications	Hypertension, renovascular hypertension
Side effects	Hypotension, cough, proteinuria
Status	Permitted

Classification	Cardiovascular (4.3.2)
Treatment class	Antihypertensive
Drug class	ACE inhibitor
Generic drug name	Enalapril
Brand name	Vasotec
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	Hypertension 5–20mg once daily, congestive heart failure 2.5–20mg twice daily
Major indications	Primary management of hypertension, adjuvant for congestive heart failure
Side effects	Headache, hypotension, cough, rhythm disturbances
Status	Permitted

Classification	Cardiovascular (4.3.2)
Treatment class	Antihypertensive
Drug class	ACE inhibitor
Generic drug name	Ramipril
Brand name	Altace
Dosage form	Capsule
Strength	5mg,10mg
Route	Oral
Dosage	5–20mg every 12–24 hours
Major indications	Hypertension, congestive heart failure
Side effects	Hypotension, headache, hyperkalemia, cough
Status	Permitted

Classification	Cardiovascular (4.3.3)
Treatment class	Antihypertensive
Drug class	Alpha adrenergic blocker
Generic drug name	Doxazosin
Brand name	Cardura
Dosage form	Tablet
Strength	1 mg
Route	Oral
Dosage	1–4mg once daily
Major indications	Hypertension, benign prostatic hypertrophy
Side effects	Hypotension, sleep disturbances, headache
Status	Permitted

Classification	Cardiovascular (4.3.4)
Treatment class	Antihypertensive
Drug class	Angiotensin receptor blocker
Generic drug name	Candesartan
Brand name	Atacand
Dosage form	Tablet
Strength	16mg
Route	Oral
Dosage	8–16mg once to twice daily
Major indications	Hypertension, intolerance to ACE inhibitors
Side effects	Hypotension, dyspepsia
Status	Permitted

Classification	Cardiovascular (4.3.5)
Treatment class	Antihypertensive
Drug class	Calcium channel blocker
Generic drug name	Diltiazem
Brand name	Cardizem
Dosage form	Capsule
Strength	120mgCD
Route	Oral
Dosage	120–360mg once daily
Major indications	Hypertension, angina
Side effects	Headache, fatigue, edema
Status	Permitted

Classification	Cardiovascular (4.4)
Treatment class	Antilipidemic
Drug class	HMG-co reductase inhibitor
Generic drug name	Atorvastatin
Brand name	Lipotor
Dosage form	Tablet
Strength	20mg
Route	Oral
Dosage	10–80mg once daily, initially in the evening
Major indications	For adjunct treatment of hyperlipidemia, primary hypercholesterolemia, familial hypercholesterolemia, hypertriglyceridemia. Reduction of LDL cholesterol and triglycerides.
Side effects	Headache, diarrhea, myalgia, rhabdomyolysis
Status	Permitted

Classification	Cardiovascular (4.4)
Treatment class	Antilipidemic
Drug class	HMG-co reductase inhibitor
Generic drug name	Pravastatin
Brand name	Zocor
Dosage form	Tablet
Strength	20mg
Route	Oral
Dosage	10–40mg once daily, initially in the evening
Major indications	For adjunct treatment of hyperlipidemia, primary hypercholesterolemia, familial hypercholesterolemia, hypertriglyceridemia. Reduction of LDL cholesterol and triglycerides.
Side effects	Constipation, myalgia, rhabdomyolysis
Status	Permitted

Masking agents are prohibited. They include: diuretics, probenecid, plasma expanders (e.g. intravenous administration of albumin, dextran, hydroxyethyl starch and mannitol) and other substances with similar biological effect(s). Diuretics include: acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides (e.g. bendroflumethiazide, chlorothiazide, hydrochlorothiazide), triamterene, and other substances with a similar chemical structure or similar biological effect(s) (except drospirinone and topical dorzolamide and brinzolamide, which are not prohibited).

Classification	Cardiovascular (4.5.1)
Treatment class	Diuretic
Drug class	Loop
Generic drug name	Furosemide
Brand name	Lasix
Dosage form	Tablet
Strength	40mg
Route	Oral
Dosage	20–40mg once to twice daily
Major indications	Edema associated with congestive heart failure, renal failure
Side effects	Hypotension, electrolyte disturbances, dizziness, dehydration
Status	Prohibited

Classification	Cardiovascular (4,5,2)
Treatment class	Diuretic
Drug class	Potassium sparing diuretic
Generic drug name	Spirolactone
Brand name	Aldactone
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	25–100mg once daily
Major indications	Hypertension, aldosteronism
Side effects	Electrolyte disturbances, gynecomastia
Status	Prohibited

Classification	Cardiovascular (4.5.3)
Treatment class	Diuretic
Drug class	Thiazide
Generic drug name	Hydrochlorothiazide
Brand name	Hydrodiuril
Dosage form	Tablet
Strength	25mg
Route	Oral
Dosage	12.5–50mg once to twice daily
Major indications	Primary treatment for hypertension
Side effects	Hypotension, electrolyte disturbances, dizziness
Status	Prohibited

Classification	Cardiovascular (4.5.3)
Treatment class	Diuretic
Drug class	Thiazide
Generic drug name	Amiloride 5mg / Hydrochlorothiazide 50mg
Brand name	Amilzide
Dosage form	Tablet
Strength	5mg / 50mg
Route	Oral
Dosage	1 tablet once daily
Major indications	Hypertension, management of congestive heart failure
Side effects	Hypotension, electrolyte disturbances
Status	Prohibited

Classification	Cardiovascular (4.6)
Treatment class	Miscellaneous
Drug class	Vasodilator
Generic drug name	Hydralazine
Brand name	Apresoline
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10–50mg four times daily, 10–20mg IV to reassess every 20–30 minutes
Major indications	Adjunctive therapy for hypertension not controlled by primary medications, primary treatment option for hypertensive crisis
Side effects	Hypotension, tachycardia, palpitations, dizziness, headache
Status	Permitted

5.0 CENTRAL NERVOUS SYSTEM

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	Iminostilbene derivative
Generic drug name	Carbamazepine
Brand name	Tegretol
Dosage form	Tablet
Strength	100mg
Route	Oral
Dosage	200–400mg two to four times daily
Major indications	Prevention of epileptic, simple and complex, grand mal and petit mal seizures
Side effects	Drowsiness (dose related, transient) hyponatremia (mild, transient, reversible), dyskinesias
Status	Permitted

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	Iminostilbene derivative
Generic drug name	Carbamazepine
Brand name	Tegretol
Dosage form	Tablet
Strength	200mg CR
Route	Oral
Dosage	200–400mg two to four times daily
Major indications	Prevention of epileptic, simple and complex, grand mal and petit mal seizures
Side effects	Drowsiness (dose related, transient) hyponatremia (mild, transient, reversible), dyskinesias
Status	Permitted

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	GABA derivative
Generic drug name	Gabapentin
Brand name	Neurontin
Dosage form	Capsule
Strength	300mg
Route	Oral
Dosage	300–1200mg three times daily
Major indications	Adjunctive therapy for partial and refractory partial seizures, neuropathic chronic pain
Side effects	Sedation, ataxia, GI disturbances
Status	Permitted

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	Hydantoin derivative
Generic drug name	Phenytoin
Brand name	Dilantin
Dosage form	Capsule
Strength	100mg
Route	Oral
Dosage	100mg every 8 hours
Major indications	Anticonvulsant
Side effects	Drowsiness, nystagmus, blurred vision, gingival hyperplasia, hirsutism
Status	Permitted

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	Carboxylic acid derivative
Generic drug name	Valproic acid
Brand name	Depakene
Dosage form	Capsule
Strength	250mg
Route	Oral
Dosage	200–500mg 1–3 times daily
Major indications	Anticonvulsant for prophylaxis and treatment of seizures, prevention of migraine headaches, bipolar disorder
Side effects	Dizziness, drowsiness, headache, nausea, vomiting, diarrhea, weakness, diplopia, blurred vision
Status	Permitted

Classification	Central Nervous System (5.1)
Treatment class	Anticonvulsant
Drug class	Barbiturate
Generic drug name	Phenobarbital
Brand name	Luminal
Dosage form	Tablet
Strength	30mg
Route	Oral
Dosage	10–60mg every 8–24 hours
Major indications	Prophylaxis and treatment of seizures, sedation
Side effects	Drowsiness, lethargy, bradycardia, rash
Status	Permitted

Classification	Central Nervous System (5.2.1)
Treatment class	Antidepressant
Drug class	Serotonin norepinephrine reuptake inhibitor (SNRI)
Generic drug name	Venlafaxine
Brand name	Effexor
Dosage form	Capsule
Strength	75mg
Route	Oral
Dosage	37.5–225mg extended release once daily
Major indications	Depression
Side effects	Nausea, somnolence, insomnia, dizziness, sexual dysfunction, headache, dry mouth
Status	Permitted

Classification	Central Nervous System (5.2.2)
Treatment class	Antidepressant
Drug class	Selective serotonin reuptake inhibitor (SSRI)
Generic drug name	Citalopram
Brand name	Celexa
Dosage form	Tablet
Strength	20mg
Route	Oral
Dosage	10–40mg once daily
Major indications	Symptomatic relief from depression
Side effects	Somnolence, dry mouth, headache, serotonin syndrome
Status	Permitted

Classification	Central Nervous System (5.2.2)
Treatment class	Antidepressant
Drug class	Selective serotonin reuptake inhibitor (SSRI)
Generic drug name	Fluoxetine
Brand name	Prozac
Dosage form	Capsule
Strength	20mg
Route	Oral
Dosage	10–30mg once daily
Major indications	Symptomatic relief from depression, obsessive compulsive disorder
Side effects	Nausea, nervousness, sleep disturbances
Status	Permitted

Classification	Central Nervous System (5.2.3)
Treatment class	Antidepressant
Drug class	Tricyclic antidepressant (TCA)
Generic drug name	Amitriptyline
Brand name	Elavil
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10–100mg daily
Major indications	Neuropathic and chronic pain, depression
Side effects	Sleep disturbances, dry mouth, hypotension, libido changes. Orthostatic hypotension, arrhythmias, confusion
Status	Permitted

Classification	Central Nervous System (5.2.3)
Treatment class	Antidepressant
Drug class	Tricyclic antidepressant (TCA)
Generic drug name	Nortriptyline
Brand name	Aventel
Dosage form	Capsule
Strength	10mg
Route	Oral
Dosage	10–75mg daily
Major indications	Neuropathic and chronic pain, depression
Side effects	Sleep disturbances, dry mouth, hypotension, libido changes. Orthostatic hypotension, arrhythmias, confusion
Status	Permitted

Classification	Central Nervous System (5.2.4)
Treatment class	Antidepressant
Drug class	Lithium salt
Generic drug name	Lithium carbonate
Brand name	Carbolith
Dosage form	Capsule
Strength	300mg
Route	Oral
Dosage	500–1200mg daily
Major indications	Management of acute manic episodes, bipolar disorder, depression
Side effects	Dizziness, vertigo, nausea, cardiac arrhythmias, electrolyte disturbances, polydypsia, anorexia
Status	Permitted

Classification	Central Nervous System (5.3)
Treatment class	Antiparkinson
Drug class	Dopamine precursor and decarboxylase inhibitor
Generic drug name	Carbidopa 100mg / Levodopa 25mg
Brand name	Sinemet
Dosage form	Tablet
Strength	100 / 25mg, 200 / 500mg CR
Route	Oral
Dosage	100 / 25–200 / 50mg two to three times daily
Major indications	Treatment of Parkinson's disease and symptoms
Side effects	Dyskinesias, hypotension, somnolence, fatigue, GI disturbances
Status	Permitted

Classification	Central Nervous System (5.3)
Treatment class	Antiparkinson
Drug class	Anticholinergic
Generic drug name	Benzotropine
Brand name	Cogentin
Dosage form	Tablet
Strength	2mg
Route	Oral
Dosage	1–4mg once to three times daily
Major indications	Treatment of Parkinson's disease and symptoms and drug induced extrapyramidal reactions
Side effects	Agitation, confusion, anticholinergic effects
Status	Permitted

Classification	Central Nervous System (5.4)
Treatment class	Anxiolytic hypnotic
Drug class	Benzodiazepine
Generic drug name	Diazepam
Brand name	Valium
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	5–10mg three to four times daily as needed
Major indications	Anxiety and panic attacks, premedication for procedures, alcohol withdrawal
Side effects	Sedation, bradycardia, amnesia
Status	Permitted

Classification	Central Nervous System (5.4)
Treatment class	Anxiolytic hypnotic
Drug class	Benzodiazepine
Generic drug name	Lorazepam
Brand name	Ativan
Dosage form	Tablet
Strength	1mg
Route	Oral
Dosage	0.5–2mg every 4–6 hours as needed
Major indications	Anxiety, seizures, antiemetic, sedative, hypnotic
Side effects	Sedation, drowsiness, confusion, dry mouth, tachycardia
Status	Permitted

Classification	Central Nervous System (5.4)
Treatment class	Hypnotic
Drug class	Cyclopyrrolone
Generic drug name	Zopiclone
Brand name	Imovane
Dosage form	Tablet
Strength	7.5mg
Route	Oral
Dosage	5–7.5mg at bedtime
Major indications	Insomnia
Side effects	Somnolence, confusion, amnesia, bitter taste
Status	Permitted

6.0 DERMATOLOGICAL

Compounded combinations of products listed below can be prepared at physicians request

Classification	Dermatological (6.1)
Treatment class	Antibiotic
Drug class	Topical antibiotic
Generic drug name	Fusidic acid 2%
Brand name	Fucidin
Dosage form	Ointment
Strength	2%
Route	Topical
Dosage	Apply to affected area 3 times daily
Major indications	Treatment of superficial staphylococci skin infection
Side effects	Local mild irritation, secondary infection
Status	Permitted

Classification	Dermatological (6.1)
Treatment class	Antibiotic
Drug class	Topical antibiotic
Generic drug name	Muprocin
Brand name	Bactroban
Dosage form	Ointment
Strength	2%
Route	Topical
Dosage	Apply to affected area 3 times daily
Major indications	Impetigo and other skin infections
Side effects	Local mild, transient burning, stinging, itching, rash
Status	Permitted

Classification	Dermatological (6.1)
Treatment class	Antibiotic
Drug class	Topical antibiotic
Generic drug name	Polymixin B 10,000U / Bacitracin 500U
Brand name	Polysporin
Dosage form	Ointment
Strength	10,000U / 500U per gram
Route	Topical
Dosage	Apply to affected area 3 times daily
Major indications	Prevention of common skin infections
Side effects	Local mild irritation, secondary infection
Status	Permitted

Classification	Dermatological (6.1)
Treatment class	Antibiotic
Drug class	Topical antibiotic
Generic drug name	Silver sulfadiazine
Brand name	Flamazine
Dosage form	Cream
Strength	1%
Route	Topical
Dosage	Apply to affected area once to twice daily
Major indications	Prevention and treatment of infection in second- and third-degree burns
Side effects	Pruritus, rash, erythema, dry skin, burning
Status	Permitted

Classification	Dermatological (6.2)
Treatment class	Antibiotic / Antifungal / Glucocorticosteroid
Drug class	Topical antibiotic / Antifungal / Glucocorticosteroid
Generic drug name	Neomycin 2.5mg / Gramicidin 250mcg / Nystatin 100,000U / Triamcinolone 1mg
Brand name	Viaderm
Dosage form	Cream
Strength	2.5mg / 250mcg / 100,000U / 1mg per gram
Route	Topical
Dosage	Apply to affected area two to three times daily
Major indications	Primary treatment for superficial dermatological infections, mild
Side effects	Local mild irritation
Status	Permitted

Classification	Dermatological (6.3)
Treatment class	Antifungal
Drug class	Imidazole
Generic drug name	Clotrimazole
Brand name	Canesten
Dosage form	Cream
Strength	1%
Route	Topical
Dosage	Apply to the affected area two to three times daily
Major indications	Dermatomycoses, including athletes' foot, candida balanitiis, candida vulvitis, tinea (multiple forms, corporis, cruris, pedis, versicolor), ringworm
Side effects	Dermatitis, allergic reaction
Status	Permitted

Classification	Dermatological (6.3)
Treatment class	Antifungal
Drug class	Polyene
Generic drug name	Nystatin
Brand name	Nyaderm
Dosage form	Ointment
Strength	100,000U per gram
Route	Topical
Dosage	Apply to affected area 2–4 times daily
Major indications	Cutaneous candidiasis
Side effects	Local irritation
Status	Permitted

Classification	Dermatological (6.3)
Treatment class	Antifungal
Drug class	Allylamine
Generic drug name	Terbinafine
Brand name	Lamisil
Dosage form	Cream
Strength	1%
Route	Topical
Dosage	Apply to affected area 1–2 times daily
Major indications	Onychomycosis of the toenail or fingernail due to susceptible dermatophytes
Side effects	Occasional irritation, redness, itching
Status	Permitted

Classification	Dermatological (6.4)
Treatment class	Antifungal / Glucocorticosteroid
Drug class	Topical antifungal / Glucocorticosteroid
Generic drug name	Clotrimazole 10mg / Betamethasone dipropionate 0.64mg
Brand name	Lotriderm
Dosage form	Cream
Strength	10mg / 0.64mg per gram
Route	Topical
Dosage	Apply to affected area 2–3 times daily
Major indications	Dermatomycoses, including athletes' foot, candida balanitiis, candida vulvitis, tinea (multiple forms, corporis, cruris, pedis, versicolor), ringworm
Side effects	Dermatitis, allergic reaction, secondary infection
Status	Permitted

Classification	Dermatological (6.5)
Treatment class	Antiparasitic
Drug class	Topical antiparasitic
Generic drug name	Permethrin 1%
Brand name	Kwellada
Dosage form	Cream rinse
Strength	1%
Route	Topical
Dosage	Apply to hair for 10 minutes, rinse. May repeat in 7–10 days if needed
Major indications	Pediculosis capitis
Side effects	Burning, itching, numbness / tingling
Status	Permitted

Classification	Dermatological (6.5)
Treatment class	Antiparasitic
Drug class	Topical antiparasitic
Generic drug name	Permethrin 5%
Brand name	Kwellada
Dosage form	Lotion
Strength	5%
Route	Topical
Dosage	Apply to skin from neck to toes. Leave on for 12–14 hours, rinse. May repeat in 7–10 days if needed
Major indications	Scabies
Side effects	Burning, itching, numbness / tingling
Status	Permitted

Classification	Dermatological (6.6)
Treatment class	Antiviral
Drug class	Topical antiviral
Generic drug name	Acyclovir
Brand name	Zovirax
Dosage form	Ointment
Strength	5%
Route	Topical
Dosage	Apply to lesion every 2 hours until clear, then 4 times daily
Major indications	Herpes simplex and Herpes zoster
Side effects	Dermatitis
Status	Permitted

Classification	Dermatological (6.6)
Treatment class	Antiviral
Drug class	Topical antiviral combination
Generic drug name	Acyclovir 5% / Deoxy-d-glucose 0.2% / Ibuprofen 2% / Lidocaine 2%
Brand name	DAN Lip Cream (compounded)
Dosage form	Lip cream (5gm tube)
Strength	5% / 0.2% / 2% / 2%
Route	Topical
Dosage	Apply to affected area every 2–4 hours for 7 days
Major indications	Herpes simplex and Herpes zoster
Side effects	Dermatitis
Status	Permitted

Classification	Dermatological (6.6)
Treatment class	Antiviral
Drug class	Topical antiviral combination
Generic drug name	Acyclovir 5% / Deoxy-d-glucose 0.2% / Ibuprofen 2% / PABA 0.01% / Lidocaine 2%
Brand name	DAN Lip Balm (compounded)
Dosage form	Lip balm (5gm tube)
Strength	5% / 0.2% / 2% / 0.1% / 2%
Route	Topical
Dosage	Apply to affected area every 2–4 hours for 7 days
Major indications	Herpes simplex and Herpes zoster
Side effects	Dermatitis
Status	Permitted

Topical preparations when used for auricular, buccal, dermatological (including iontophoresis / phonophoresis), gingival, nasal, ophthalmic and perianal disorders are not prohibited and neither require a Therapeutic Use Exemption nor a declaration of use.

Classification	Dermatological (6.7)
Treatment class	Glucocorticosteroid
Drug class	Topical Glucocorticosteroid
Generic drug name	Betamethasone valerate
Brand name	Betaderm
Dosage form	Cream, ointment
Strength	0.1% moderate potency
Route	Topical
Dosage	Apply to affected area twice daily
Major indications	Topical treatment of corticosteroid responsive skin eruptions, acute and chronic conditions
Side effects	Drying, irritation, skin atrophy, secondary infection (masked), hypothalamic-pituitary-adrenal axis suppression
Status	Permitted

Classification	Dermatological (6.7)
Treatment class	Glucocorticosteroid
Drug class	Topical glucocorticosteroid
Generic drug name	Clobetasol
Brand name	Dermovate
Dosage form	Cream, ointment
Strength	0.05% high potency
Route	Topical
Dosage	Apply to affected area twice daily
Major indications	Topical treatment of corticosteroid responsive skin eruptions, acute and chronic conditions
Side effects	Drying, irritation, skin atrophy, secondary infection (masked), hypothalamic-pituitary-adrenal axis suppression
Status	Permitted

Classification	Dermatological (6.7)
Treatment class	Glucocorticosteroid
Drug class	Topical glucocorticosteroid
Generic drug name	Hydrocortisone
Brand name	Hyderm
Dosage form	Cream
Strength	1% low potency
Route	Topical
Dosage	Apply to affected area twice daily
Major indications	Topical treatment of corticosteroid responsive skin eruptions, acute and chronic conditions
Side effects	Irritation, secondary infection, thinning of skin (prolonged use)
Status	Permitted

Classification	Dermatological (6.7)
Treatment class	Glucocorticosteroid
Drug class	Topical glucocorticosteroid
Generic drug name	Triamcinolone in orabase
Brand name	Oracort
Dosage form	Dental paste
Strength	0.10%
Route	Topical
Dosage	Apply to lesion at bedtime, for more severe ulceration may be applied after meals 3 times daily
Major indications	Treatment of uncomplicated mouth sores and ulcerations
Side effects	Irritation, thinning of skin, hypothalamic-pituitary-adrenal axis suppression
Status	Permitted

Classification	Dermatological (6.8)
Treatment class	Disinfectant
Drug class	Alcohol
Generic drug name	Alcohol swabs
Brand name	n/a
Dosage form	Swab
Strength	70% isopropyl alcohol
Route	Topical
Dosage	Not applicable
Major indications	Clean area for injection
Side effects	Not applicable
Status	Permitted

Classification	Dermatological (6.8)
Treatment class	Disinfectant
Drug class	Bisbiguanide and alcohol
Generic drug name	Chlorhexidine 2% / Isopropyl alcohol 4% solution
Brand name	Dexidin 2
Dosage form	Solution
Strength	2% / 4%
Route	Topical
Dosage	Apply a sufficient amount of solution on the skin to be disinfected
Major indications	Antiseptic aqueous solution used for the general disinfection of the skin and skin wounds
Side effects	Irritation, burning
Status	Permitted

Classification	Dermatological (6.8)
Treatment class	Disinfectant
Drug class	Topical disinfectant
Generic drug name	Hydrogen peroxide
Brand name	n/a
Dosage form	Solution
Strength	3%
Route	Topical
Dosage	Mix with distilled water 1:1 ratio, clean affected area
Major indications	Disinfectant, antiseptic, wound and pre-surgery cleanser
Side effects	Irritation, burning
Status	Permitted

Classification	Dermatological (6.9)
Treatment class	Gynecological
Drug class	Imidazole
Generic drug name	Clotrimazole
Brand name	Canesten
Dosage form	Cream
Strength	10%
Route	Vaginal
Dosage	1 applicatorful intravaginally at bedtime for one dose
Major indications	Vulvovaginal candidiasis
Side effects	Irritation, discharge
Status	Permitted

Classification	Dermatological (6.9)
Treatment class	Gynecological
Drug class	Nitroimidazole and polyene
Generic drug name	Metronidazole 500mg / Nystatin 100,000U
Brand name	Flagystatin
Dosage form	Cream
Strength	500mg / 100,000U per gram
Route	Vaginal
Dosage	1 applicatorful intravaginally at bedtime for 7–10 days
Major indications	Bacterial vaginosis
Side effects	Dysmenorrhea, pruritus, nausea
Status	Permitted

Classification	Dermatological (6.9)
Treatment class	Gynecological
Drug class	Imidazole
Generic drug name	Miconazole
Brand name	Monistat
Dosage form	Cream
Strength	2%
Route	Vaginal
Dosage	1 applicatorful intravaginally at bedtime for 7 days
Major indications	Vulvovaginal candidiasis
Side effects	Local irritation, itching, burning
Status	Permitted

Classification	Dermatological (6.10)
Treatment class	Local anesthetic
Drug class	Amide
Generic drug name	Lidocaine jelly 2%
Brand name	Xylocaine
Dosage form	Gel
Strength	2%
Route	Topical
Dosage	Apply topically as directed
Major indications	Local anesthetic
Side effects	Dizziness, local edema, irritation, abnormal sensations, seizures
Status	Permitted

Classification	Dermatological (6.10)
Treatment class	Local anesthetic
Drug class	Amide
Generic drug name	Lidocaine 25mg / Prilocaine 25mg
Brand name	Emla
Dosage form	Cream
Strength	25mg / 25mg
Route	Topical
Dosage	Apply 1 hour prior to procedure
Major indications	Local anesthetic
Side effects	Dizziness, local edema, irritation, abnormal sensations, seizures
Status	Permitted

Classification	Dermatological (6.11)
Treatment class	Moisturizing cream
Drug class	n/a
Generic drug name	n/a
Brand name	Glaxal Base
Dosage form	Cream
Strength	n/a
Route	Topical
Dosage	Apply to skin twice daily
Major indications	Moisturizing agent
Side effects	Rare
Status	Permitted

Classification	Dermatological (6.12)
Treatment class	Moisturizing lotion
Drug class	n/a
Generic drug name	n/a
Brand name	Nutraderm
Dosage form	Lotion
Strength	n/a
Route	Topical
Dosage	Apply to skin twice daily
Major indications	Moisturizing agent
Side effects	Rare
Status	Permitted

Classification	Dermatological (6.13)
Treatment class	Rectal
Drug class	Topical glucocorticosteroid / Amide
Generic drug name	Hydrocortisone 1% / Lidocaine 2%
Brand name	Bob's Rectal Rockets (compounded)
Dosage form	Suppository
Strength	1% / 2% each suppository
Route	Rectal
Dosage	1 suppository twice daily
Major indications	Treatment of hemorrhoids, and other rectal lesions
Side effects	Local burning and irritation (mucosal membrane integrity), waxy discharge
Status	Permitted

Topical preparations when used for auricular, buccal, dermatological (including iontophoresis / phonophoresis), gingival, nasal, ophthalmic and perianal disorders are not prohibited and neither require a Therapeutic Use Exemption nor a declaration of use.

Classification	Dermatological (6.13)
Treatment class	Rectal
Drug class	Rectal hemorrhoid therapy
Generic drug name	Hydrocortisone 5mg / Framycetin 10mg / Cinchocaine 5mg / Aesculin 10mg
Brand name	Proctosedyl
Dosage form	Cream
Strength	5mg / 10mg / 5mg / 10mg per gram
Route	Rectal
Dosage	Apply cream twice daily and after bowel movement
Major indications	Treatment of hemorrhoids, and other rectal lesions
Side effects	Local burning and irritation (mucosal membrane integrity), waxy discharge
Status	Permitted

Classification	Dermatological (6.13)
Treatment class	Rectal
Drug class	Rectal fissure therapy
Generic drug name	Nitroglycerin 0.2%
Brand name	Compounded
Dosage form	Ointment
Strength	0.20%
Route	Topical
Dosage	Apply around the anal opening twice daily
Major indications	Promote healing of anal fissures
Side effects	Headache, hypotension, flushing
Status	Permitted

7.0 ENT-OTORHINOLARYNGOLOGY

Classification	ENT-Otorhinolaryngology (7.1)
Treatment class	Antibacterial
Drug class	Bisbiguanide
Generic drug name	Chlorhexidine rinse
Brand name	Peridex
Dosage form	Solution
Strength	0.12%
Route	Oral
Dosage	15ml rinse and expectorate twice daily
Major indications	Gingivitis, dental procedures
Side effects	Taste disturbance
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.2)
Treatment class	Antibiotic
Drug class	Quinolone and glucocorticosteroid
Generic drug name	Ciprofloxacin 0.3% / Dexamethasone 0.1%
Brand name	Cipradex
Dosage form	Suspension
Strength	0.3% / 0.1%
Route	Otic
Dosage	3 drops three times daily into affected ear(s)
Major indications	Acute otitis externa, bacterial
Side effects	Secondary infection (rare)
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.2)
Treatment class	Antibiotic
Drug class	Topical antibiotic
Generic drug name	Polymixin B 10,000U / Gramicidin 0.025mg
Brand name	Polysporin
Dosage form	Suspension
Strength	10,000U / 0.025mg per ml
Route	Ophthalmic / Otic
Dosage	Instil 1–2 drops into affected ear(s) four times daily
Major indications	Primary treatment of superficial bacterial otic infections, otitis media externa, swimmer’s ear
Side effects	Ocular / otic irritation, allergic reactions, visual disturbances
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.3)
Treatment class	Antibiotic / Antifungal / Glucocorticosteroid
Drug class	Topical antibiotic / Antifungal / Glucocorticosteroid
Generic drug name	Flumethasone pivalate 0.02% / Clioquinol 1%
Brand name	Locacorten Vioform
Dosage form	Solution
Strength	0.02% / 1%
Route	Otic
Dosage	Instil 2–3 drops twice daily into affected ears
Major indications	Primary treatment of otomycosis with inflammation
Side effects	Irritation, skin staining, thinning of skin
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.4)
Treatment class	Antibiotic / Glucocorticosteroid
Drug class	Topical antibiotic / Glucocorticosteroid
Generic drug name	Polymyxin B 10,000U / Neomycin 3.5mg / Hydrocortisone 10mg
Brand name	Cortisporin
Dosage form	Solution
Strength	10,000U / 3.5mg / 10mg per ml
Route	Otic
Dosage	Instil 1–2 drops into affected ear(s) 4 times daily
Major indications	Treatment of superficial ear infections with minor inflammation
Side effects	Irritation, hypersensitivity, ototoxicity
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.5)
Treatment class	Rhinorrhea
Drug class	Anticholinergic
Generic drug name	Ipratropium
Brand name	Atrovent
Dosage form	Solution, 345 doses
Strength	0.03%
Route	Nasal
Dosage	Instil 2 sprays into each nostril 2–3 times daily
Major indications	Symptomatic relief from allergic and perennial rhinitis
Side effects	Headache, nasal irritation, taste disturbances, dry mouth
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.6)
Treatment class	Antifungal
Drug class	Polyene
Generic drug name	Nystatin
Brand name	Nilstat
Dosage form	Solution
Strength	100,000IU / ml 24ml
Route	Oral
Dosage	Gargle and swallow 1ml four times daily
Major indications	Treatment of superficial oral fungal infections
Side effects	Taste disturbance, upset stomach
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.7)
Treatment class	Glucocorticosteroid
Drug class	Topical corticosteroid combination
Generic drug name	Hydrocortisone 1% / Acid mantle ear drops
Brand name	Compounded
Dosage form	Drop
Strength	HC 1%
Route	Topical
Dosage	Instil 3 drops once daily into affected ear(s)
Major indications	Symptomatic relief from otic irritation and scaling
Side effects	Soapy discharge from ear
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.7)
Treatment class	Allergic rhinitis
Drug class	Nasal glucocorticosteroid
Generic drug name	Mometasone
Brand name	Nasonex
Dosage form	Suspension
Strength	50mcg / spray, 140 doses
Route	Nasal
Dosage	Instil 2 sprays into each nostril once daily
Major indications	Perennial and seasonal rhinitis, allergic and non-allergic
Side effects	Irritation, cough, headache, dry nose, taste disturbance
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.8)
Treatment class	Decongestant
Drug class	Nasal decongestant
Generic drug name	Oxymetazoline
Brand name	Dristan
Dosage form	Solution
Strength	0.05%
Route	Nasal
Dosage	2–3 sprays into each nostril every 10–12 hours. Not to be used for longer than 3 days
Major indications	Topical nasal decongestant
Side effects	Local mucosal irritation, rebound congestion
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.9)
Treatment class	NSAID
Drug class	Oral anti-inflammatory
Generic drug name	Benzydamine
Brand name	Tantum
Dosage form	Solution
Strength	0.15%
Route	Oral
Dosage	15ml to swish and gargle, expectorate
Major indications	Symptomatic relief of mild to moderate mouth and throat inflammation
Side effects	Irritation, vomiting, sedation
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.10)
Treatment class	Throat lozenge
Drug class	Amide and quaternary ammonium compound
Generic drug name	Benzocaine 10mg / Cetylpyridinium chloride 1.45mg
Brand name	Cepacol
Dosage form	Lozenge
Strength	10mg / 6mg per lozenge
Route	Oral
Dosage	1 lozenge every 4–6 hours as needed
Major indications	Local anesthetic
Side effects	Taste disturbance
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.10)
Treatment class	Throat lozenge
Drug class	Throat lozenge
Generic drug name	Menthol 0.9% / Eucalyptus 0.15%
Brand name	Fisherman's Friend XS
Dosage form	Lozenge
Strength	0.9% / 0.15% per lozenge
Route	Oral
Dosage	1 lozenge every 4–6 hours as needed
Major indications	For mild sore throat and irritation
Side effects	Taste disturbance
Status	Permitted

Classification	ENT-Otorhinolaryngology (7.11)
Treatment class	Rhinorrhea
Drug class	Isotonic rinse
Generic drug name	Isotonic sodium chloride / Sodium bicarbonate
Brand name	Sinus Rinse
Dosage form	Solution
Strength	2.5g sachet with 240ml nasal irrigation bottle
Route	Nasal
Dosage	Rinse every 12 hours as needed
Major indications	Sinus lavage agent
Side effects	Sinus discharge
Status	Permitted

8.0 GASTROINTESTINAL

Classification	Gastrointestinal (8.1)
Treatment class	Antacid
Drug class	Foaming agent and magnesium containing
Generic drug name	Alginic acid 200mg / Magnesium carbonate 40mg
Brand name	Gaviscon
Dosage form	Chewable tablets
Strength	200mg / 40mg
Route	Oral
Dosage	1–2 tablets every 6–8 hours as needed
Major indications	Dyspepsia
Side effects	Constipation, diarrhea, hypophosphatemia
Status	Permitted

Classification	Gastrointestinal (8.1)
Treatment class	Antacid
Drug class	Foaming agent and aluminum containing
Generic drug name	Sodium alginate 250mg / Aluminum hydroxide 100mg
Brand name	Gaviscon
Dosage form	Liquid
Strength	250mg / 100mg per 5ml
Route	Oral
Dosage	5–10ml every 6–8 hours as needed
Major indications	Dyspepsia
Side effects	Constipation, diarrhea, hypophosphatemia
Status	Permitted

Classification	Gastrointestinal (8.1)
Treatment class	Antacid
Drug class	Calcium containing
Generic drug name	Calcium carbonate 500mg (200mg elemental)
Brand name	Tums
Dosage form	Tablet
Strength	500mg (200mg elemental)
Route	Oral
Dosage	1–2 tablets every 6 hours, or before meals as needed
Major indications	Dyspepsia
Side effects	Constipation, diarrhea, hypophosphatemia
Status	Permitted

Classification	Gastrointestinal (8.1)
Treatment class	Antacid
Drug class	Magnesium and aluminum containing
Generic drug name	Magnesium hydroxide 200mg / Aluminum hydroxide 165mg
Brand name	Diovol
Dosage form	Liquid
Strength	200mg / 165mg per 5ml
Route	Oral
Dosage	10–20ml between meals and at bedtime as needed
Major indications	Dyspepsia
Side effects	Constipation, diarrhea, hypophosphatemia
Status	Permitted

Classification	Gastrointestinal (8.1)
Treatment class	Antacid
Drug class	Magnesium, aluminum and coalescing containing
Generic drug name	Magnesium hydroxide 100mg / Aluminum hydroxide 200mg / Simethicone 25mg
Brand name	Diovol Plus
Dosage form	Liquid
Strength	100mg / 200mg / 25mg per 5ml
Route	Oral
Dosage	5–10ml at onset of reflux, or 5–10ml prior to large meal
Major indications	Dyspepsia
Side effects	Constipation, diarrhea, hypophosphatemia
Status	Permitted

Classification	Gastrointestinal (8.1)
Treatment class	Antacid / Anesthetic
Drug class	Foaming agent, aluminum containing and amide
Generic drug name	Sodium alginate 250mg / Aluminum hydroxide 100mg / Viscous lidocaine 2% (equal parts)
Brand name	Isabella's Pink Lady Suspension (compounded)
Dosage form	Liquid
Strength	Sodium alginate 250mg / aluminum hydroxide 100mg / viscous lidocaine 2% (equal parts)
Route	Oral
Dosage	5–10ml at onset of severe reflux pain. May repeat every 6 hours as needed
Major indications	Symptomatic treatment of severe reflux pain
Side effects	Taste disturbance, caution due to numbing of throat
Status	Permitted

Classification	Gastrointestinal (8.2)
Treatment class	Antidiarrheal / Narcotic
Drug class	Antiperistaltic
Generic drug name	Diphenoxylate 2.5mg / Atropine 0.025mg
Brand name	Lomotil
Dosage form	Tablet
Strength	2.5mg / 0.025mg
Route	Oral
Dosage	1–2 tablets two to four times daily as needed
Major indications	Diarrhea
Side effects	Sedation, lethargy, anticholinergic effects
Status	Permitted

Classification	Gastrointestinal (8.3)
Treatment class	Antidiarrheal
Drug class	Intestinal absorbant
Generic drug name	Bismuth subsalicylate
Brand name	Pepto Bismol
Dosage form	Tablet
Strength	262mg
Route	Oral
Dosage	2 tablets every 30 minutes to 1 hour as needed up to 8 doses in 24 hours
Major indications	Diarrhea, nausea, indigestion
Side effects	Darkening of tongue, grayish black stools, constipation, nausea
Status	Permitted

Classification	Gastrointestinal (8.3)
Treatment class	Antidiarrheal
Drug class	Antiperistaltic
Generic drug name	Loperamide
Brand name	Imodium
Dosage form	Tablet
Strength	2mg
Route	Oral
Dosage	2 tablets initially, then 1 tablet after each loose stool up to 16mg in 24 hours
Major indications	Diarrhea
Side effects	Abdominal pain, cramps, constipation, drowsiness, sedation
Status	Permitted

Classification	Gastrointestinal (8.4)
Treatment class	Antiemetic
Drug class	Dopamine antagonist
Generic drug name	Prochlorperazine
Brand name	Stemetil
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	5–10mg every 6–8 hours
Major indications	Nausea
Side effects	Hypotension, extrapyramidal signs, dizziness, drowsiness
Status	Permitted

Classification	Gastrointestinal (8.4)
Treatment class	Antiemetic
Drug class	Antihistamine
Generic drug name	Dimenhydrinate
Brand name	Gravol
Dosage form	Tablet
Strength	50mg
Route	Oral
Dosage	50mg once to four times daily
Major indications	Symptomatic relief from nausea, vomiting, treatment and prevention of motion sickness
Side effects	Sedation, headache, anticholinergic effects
Status	Permitted

Classification	Gastrointestinal (8.4)
Treatment class	Antiemetic
Drug class	Selective serotonin (5-HT ₃) antagonist
Generic drug name	Ondansetron
Brand name	Zofran
Dosage form	Tablet
Strength	8mg
Route	Oral
Dosage	4–8mg every 8–12 hours
Major indications	Nausea and vomiting
Side effects	Headache, dizziness, diarrhea, constipation
Status	Permitted

Classification	Gastrointestinal (8.4)
Treatment class	Antiemetic / Gastroprokinetic
Drug class	Dopamine antagonist
Generic drug name	Domperidone
Brand name	Motilium
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10mg four times daily, before meals
Major indications	Symptomatic relief for upper GI tract mobility disorders
Side effects	Dry mouth, headache, galactorrhea
Status	Permitted

Classification	Gastrointestinal (8.4)
Treatment class	Antiemetic / Gastroprokinetic
Drug class	Dopamine antagonist
Generic drug name	Metoclopramide
Brand name	Maxeran
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10mg three to four times daily before meals and at bedtime
Major indications	Nausea, vomiting, gastrointestinal motility disorders
Side effects	Drowsiness, dizziness, constipation, diarrhea
Status	Permitted

Classification	Gastrointestinal (8.5)
Treatment class	Antiflatulent
Drug class	Coalescing agent
Generic drug name	Simethicone
Brand name	Ovol
Dosage form	Tablet
Strength	180mg
Route	Oral
Dosage	Chew one tablet after eating and at bedtime as needed
Major indications	Treatment of abdominal discomfort due to excessive gas
Side effects	Rare
Status	Permitted

Classification	Gastrointestinal (8.6)
Treatment class	Antispasmodic
Drug class	Smooth muscle antispasmodic
Generic drug name	Hyoscine
Brand name	Buscopan
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10mg one to four times daily, max 6 tablets daily
Major indications	Antispasmodic for gastrointestinal and genitourinary smooth muscle tissue
Side effects	Dry mouth, tachycardia, urinary retention, visual disturbances
Status	Permitted

Classification	Gastrointestinal (8.7.1)
Treatment class	Antiulcer
Drug class	Histamine 2 receptor blocker
Generic drug name	Famotidine
Brand name	Pepcid AC
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10mg to relieve symptoms, may take 10–15 minutes prior to eating
Major indications	Symptomatic treatment of reflux, acid indigestion or prevention of symptoms
Side effects	Rare, dizziness and headache
Status	Permitted

Classification	Gastrointestinal (8.7.1)
Treatment class	Antiulcer
Drug class	Histamine 2 receptor blocker
Generic drug name	Ranitidine
Brand name	Zantac
Dosage form	Tablet
Strength	150mg
Route	Oral
Dosage	150mg every 12 hours
Major indications	Duodenal and gastric ulcers, gastroesophageal reflux, hypersecretory conditions
Side effects	Headache
Status	Permitted

Classification	Gastrointestinal (8.7.2)
Treatment class	Antiulcer
Drug class	Proton pump inhibitor
Generic drug name	Rabeprazole
Brand name	Pariet
Dosage form	Tablet
Strength	20mg
Route	Oral
Dosage	10–20mg every 24 hours
Major indications	Duodenal and gastric ulcers, gastroesophageal reflux, hypersecretory conditions
Side effects	Abdominal pain, diarrhea, constipation, headache, dizziness
Status	Permitted

Classification	Gastrointestinal (8.8.1)
Treatment class	Laxative
Drug class	Stool Softener
Generic drug name	Docusate
Brand name	Colace
Dosage form	Capsule
Strength	100mg
Route	Oral
Dosage	1 capsule twice daily
Major indications	Constipation
Side effects	Cramping pains
Status	Permitted

Classification	Gastrointestinal (8.8.2)
Treatment class	Laxative
Drug class	Stimulant laxative
Generic drug name	Bisacodyl
Brand name	Dulcolax
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	1–2 tablets at bedtime
Major indications	Constipation
Side effects	Abdominal pain, diarrhea, nausea, cramps and abdominal discomfort
Status	Permitted

Classification	Gastrointestinal (8.8.3)
Treatment class	Laxative
Drug class	Hyperosmotic laxative
Generic drug name	Glycerin suppository
Brand name	n/a
Dosage form	Suppository
Strength	96% w/w glycerin
Route	Rectal
Dosage	1 suppository rectally daily as needed
Major indications	Constipation
Side effects	Diarrhea, waxy discharge
Status	Permitted

Classification	Gastrointestinal (8.8.3)
Treatment class	Laxative
Drug class	Stimulant laxative
Generic drug name	Sennosides
Brand name	Senokot
Dosage form	Tablet
Strength	8.6mg sennosides
Route	Oral
Dosage	2–4 tablets at bedtime
Major indications	Constipation
Side effects	Abdominal pain and cramps, diarrhea, nausea, electrolyte disturbances
Status	Permitted

Classification	Gastrointestinal (8.8.3)
Treatment class	Laxative
Drug class	Osmotic laxative
Generic drug name	Sodium phosphates
Brand name	Fleet
Dosage form	Solution
Strength	16g monobasic / 6g dibasic sodium phosphate
Route	Oral
Dosage	Drink contents of container as needed as directed by physician
Major indications	Constipation, for bowel lavage prior to procedure or examination
Side effects	Diarrhea, abdominal pain, electrolyte disorders
Status	Permitted

Classification	Gastrointestinal (8.8.3)
Treatment class	Laxative
Drug class	Osmotic laxative
Generic drug name	PEG 3350 powder
Brand name	Miralax
Dosage form	Powder
Strength	n/a
Route	Oral
Dosage	Dissolve 17 gm of powder in 250ml of water and drink once daily
Major indications	Treatment of occasional constipation
Side effects	Nausea, abdominal fullness
Status	Permitted

9.0 HEMATOLOGICAL

Classification	Hematological (9.1)
Treatment class	Anticoagulant
Drug class	Antiplatelet agent
Generic drug name	Acetylsalicylic acid
Brand name	Aspirin
Dosage form	Tablet
Strength	81mg
Route	Oral
Dosage	81mg once daily
Major indications	Secondary prevention of atherothrombotic events
Side effects	Dyspepsia, GI irritation, nausea, ulcers
Status	Permitted

Classification	Hematological (9.1)
Treatment class	Anticoagulant
Drug class	Vitamin K antagonist
Generic drug name	Warfarin
Brand name	Coumadin
Dosage form	Tablet
Strength	1mg, 2mg, 5mg
Route	Oral
Dosage	1–5mg daily based upon International Normalized Ratio (INR)
Major indications	Prophylaxis and treatment of venous thrombosis, pulmonary embolism, thromboembolic disorders
Side effects	Bleeding, bruising, gastrointestinal symptoms
Status	Permitted

Classification	Hematological (9.2)
Treatment class	Platelet aggregation inhibitor
Drug class	Adenosine phosphate inhibitor
Generic drug name	Clopidogrel
Brand name	Plavix
Dosage form	Tablet
Strength	75mg
Route	Oral
Dosage	75mg once daily
Major indications	Secondary prevention of atherothrombotic events
Side effects	Dyspepsia, nausea, hemorrhage
Status	Permitted

Classification	Hematological (9.3)
Treatment class	Hemostasis
Drug class	Vitamin K analogue
Generic drug name	Phytonadione
Brand name	Vitamin K
Dosage form	Injectable
Strength	10mg / ml
Route	Oral, IM
Dosage	10mg / ml IM or orally
Major indications	Hemorrhage or severe hemorrhage risk due to hypoprothrombinemia, warfarin overdosage and low vitamin K levels
Side effects	Rare
Status	Permitted

Classification	Hematological (9.4)
Treatment class	Anemia
Drug class	Iron supplement
Generic drug name	Ferrous sulphate
Brand name	Ferodan
Dosage form	Tablet
Strength	300mg
Route	Oral
Dosage	1 tablet one to three times daily with food
Major indications	Treatment and support of anemia
Side effects	Constipation, nasuea
Status	Permitted

10.0 HORMONES, SUBSTITUTES, ANTAGONISTS

Classification	Hormones, Substitutes, Antagonists (10.1)
Treatment class	Glucocorticosteroid
Drug class	Oral glucocorticosteroid
Generic drug name	Prednisone
Brand name	n/a
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	5–60mg per day in divided doses one to four times a day
Major indications	Treatment of a variety of inflammatory conditions
Side effects	Insomnia, increased appetite, indigestion, glucose intolerance
Status	Prohibited

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes. In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Hormones, Substitutes, Antagonists (10.1)
Treatment class	Glucocorticosteroid
Drug class	Injectable glucocorticosteroid
Generic drug name	Methylprednisolone
Brand name	Depo Medrol
Dosage form	Injectable
Strength	40mg / ml
Route	IM, intraarticular
Dosage	For injection by MD
Major indications	Inflammatory disorders, intra-articular, intra-lesional injections
Side effects	Sodium and fluid retention, hypertension, hypothalamic-pituitary-adrenal axis suppression
Status	IM prohibited, requires TUE, intrarticular, intathecal, peritendinous route must be declared

Classification	Hormones, Substitutes, Antagonists (10.1)
Treatment class	Glucocorticosteroid
Drug class	Injectable glucocorticosteroid
Generic drug name	Triamcinolone
Brand name	Kenalog
Dosage form	Injectable
Strength	40mg / ml
Route	IM, intraarticular
Dosage	For injection by MD
Major indications	Inflammatory disorders, intra-articular, intra-lesional injections
Side effects	Sodium and fluid retention, hypertension, hypothalamic-pituitary-adrenal axis suppression
Status	IM prohibited, requires TUE, intrarticular, intathecal, peritendinous route must be declared

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes. In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Hormones, Substitutes, Antagonists (10.1)
Treatment class	Glucocorticosteroid
Drug class	Oral glucocorticosteroid
Generic drug name	Dexamethasone
Brand name	Decadron
Dosage form	Tablet
Strength	4mg
Route	Oral
Dosage	0.5mg–15mg daily, given in 2–4 doses
Major indications	Short term anti-inflammatory, adrenal insufficiency
Side effects	GI disturbances, insomnia, psychoses
Status	Prohibited requires TUE

Classification	Hormones, Substitutes, Antagonists (10.1)
Treatment class	Glucocorticosteroid
Drug class	Injectable glucocorticosteroid
Generic drug name	Dexamethasone
Brand name	Decadron
Dosage form	Injectable
Strength	4mg/ml
Route	Injectable
Dosage	For injection by MD
Major indications	Intensive anti-inflammatory treatment, emergency
Side effects	GI disturbances, insomnia, psychoses
Status	Prohibited requires TUE

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes. In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Hormones, Substitutes, Antagonists (10.2.1)
Treatment class	Antihyperglycemic
Drug class	Sulfonylurea
Generic drug name	Gliclazide
Brand name	Diamicon
Dosage form	Tablet
Strength	30mg sustained release
Route	Oral
Dosage	Initially 30mg SR tablet once daily in morning, may increase, max 120mg / day
Major indications	Oral hypoglycemic for type 2 diabetes mellitus
Side effects	Hypoglycemia, nausea, dizziness
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.2.1)
Treatment class	Antihyperglycemic
Drug class	Sulfonylurea
Generic drug name	Glyburide
Brand name	Diabeta
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	5mg once daily, titrate up to adequate response by 2.5mg every 5–7 days
Major indications	Oral hypoglycemic for type 2 diabetes mellitus
Side effects	Hypoglycemia, nausea, dizziness, weight gain
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.2.2)
Treatment class	Antihyperglycemic
Drug class	Biguanide
Generic drug name	Metformin
Brand name	Glucophage
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	250–850mg twice to three times daily prior to meals
Major indications	Noninsulin-dependent diabetes mellitus
Side effects	Diarrhea, anorexia, nausea
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.2.3)
Treatment class	Antihyperglycemic
Drug class	Thiazolidinedione
Generic drug name	Rosiglitazone
Brand name	Avandia
Dosage form	Tablet
Strength	4mg
Route	Oral
Dosage	4mg every 24 hours
Major indications	Management of non-insulin dependent diabetes (Type II)
Side effects	Weight gain, increase in total cholesterol, edema, headache, fatigue, diarrhea
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.2.4)
Treatment class	Hyperglycemic
Drug class	Parenteral hyperglycemic
Generic drug name	Glucagon (peptide injection)
Brand name	Glucagon
Dosage form	Injectable
Strength	1mg injection
Route	IV, IM, SC
Dosage	1mg, if no response in 20 minutes, may repeat
Major indications	Primary treatment for acute hypoglycemia
Side effects	Nausea, vomiting, hypokalemia
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.3)
Treatment class	Insulin
Drug class	Ultra short acting
Generic drug name	Insulin lispro (ultra short acting)
Brand name	Humalog
Dosage form	Suspension
Strength	100IU / ml
Route	IM
Dosage	Sliding scale dependant on daily blood sugar monitoring
Major indications	Primary treatment for type 1 diabetes mellitus
Side effects	Hypoglycemia, sensitivity, cellulitis
Status	Prohibited requires TUE

Classification	Hormones, Substitutes, Antagonists (10.3)
Treatment class	Insulin
Drug class	Short acting
Generic drug name	Insulin Toronto (short acting)
Brand name	Novolin Toronto
Dosage form	Suspension
Strength	100IU / ml
Route	IM
Dosage	Sliding scale dependant on daily blood sugar monitoring
Major indications	Primary treatment for type 1 diabetes mellitus
Side effects	Hypoglycemia, sensitivity, cellulitis
Status	Prohibited requires TUE

Classification	Hormones, Substitutes, Antagonists (10.3)
Treatment class	Insulin
Drug class	Long acting
Generic drug name	Insulin NPH (long acting)
Brand name	Novolin NPH
Dosage form	Suspension
Strength	100IU / ml
Route	IM
Dosage	Sliding scale dependant on daily blood sugar monitoring
Major indications	Primary treatment for type 1 diabetes mellitus
Side effects	Hypoglycemia, sensitivity, cellulitis
Status	Prohibited requires TUE

Classification	Hormones, Substitutes, Antagonists (10.3)
Treatment class	Insulin
Drug class	Ultra long acting
Generic drug name	Insulin glargine (ultra long acting)
Brand name	Lantus
Dosage form	Suspension
Strength	100IU / ml
Route	IM
Dosage	Sliding scale dependant on daily blood sugar monitoring
Major indications	Primary treatment for type 1 diabetes mellitus
Side effects	Hypoglycemia, sensitivity, cellulitis
Status	Prohibited requires TUE

Classification	Hormones, Substitutes, Antagonists (10.4)
Treatment class	Oral contraceptive
Drug class	Monophasic
Generic drug name	Ethinyl estradiol 0.020mg / Levonorgestrel 0.10mg
Brand name	Alesse
Dosage form	Tablet
Strength	0.020mg / 0.1mg
Route	Oral
Dosage	1 tablet once daily
Major indications	Prevention of pregnancy, menstrual cycle control
Side effects	Edema, weight gain, breakthrough bleeding, acne, deep vein thrombosis (over 35, smoker)
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.4)
Treatment class	Oral contraceptive
Drug class	Monophasic
Generic drug name	Ethinyl estradiol 0.035mg / Norgestimate 0.25mg
Brand name	Cyclen
Dosage form	Tablet
Strength	0.035mg / 0.25mg
Route	Oral
Dosage	1 tablet once daily
Major indications	Prevention of pregnancy, menstrual cycle control
Side effects	Peripheral edema, breast tenderness, nausea, weight change
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.4)
Treatment class	Oral contraceptive
Drug class	Progestogen
Generic drug name	Levonorgestrel
Brand name	Plan B
Dosage form	Tablet
Strength	0.75mg
Route	Oral
Dosage	2 tablets as a single dose within 72 hours of unprotected intercourse
Major indications	Emergency contraceptive due to failure of primary method
Side effects	Peripheral edema, breast tenderness, nausea, weight change
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.4)
Treatment class	Injectable contraceptive
Drug class	Progestogen
Generic drug name	Medroxyprogesterone
Brand name	Depo Provera
Dosage form	Injectable
Strength	150mg / ml
Route	IM
Dosage	150mg IM every 12 weeks
Major indications	Prevention of pregnancy, menstrual cycle control
Side effects	Irregular breakthrough menstrual bleeding, weight gain, amenorrhea
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.5)
Treatment class	Thyroid hormone replacement
Drug class	Oral thyroid replacement
Generic drug name	Levothyroxine
Brand name	Synthroid
Dosage form	Tablet
Strength	50mcg
Route	Oral
Dosage	25–300mcg once daily
Major indications	Hypothyroidism
Side effects	Rare, gastrointestinal symptoms
Status	Permitted

Classification	Hormones, Substitutes, Antagonists (10.5)
Treatment class	Thyroid hormone replacement
Drug class	Oral thyroid replacement
Generic drug name	Levothyroxine
Brand name	Synthroid
Dosage form	Tablet
Strength	150mcg
Route	Oral
Dosage	25–300mcg once daily
Major indications	Hypothyroidism
Side effects	Rare, gastrointestinal symptoms
Status	Permitted

11.0 MISCELLANEOUS

Classification	Miscellaneous (11.1)
Treatment class	Antibiotic adjuvant
Drug class	Uricosuric
Generic drug name	Probenecid
Brand name	Benuryl
Dosage form	Tablet
Strength	500mg
Route	Oral
Dosage	500mg every 12 hours (uricosuric), 500mg every 6 hours (antibiotic adjuvant)
Major indications	Uricosuric, antibiotic adjuvant
Side effects	Gastrointestinal symptoms, headache, dermatitis
Status	Prohibited

Classification	Miscellaneous (11.2)
Treatment class	Antivertigo
Drug class	Histamine H ₁ agonist
Generic drug name	Betahistine
Brand name	Serc
Dosage form	Tablet
Strength	16mg
Route	Oral
Dosage	Take 1 tablet as needed for vertigo
Major indications	Treatment for recurrent vertigo associated with Menieres disease
Side effects	Uticaria, itching, GI upset
Status	Permitted

Classification	Miscellaneous (11.2)
Treatment class	Antivertigo
Drug class	Belladonna alkaloid
Generic drug name	Scopolamine 1.5mg
Brand name	Transderm-V
Dosage form	Disc
Strength	1.5mg per disc
Route	Topical
Dosage	Apply 1 disc behind the ear 12 hours before the antiemetic effect is required. Remove in 72 hours
Major indications	Prevention of motion sickness prior to travel
Side effects	Drowsiness, dry mouth, blurred vision
Status	Permitted

Classification	Miscellaneous (11.3)
Treatment class	Fluid replacement
Drug class	Electrolyte replacement
Generic drug name	NaCl 470mg / Disodium citrate 530mg / KCl 300mg / Dextrose 3560mg
Brand name	Gastrolyte
Dosage form	Powder
Strength	470mg / 530mg / 300mg / 3560mg per sachet
Route	Oral
Dosage	Empty the contents of one sachet into 200ml of water and drink as needed
Major indications	Antidiarrheal electrolyte replacement
Side effects	
Status	Permitted

Classification	Miscellaneous (11.4)
Treatment class	Smelling salts
Drug class	Smelling salts
Generic drug name	Ammonia
Brand name	Compounded
Dosage form	60ml solution
Strength	n/a
Route	Inhaled
Dosage	Use as needed
Major indications	To revive from temporary unconscious state, mild shock
Side effects	Hypersensitivity
Status	Permitted

Classification	Miscellaneous (11.5)
Treatment class	Urinary tract antispasmodic
Drug class	Anticholinergic
Generic drug name	Oxybutynin
Brand name	Ditropan
Dosage form	Tablet
Strength	5mg
Route	Oral
Dosage	5mg every 8 hours
Major indications	Urinary tract antispasmodic
Side effects	Dry mouth, dry skin, urinary hesitancy and/or retention
Status	Permitted

Classification	Miscellaneous (11.6)
Treatment class	Potassium supplement
Drug class	Oral potassium supplement
Generic drug name	Potassium chloride
Brand name	Slow-K
Dosage form	Tablet
Strength	8mmol (mEq)
Route	Oral
Dosage	1–2 tablets once to twice daily per MD (lab results)
Major indications	Primary treatment of hypokalemia
Side effects	Hyperkalemia, abdominal discomfort
Status	Permitted

12.0 OPHTHALMIC

Classification	Ophthalmic (12.1)
Treatment class	Antibiotic
Drug class	Macrolide
Generic drug name	Erythromycin
Brand name	n/a
Dosage form	Ointment
Strength	5mg / ml
Route	Ophthalmic
Dosage	Apply to affected eyelid up to 6 times daily
Major indications	Treatment for susceptible superficial bacterial ocular infections
Side effects	Allergic reactions, local irritation
Status	Permitted

Classification	Ophthalmic (12.1)
Treatment class	Antibiotic
Drug class	Sulfonamide
Generic drug name	Sulfacetamide sodium
Brand name	Sodium Sulamyd
Dosage form	Solution
Strength	10%
Route	Ophthalmic
Dosage	Instil 1 drop into affected eye 2–6 times daily
Major indications	Treatment for susceptible superficial bacterial ocular infections
Side effects	Mild local irritation
Status	Permitted

Classification	Ophthalmic (12.2)
Treatment class	Antibiotic
Drug class	Ophthalmic antibiotic
Generic drug name	Polymixin B 10,000U / Gramicidin 0.025mg
Brand name	Polysporin
Dosage form	Suspension
Strength	10,000U / 0.025mg per ml
Route	Ophthalmic
Dosage	Instil 1–2 drops into affected eye(s) 4 times daily
Major indications	Treatment for susceptible superficial bacterial ocular infections
Side effects	Local irritation, allergic reactions, visual disturbances
Status	Permitted

Classification	Ophthalmic (12.2)
Treatment class	Antibiotic / Glucocorticosteroid
Drug class	Ophthalmic antibiotic and glucocorticosteroid
Generic drug name	Polymixin B 6,000U / Neomycin 3.5mg / Dexamethasone 1mg
Brand name	Maxitrol
Dosage form	Suspension
Strength	6,000U / 3.5mg / 1mg per ml
Route	Ophthalmic
Dosage	Instil 1–2 drops into affected eye(s) every 4–6 hours
Major indications	Primary treatment for ocular inflammation with risk of bacterial infection
Side effects	Local irritation, elevated intra-ocular pressure, secondary infection
Status	Permitted

Classification	Ophthalmic (12.2)
Treatment class	Antibiotic / Glucocorticosteroid
Drug class	Aminoglycoside / Corticosteroid
Generic drug name	Tobramycin 0.3% / Dexamethasone 0.1%
Brand name	Tobradex
Dosage form	Suspension
Strength	0.3% / 0.1%
Route	Ophthalmic
Dosage	1–2 drops into affected eye(s) every 4 hours
Major indications	Ocular infections and inflammation
Side effects	Increases lacrimation, eye itching, edema
Status	Permitted

Classification	Ophthalmic (12.3.1)
Treatment class	Antiglaucoma
Drug class	Beta Adrenergic Blocker
Generic drug name	Timolol
Brand name	Timoptic
Dosage form	Solution
Strength	0.50%
Route	Ophthalmic
Dosage	1 drop into affected eye(s) twice daily
Major indications	Glaucoma, ocular hypertension
Side effects	Blurred vision, ocular irritation, headache
Status	Prohibited in certain sports Prohibited in wheelchair curling

Classification	Ophthalmic (12.3.2)
Treatment class	Antiglaucoma
Drug class	PGE1 analogue
Generic drug name	Latanoprost
Brand name	Xalatan
Dosage form	Solution
Strength	0.005%
Route	Ophthalmic
Dosage	1 drop into affected eye(s) once daily in the evening
Major indications	Glaucoma
Side effects	Local irritation, hyperpigmentation of iris, excessive tearing, photophobia
Status	Permitted

Classification	Ophthalmic (12.4)
Treatment class	Antihistamine
Drug class	Ophthalmic antihistamine
Generic drug name	Levocabastine
Brand name	Livostin
Dosage form	Solution
Strength	0.5mg / ml
Route	Ophthalmic
Dosage	1 drop into affected eye two to four times daily
Major indications	Symptomatic relief for seasonal allergic conjunctivitis
Side effects	Mild local irritation
Status	Permitted

Classification	Ophthalmic (12.5)
Treatment class	Anti-inflammatory
Drug class	NSAID
Generic drug name	Diclofenac
Brand name	Voltaren
Dosage form	Solution
Strength	0.10%
Route	Ophthalmic
Dosage	1 drop into affected eye four to five times daily
Major indications	Non-chronic post-traumatic inflammation of eye wounds
Side effects	Hypersensitivity, local irritation, blurred vision
Status	Permitted

Classification	Ophthalmic (12.6)
Treatment class	Antiviral
Drug class	Ophthalmic antiviral
Generic drug name	Trifluridine
Brand name	Viroptic
Dosage form	Solution
Strength	1%
Route	Ophthalmic
Dosage	1–2 drops every 2 hours while awake
Major indications	Treatment for keratoconjunctivitis and epithelial keratitis due to herpes simplex 1+2 and herpes zoster
Side effects	Blurring, irritation, photosensitivity
Status	Permitted

Classification	Ophthalmic (12.7)
Treatment class	Glucocorticosteroid
Drug class	Ophthalmic glucocorticosteroid
Generic drug name	Prednisolone acetate
Brand name	Pred Forte
Dosage form	Suspension
Strength	1%
Route	Ophthalmic
Dosage	1–2 drops instilled every 3–12 hours
Major indications	Treatment of allergic or inflammatory conditions of the conjunctiva and cornea
Side effects	Transient stinging, burning or local irritation
Status	Permitted

Classification	Ophthalmic (12.8)
Treatment class	Local anesthetic
Drug class	Ophthalmic amide
Generic drug name	Tetracaine HCl
Brand name	Minims
Dosage form	Solution
Strength	0.05%
Route	Ophthalmic
Dosage	1–2 drops prior to procedure
Major indications	Local anesthetic
Side effects	Irritation, corneal hypersensitivity reaction
Status	Permitted

Classification	Ophthalmic (12.9)
Treatment class	Mydriatic
Drug class	Ophthalmic mydriatic
Generic drug name	Atropine
Brand name	Isopto-Atropine
Dosage form	Drop
Strength	1% solution
Route	Ophthalmic
Dosage	1–2 drops prior to procedure
Major indications	For examination
Side effects	Increased intra-ocular pressure, sensitivity, edema
Status	Permitted

Classification	Ophthalmic (12.9)
Treatment class	Mydriatic
Drug class	Ophthalmic mydriatic
Generic drug name	Phenylephrine
Brand name	Mydrfrin
Dosage form	Solution
Strength	2.50%
Route	Ophthalmic
Dosage	1–2 drops prior to procedure
Major indications	Mydriasis
Side effects	Transient burning or stinging, palpitations, tachycardia
Status	Permitted

Classification	Ophthalmic (12.10)
Treatment class	Ocular irrigation
Drug class	Ocular irrigation
Generic drug name	Ocular irrigation normal saline
Brand name	n/a
Dosage form	Solution
Strength	0.90%
Route	Ophthalmic
Dosage	Rinse as needed
Major indications	For irrigation or cleaning prior to exam, after minor wound care or as needed by MD
Side effects	Rare
Status	Permitted

Classification	Ophthalmic (12.11)
Treatment class	Ocular lubricant
Drug class	Ocular lubricant
Generic drug name	Carboxymethylcellulose
Brand name	Refresh Liquigel
Dosage form	Solution
Strength	1.00%
Route	Ophthalmic
Dosage	1–2 drops into affected eye(s) every 4 hours
Major indications	For symptomatic relief of dry, irritated itchy eyes
Side effects	Hypersensitivity reaction
Status	Permitted

13.0 PARENTERAL SOLUTIONS

Classification	Parenteral Solutions (13.1)
Treatment class	Diluent
Drug class	Sodium chloride diluent
Generic drug name	Sodium chloride for injection
Brand name	n/a
Dosage form	Injectable
Strength	0.9% (50ml or less as IV infusion)
Route	SC, IV, IM
Dosage	n/a
Major indications	n/a
Side effects	n/a
Status	Permitted

Classification	Parenteral Solutions (13.1)
Treatment class	Diluent
Drug class	Sterile water diluent
Generic drug name	Sterile water for injection
Brand name	n/a
Dosage form	Injectable
Strength	(50ml or less as IV infusion)
Route	SC, IV, IM
Dosage	n/a
Major indications	n/a
Side effects	n/a
Status	Permitted

Classification	Parenteral Solutions (13.2)
Treatment class	Fluid replacement
Drug class	Dextrose replacement
Generic drug name	Dextrose 5% in normal saline
Brand name	n/a
Dosage form	Injectable
Strength	Dextrose 5%
Route	IV
Dosage	As needed for rehydration
Major indications	Fluid replacement
Side effects	Rare
Status	Prohibited

Classification	Parenteral Solutions (13.2)
Treatment class	Fluid replacement
Drug class	Glucose replacement
Generic drug name	Glucose 50%
Brand name	n/a
Dosage form	IV
Strength	Glucose 50% (50ml or less as IV infusion)
Route	IV
Dosage	As needed for rehydration
Major indications	Fluid replacement
Side effects	Rare
Status	Permitted if less than 50ml; >50ml requires a TUE

Classification	Parenteral Solutions (13.2)
Treatment class	Fluid replacement
Drug class	Noramal saline replacement
Generic drug name	Normal saline 250ml bag
Brand name	n/a
Dosage form	IV
Strength	0.90%
Route	IV
Dosage	As needed for rehydration
Major indications	Fluid replacement
Side effects	Rare
Status	Prohibited requires TUE

Classification	Parenteral Solutions (13.2)
Treatment class	Fluid replacement
Drug class	Combination fluid replacement
Generic drug name	Dextrose 5% / KCl 20mEq / NaCl 0.9%
Brand name	n/a
Dosage form	IV
Strength	5% / 20mEq / 0.9% per mL
Route	IV
Dosage	Solution for fluid and electrolyte replenishment and caloric supply
Major indications	Fluid replacement
Side effects	Rare
Status	Prohibited requires TUE

Classification	Parenteral Solutions (13.3)
Treatment class	Local anesthetic
Drug class	Amide / Adrenergic
Generic drug name	Lidocaine 10mg / Epinephrine (Adrenaline) 1:100,000U
Brand name	Xylocaine w epi
Dosage form	Injectable
Strength	10mg / 1:100,000U per ml
Route	SC, IV, IM
Dosage	As directed by MD
Major indications	Local anesthetic
Side effects	Hypotension, hypertension, nausea, paresthesia, bradycardia
Status	Permitted

Classification	Parenteral Solutions (13.3)
Treatment class	Local anesthetic
Drug class	Amide / Adrenergic
Generic drug name	Lidocaine 20mg / Epinephrine (Adrenaline) 1:100,000U
Brand name	Xylocaine w epi
Dosage form	Injectable
Strength	20mg / 1:100,000U per ml
Route	SC, IV, IM
Dosage	As directed by MD
Major indications	Local anesthetic
Side effects	Hypotension, hypertension, nausea, paresthesia, bradycardia
Status	Permitted

Classification	Parenteral Solutions (13.3)
Treatment class	Local anesthetic
Drug class	Amide
Generic drug name	Bupivacaine
Brand name	Marcaine
Dosage form	Injectable
Strength	0.5% (20ml vial)
Route	SC, IV
Dosage	2mg / kg or 175mg dose, max 400mg / 24 hours
Major indications	Local anesthetic
Side effects	Bradycardia, hypotension, burning at injection site, convulsions, CNS toxicity
Status	Permitted

Classification	Parenteral Solutions (13.3)
Treatment class	Local anesthetic
Drug class	Amide
Generic drug name	Lidocaine
Brand name	Xylocaine
Dosage form	Injectable
Strength	10mg per ml (20ml vial)
Route	SC, IV, IM
Dosage	1–4mg / kg max 300mg
Major indications	Local anesthetic, class 1b antiarrhythmic
Side effects	Bradycardia, hypotension, burning at injection site, convulsions, arrhythmia
Status	Permitted

Classification	Parenteral Solutions (13.3)
Treatment class	Local anesthetic
Drug class	Amide
Generic drug name	Lidocaine
Brand name	Xylocaine
Dosage form	Injectable
Strength	20mg per ml (20ml vial)
Route	SC, IV, IM
Dosage	As directed by MD
Major indications	Local anesthetic
Side effects	Hypotension, hypertension, nausea, paresthesia, bradycardia
Status	Permitted

Classification	Parenteral Solutions (13.4)
Treatment class	Miscellaneous
Drug class	Injectable potassium
Generic drug name	Potassium chloride
Brand name	n/a
Dosage form	Injectable
Strength	20mEq in normal saline per 100ml
Route	IV
Dosage	As directed by MD
Major indications	Treatment of hypokalaemia
Side effects	Hyperkalemia, arrhythmia
Status	Prohibited requires TUE

14.0 RESPIRATORY

Classification	Respiratory (14.1)
Treatment class	Anticholinergic
Drug class	Inhaled anticholinergic
Generic drug name	Ipratropium
Brand name	Atrovent
Dosage form	MDI
Strength	20mcg / puff, 200 doses
Route	Inhaled
Dosage	1–2 puffs up to four times daily
Major indications	Maintenance treatment for bronchospasm associated with COPD, bronchitis and emphysema
Side effects	Dry mouth, headache, tremors, palpitations
Status	Permitted

Classification	Respiratory (14.2)
Treatment class	Mast cell stabilizer
Drug class	Inhaled mast cell stabilizer
Generic drug name	Cromolyn sodium (Cromoglycate)
Brand name	Cromolyn
Dosage form	Nebules
Strength	20mg / 2ml NEB
Route	Inhaled
Dosage	1 nebulizer 4 times daily, decrease to twice daily when stabilized, or 1 nebulizer 15 minutes prior to exercise
Major indications	Maintenance treatment for asthma, or prevention of exercise induced asthma
Side effects	Dry throat, taste disturbance, bronchospasm
Status	Permitted

Classification	Respiratory (14.3)
Treatment class	Antitussive
Drug class	Nonopioid antitussive
Generic drug name	Dextromethorphan
Brand name	Delsym
Dosage form	Suspension
Strength	30mg / 5ml
Route	Oral
Dosage	10ml every 12 hours as needed
Major indications	Symptomatic relief from persistent cough
Side effects	Sedation, GI disturbances, serotonin syndrome
Status	Permitted

Classification	Respiratory (14.4)
Treatment class	Adrenergic
Drug class	Alpha- and beta-adrenergic agonist
Generic drug name	Epinephrine (Adrenaline)
Brand name	EpiPen
Dosage form	Auto injector
Strength	1:1000 / ml
Route	Injectable
Dosage	Auto-injection, stat as needed
Major indications	Primary treatment for hypersensitivity reaction with acute bronchospasm
Side effects	Tachycardia, agitation
Status	Prohibited requires TUE

Classification	Respiratory (14.4)
Treatment class	Adrenergic
Drug class	Alpha- and beta-adrenergic agonist
Generic drug name	Epinephrine (Adrenaline)
Brand name	Adrenalin
Dosage form	Ampule
Strength	1:1000 / ml
Route	Injectable
Dosage	0.3mg
Major indications	Primary treatment for hypersensitivity reaction with acute bronchospasm
Side effects	Tachycardia, agitation
Status	Prohibited requires TUE

Classification	Respiratory (14.4)
Treatment class	Bronchodilator
Drug class	Selective beta-2-adrenergic agonist
Generic drug name	Salbutamol
Brand name	Ventolin
Dosage form	MDI
Strength	100mcg / puff, 200 doses
Route	Inhaled
Dosage	1–2 inhalations every 4–6 hours as needed for bronchospasm, 1–2 inhalations 15 minutes prior to exercise or post exercise as needed
Major indications	Treatment and prevention of symptoms of reversible obstructive airway disease and asthma. Also used for the prevention and treatment of exercise-induced asthma / bronchospasm
Side effects	Nervousness, tachycardia, tremor
Status	Prohibited; requires TUE, Declared

Despite the granting of a Therapeutic Use Exemption, the presence of salbutamol in urine in excess of 1000 ng / mL will be considered as an adverse analytical finding unless the athlete proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of the use of a therapeutic dose of inhaled salbutamol.

Classification	Respiratory (14.4)
Treatment class	Bronchodilator
Drug class	Selective beta-2-adrenergic agonist
Generic drug name	Formoterol
Brand name	Oxeze
Dosage form	Turbuhaler
Strength	6mcg / puff, 60 doses
Route	Inhaled
Dosage	1–2 inhalations twice daily, or 1–2 inhalations prior / post exercise in the event of bronchospasm
Major indications	Treatment and prevention of symptoms of reversible obstructive airway disease and asthma. Also used for the prevention and treatment of exercise-induced asthma / bronchospasm
Side effects	Tremor, palpitations, headache
Status	Prohibited; requires TUE, Declared

Classification	Respiratory (14.5)
Treatment class	Bronchodilator / Glucocorticosteroid
Drug class	Adrenergic / Anti-inflammatory combination
Generic drug name	Budesonide / Formoterol
Brand name	Symbicort
Dosage form	Turbuhaler
Strength	100mcg / 6mcg, 200mcg / 6mcg, 120 doses
Route	Inhaled
Dosage	100 / 6–200 / 6 mcg, 1–2 inhalations once to twice daily
Major indications	Maintenance treatment for bronchospasm associated with asthma
Side effects	Candida infection local, cough, irritation, tremors, palpitations
Status	Prohibited; requires TUE, Declared

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Respiratory (14.5)
Treatment class	Bronchodilator / Glucocorticosteroid
Drug class	Adrenergic / Anti-inflammatory combination
Generic drug name	Salmeterol / Fluticasone
Brand name	Advair
Dosage form	Aerosol suspension
Strength	100mcg / 50mcg, 250mcg / 50mcg, 60 doses
Route	Inhaled
Dosage	125 / 25–250 / 25 mcg 1–2 inhalations twice daily
Major indications	Maintenance treatment for bronchospasm associated with asthma
Side effects	Candida infection local, cough, irritation, secondary infection, bronchospasm (paradoxical)
Status	Prohibited; requires TUE, Declared

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Respiratory (14.6)
Treatment class	Glucocorticosteroid
Drug class	Anti-inflammatory
Generic drug name	Budesonide
Brand name	Pulmicort
Dosage form	Turbuhaler
Strength	100mcg, 200mcg, 200 doses
Route	Inhaled
Dosage	100–400 mcg, 200–400 mcg twice daily
Major indications	Prevention and treatment of asthma, exercise-induced asthma and bronchospasm
Side effects	Candida infection local, cough, irritation
Status	Declared

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Respiratory (14.6)
Treatment class	Glucocorticosteroid
Drug class	Anti-inflammatory
Generic drug name	Fluticasone
Brand name	Flovent
Dosage form	Aerosol suspension
Strength	125mcg, 250mcg / spray, 120 doses
Route	Inhaled
Dosage	125–500 mcg 1–2 inhalations twice daily
Major indications	Prevention and treatment of asthma, exercise-induced asthma and bronchospasm
Side effects	Candida infection local, cough, irritation
Status	Declared

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of use must be completed by the athlete for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.

Classification	Respiratory (14.7)
Treatment class	Expectorant
Drug class	Expectorant
Generic drug name	Guaifenesin
Brand name	Robitussin
Dosage form	Liquid
Strength	100mg / 5ml
Route	Oral
Dosage	5–10ml 2 to 4 times daily as needed for cough
Major indications	Symptomatic relief of cough with chest congestion
Side effects	Increased secretions, dizziness
Status	Permitted

Classification	Respiratory (14.8)
Treatment class	Leukotriene antagonist
Drug class	Leukotriene receptor antagonist
Generic drug name	Montelukast
Brand name	Singulair
Dosage form	Tablet
Strength	10mg
Route	Oral
Dosage	10mg daily at bedtime
Major indications	Prevention and maintenance of asthma exacerbations, prevention of exercise-induced asthma
Side effects	Headache
Status	Permitted

15.0 VACCINES

Classification	Vaccines (15.1)
Treatment class	Viral vaccine
Drug class	Influenza A and B prevention
Generic drug name	Influenza vaccine
Brand name	Vaxigrip
Dosage form	Injectable
Strength	Dependent on current year strains
Route	IM
Dosage	For injection by MD
Major indications	Prevention of Influenza
Side effects	Fatigue, pain at injection site
Status	Permitted

Classification	Vaccines (15.1)
Treatment class	Viral vaccine
Drug class	Hepatitis A immunization
Generic drug name	Hepatitis A vaccine
Brand name	Havrix 1440
Dosage form	Injectable
Strength	1440 Elisa units hepatitis A
Route	IM
Dosage	1 injection now, and at 6 months. First injection should be at least 2 weeks prior to travel
Major indications	Prevention of hepatitis A
Side effects	Pain at injection site, malaise, nausea
Status	Permitted

Classification	Vaccines (15.1)
Treatment class	Viral vaccine
Drug class	Hepatitis B immunization
Generic drug name	Hepatitis B vaccine
Brand name	Engerix
Dosage form	Injectable
Strength	20mcg hepatitis B
Route	IM
Dosage	1 injection now, and at 1 month and 6 months. First injection should be at least 2 weeks prior to travel
Major indications	Prevention of hepatitis B
Side effects	Pain at injection site, malaise, nausea
Status	Permitted

Classification	Vaccines (15.1)
Treatment class	Viral vaccine
Drug class	Hepatitis A and B immunization
Generic drug name	Hepatitis A and B vaccine
Brand name	Twinrix
Dosage form	Injectable
Strength	720 Elisa units hepatitis A and 20mcg hepatitis B
Route	IM
Dosage	1 injection now, and at 1 month and 6 months.
Major indications	Prevention of hepatitis A+B
Side effects	Pain at injection site, malaise, nausea
Status	Permitted

Classification	Vaccines (15.1)
Treatment class	Toxoid
Drug class	Diphtheria and tetanus prevention
Generic drug name	Tetanus vaccines
Brand name	n/a
Dosage form	Injectable
Strength	n/a
Route	IM
Dosage	1 injection
Major indications	Passive immunization against active or suspected tetanus in a person whose history of previous receipt of tetanus toxoid is unknown
Side effects	Injection-site reactions, pain, burning, mild fever
Status	Permitted

Formulary Index

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Acetaminophen	325mg	Tablet	Permitted	19
Acetaminophen 300mg / Codeine 30mg	300mg / 30mg	Tablet	Permitted	18
Acetaminophen 300mg / Codeine 30mg / Caffeine 15mg	300mg / 30mg / 15mg	Tablet	Permitted	18
Acetaminophen 325mg / Methocarbamol 400mg	325mg / 400mg	Tablet	Permitted	26
Acetaminophen 325mg / Oxycodone 5mg	325mg / 5mg	Tablet	Prohibited	16
Acetylsalicylic acid	325mg	Tablet	Permitted	20
Acetylsalicylic acid	81mg	Tablet	Permitted	96
Acetylsalicylic acid 325mg / Methocarbamol 400mg	325mg / 400mg	Tablet	Permitted	27
Acyclovir	5%	Ointment	Permitted	66
Acyclovir / Deoxy-d-glucose / Ibuprofen / PABA / Lidocaine	5gm lip balm	Lip balm	Permitted	67
Acyclovir 5% / Deoxy-d-glucose 0.2% / Ibuprofen 2% / Lidocaine 2%	5gm tube	Lip cream	Permitted	67
Alcohol swabs	n/a	Swab	Permitted	70
Alginate acid 200mg / Magnesium carbonate 40mg	200mg / 40mg	Chewable tablets	Permitted	83
Allopurinol	100mg	Tablet	Permitted	25
Amiloride 5mg / Hydrochlorothiazide 50mg	5mg / 50mg	Tablet	Prohibited	51
Amiodarone	200mg	Tablet	Permitted	42
Amitriptyline	10mg	Tablet	Permitted	56
Ammonia	n/a	60ml solution	Permitted	110
Amoxicillin	250mg	Capsule	Permitted	31
Amoxicillin 500mg / Clavulanic acid 125mg	500 / 125mg	Tablet	Permitted	32
Atenolol	25mg	Tablet	Prohibited in certain sports	43
Atorvastatin	20mg	Tablet	Permitted	48
Atropine	1% solution	Drop	Permitted	118
Azithromycin	250mg	Tablet	Permitted	34
Baclofen	10mg	Tablet	Permitted	27
Benzocaine 10mg / Cetylpyridinium chloride 1.45mg	10mg / 6mg per lozenge	Lozenge	Permitted	82
Benztrapine	2mg	Tablet	Permitted	58

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Benzylamine	0.15%	Solution	Permitted	81
Betahistine	16mg	Tablet	Permitted	109
Betamethasone valerate	0.01% moderate potency	Cream, ointment	Permitted	68
Bisacodyl	5mg	Tablet	Permitted	93
Bismuth subsalicylate	262mg	Tablet	Permitted	87
Bisoprolol	5mg	Tablet	Prohibited in certain sports	44
Budesonide	100mcg, 200mcg, 200 doses	Turbuhaler	Declared	130
Budesonide / Formoterol	100mcg / 6mcg, 200mcg / 6mcg, 120 doses	Turbuhaler	Prohibited; requires TUE, Declared	129
Bupivacaine	0.5% (20ml vial)	Injectable	Permitted	124
Calcium carbonate 500mg (200mg elemental)	500mg (200mg elemental)	Tablet	Permitted	84
Candesartan	16mg	Tablet	Permitted	47
Captopril	25mg	Tablet	Permitted	45
Carbamazepine	100mg	Tablet	Permitted	52
Carbamazepine	200mg CR	Tablet	Permitted	52
Carbidopa 200mg / Levodopa 50mg	200 / 50mg CR	Tablet	Permitted	58
Carboxymethylcellulose	1.00%	Solution	Permitted	119
Carvedilol	25mg	Tablet	Prohibited in certain sports	44
Cefixime	400mg	Tablet	Permitted	33
Cefuroxime	500mg	Tablet	Permitted	33
Celecoxib	200mg	Capsule	Permitted	19
Cephalexin	500mg	Tablet	Permitted	34
Cetirizine	10mg	Tablet	Permitted	29
Chlorhexidine 2% / Isopropyl alcohol 4% solution	2% / 4%	Solution	Permitted	70
Chlorhexidine rinse	0.12%	Solution	Permitted	76
Chlorpheniramine	4mg	Tablet	Permitted	29
Ciprofloxacin	500mg	Tablet	Permitted	36
Ciprofloxacin 0.3% / Dexamethasone 0.1%	0.3% / 0.1%	Suspension	Permitted	77

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Citalopram	20mg	Tablet	Permitted	55
Clarithromycin	500mg	Tablet	Permitted	35
Clindamycin	150mg	Capsule	Permitted	38
Clobetasol	0.05% high potency	Cream, ointment	Permitted	68
Clopidogrel	75mg	Tablet	Permitted	97
Clotrimazole	1%	Cream	Permitted	63, 71
Clotrimazole 10mg / Betamethasone dipropionate 0.64mg	10mg / 0.64mg per gram	Cream	Permitted	65
Codeine	30mg	Tablet	Permitted	16
Colchicine	0.6mg	Tablet	Permitted	26
Cromolyn sodium (Cromoglycate)	20mg / 2ml NEB	Nebules	Permitted	126
Cyclobenzaprine	10mg	Tablet	Permitted	28
Dexamethasone	4mg, 4mg/ml	Tablet, injectable	Prohibited requires TUE	100
Dextromethorphan	30mg / 5ml	Suspension	Permitted	127
Dextrose / KCl / NaCl	Dextrose 5% / KCl 20mEq / 0.9% NaCl	IV	Prohibited requires TUE	122
Dextrose replacement	Dextrose 5% in normal solution	IV	Prohibited	121
Diazepam	5mg	Tablet	Permitted	59
Diclofenac	50mg	Tablet	Permitted	21
Diclofenac	0.10%	Solution	Permitted	116
Diclofenac	10%	Gel	Permitted	21
Digoxin	0.125mg	Tablet	Permitted	43
Diltiazem	120mgCD	Capsule	Permitted	48
Dimenhydrinate	50mg	Tablet	Permitted	88
Diphenhydramine	25mg	Tablet	Permitted	30
Diphenhydramine	50mg / ml	Injectable	Permitted	30
Diphenoxylate 2.5mg / Atropine 0.025mg	2.5mg / 0.025mg	Tablet	Permitted	86
Docusate	100mg	Capsule	Permitted	93
Domperidone	10mg	Tablet	Permitted	89
Doxazosin	1mg	Tablet	Permitted	47
Doxycycline	100mg	Capsule	Permitted	38
Enalapril	10mg	Tablet	Permitted	46

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Epinephrine (Adrenaline)	1:1000 / ml	Auto injector	Prohibited requires TUE	127
Epinephrine (Adrenaline)	1:1000 / ml	Ampule	Prohibited requires TUE	128
Erythromycin	333mgEC	Capsule	Permitted	35
Erythromycin	5mg / ml	Ointment	Permitted	112
Ethinyl estradiol 0.020mg / Levonorgestrel 0.10mg	0.020mg / 0.1mg	Tablet	Permitted	105
Ethinyl estradiol 0.035mg / Norgestimate 0.25mg	0.035mg / 0.25mg	Tablet	Permitted	106
Famotidine	10mg	Tablet	Permitted	91
Ferrous sulphate	300mg	Tablet	Permitted	98
Fluconazole	150mg	Capsule	Permitted	39
Flumethasone pivalate 0.02% / Clioquinol 1%	0.02% / 1%	Solution	Permitted	78
Fluoxetine	20mg	Capsule	Permitted	56
Fluticasone	125mcg, 250mcg / spray	Aerosol suspension	Declared	131
Fluticasone / Salmeterol	100mcg / 50mcg, 250mcg / 50mcg	Aerosol suspension	Prohibited; requires TUE, Declared	130
Formoterol	6mcg / puff	Turbuhaler	Prohibited; requires TUE, Declared	129
Furosemide	40mg	Tablet	Prohibited	49
Fusidic acid 2%	2%	Ointment	Permitted	61
Gabapentin	300mg	Capsule	Permitted	53
Gastrolyte	NaCl 470mg / Disodium citrate 530mg / ICCI 300mg / Dextrose 3560mg	Powder	Permitted	110
Glaxal base	n/a	Cream	Permitted	74
Gliclazide	30mg Sustained Release	Tablet	Permitted	101
Glucagon (peptide injection)	1mg injection	Injectable	Permitted	103
Glucose 50%	Glucose 50% (50ml or less as IV infusion)	IV	Permitted if less than 50ml; >50ml requires a TUE	121
Glyburide	5mg	Tablet	Permitted	101

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Glycerin suppository	96% w/w glycerin	Suppository	Permitted	94
Guaifenesin	100mg / 5ml	Liquid	Permitted	131
Hepatitis A and B	720 Elisa units / 20mcg	Injectable	Permitted	134
Hepatitis A vaccine	1440 Elisa units	Injectable	Permitted	133
Hepatitis B vaccine	20mcg	Injectable	Permitted	133
Hydralazine	10mg	Tablet	Permitted	51
Hydrochlorothiazide	25mg	Tablet	Prohibited	50
Hydrocortisone	1% low potency	Cream	Permitted	69
Hydrocortisone 1% / Acid mantle ear drops	HC 1%	Drop	Permitted	80
Hydrocortisone 1% / Lidocaine 2%	1% / 2% each suppository	Suppository	Permitted	75
Hydrocortisone 5mg / Framycetin 10mg / Cinchocaine 5mg / Aesculin 10mg	5mg / 10mg / 5mg / 10mg per gram	Cream	Permitted	75
Hydrogen peroxide	3%	Solution	Permitted	71
Hydromorphone	2mg	Tablet	Prohibited	17
Hydroxyzine	25mg	Capsule	Permitted	31
Hyoscine	10mg	Tablet	Permitted	91
Ibuprofen	200mg	Tablet	Permitted	22
Indomethacin	25mg	Capsule	Permitted	22
Indomethacin	100mg	Suppository	Permitted	23
Influenza vaccine	n/a	Injectable	Permitted	132
Insulin glargine (ultra long acting)	100lu / ml	Suspension	Prohibited requires TUE	105
Insulin lispro (ultra short acting)	100lu / ml	Suspension	Prohibited requires TUE	103
Insulin NPH (long acting)	100lu / ml	Suspension	Prohibited requires TUE	104
Insulin Toronto (short acting)	100lu / ml	Suspension	Prohibited requires TUE	104
Ipratropium	0.03%	Solution	Permitted	79
Ipratropium	20mcg / puff	MDI	Permitted	126
Isotonic sodium chloride / sodium bicarbonate	2.5gm	Solution	Permitted	83
Ketoconazole	200mg	Tablet	Permitted	40
Ketorolac	10mg	Tablet	Permitted	23
Ketorolac	10mg / ml	Injectable	Permitted	24
Latanoprost	0.005%	Solution	Permitted	115

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Levocabastine	0.5mg / ml	Solution	Permitted	115
Levofloxacin	500mg	Tablet	Permitted	36
Levonorgestrel	0.75mg	Tablet	Permitted	106
Levothyroxine	50mcg, 150mcg	Tablet	Permitted	107, 108
Lidocaine	10mg per ml (20ml vial)	Injectable	Permitted	124
Lidocaine	20mg per ml (20ml vial)	Injectable	Permitted	123
Lidocaine	10mg per ml (20ml vial)	Injectable	Permitted	125
Lidocaine 10mg / Epinephrine (Adrenaline) 1:100,000U	10mg / 1:100,000U per ml	Injectable	Permitted	123
Lidocaine 25mg / Prilocaine 25mg	25mg / 25mg	Cream	Permitted	73
Lidocaine jelly 2%	2%	Gel	Permitted	73
Lithium carbonate	300mg	Capsule	Permitted	57
Loperamide	2mg	Tablet	Permitted	87
Lorazepam	1mg	Tablet	Permitted	59
Magnesium hydroxide 100mg / Aluminum hydroxide 200mg / Simethicone 25mg	100mg / 200mg / 25mg per 5ml	Liquid	Permitted	85
Magnesium hydroxide 200mg / Aluminum hydroxide 165mg	200mg / 165mg per 5ml	Liquid	Permitted	85
Medroxyprogesterone	150mg / ml		Permitted	107
Meloxicam	15mg	Tablet	Permitted	20
Menthol 0.9% / Eucalyptus 0.15%	0.9% / 0.15% per lozenge	Lozenge	Permitted	82
Metformin	500mg	Tablet	Permitted	102
Methylprednisolone	40mg / ml	Injectable	IM prohibited, other routes requires TUE	99
Metoclopramide	10mg	Tablet	Permitted	90
Metoprolol	100mg	Tablet	Prohibited in certain sports	45
Metronidazole	250mg	Tablet	Permitted	39
Metronidazole 500mg / Nystatin 100,000U	500mg / 100,000U per gram	Cream	Permitted	72
Miconazole	2%	Cream	Permitted	72
Mometasone	50mcg / spray	Suspension	Permitted	80
Montelukast	10mg	Tablet	Permitted	132
Moxifloxacin	400mg	Tablet	Permitted	37

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Muprocín	2%	Ointment	Permitted	61
Naproxen	500mg	Tablet	Permitted	24
Neomycin 2.5mg / Gramicidin 250mcg / Nystatin 100,000U / Triamcinolone 1mg	2.5mg / 250mcg / 100,000U / 1mg per gram	Cream	Permitted	63
Nitroglycerin 0.2%	0.20%	Ointment	Permitted	76
Nitroglycerin spray	0.4mg / spray	Solution	Permitted	41
Normal saline 250ml bag	0.90%	IV	Prohibited requires TUE	122
Nortriptyline	10mg	Capsule	Permitted	57
Nutraderm	n/a	Lotion	Permitted	74
Nystatin	100,000U per gram	Ointment	Permitted	64
Nystatin	100,000IU / ml 24ml	Solution	Permitted	79
Ocular irrigation normal saline	0.90%	Solution	Permitted	118
Ondansetron	8mg	Tablet	Permitted	89
Oseltamivir	75mg	Capsule	Permitted	40
Oxybutynin	5mg	Tablet	Permitted	111
Oxycodone	5mg	Tablet	Prohibited	17
Oxymetazoline	0.05%	Solution	Permitted	81
PEG 3350 powder	n/a	Powder	Permitted	95
Penicillin V	300mg	Tablet	Permitted	32
Permethrin 1%	1%	Cream rinse	Permitted	65
Permethrin 5%	5%	Lotion	Permitted	66
Phenazopyridine	200mg	Tablet	Permitted	28
Phenobarbital	30mg	Tablet	Permitted	54
Phenylephrine	2.50%	Solution	Permitted	118
Phenytoin	100mg	Capsule	Permitted	53
Phytonadione	10mg / ml	Injectable	Permitted	97
Polymixin B 10,000U / Bacitracin 500U	10,000U / 500U per gram	Ointment	Permitted	62
Polymixin B 10,000U / Gramicidin 0.025mg	10,000U / 0.025mg per ml	Suspension	Permitted	77, 113
Polymixin B 6,000U / Neomycin 3.5mg / Dexamethasone 1mg	6,000U / 3.5mg / 1mg per ml	Suspension	Permitted	113
Polymixin B 10,000U / Neomycin 3.5mg / Hydrocortisone 10mg	10,000U / 3.5mg / 10mg per ml	Solution	Permitted	78

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Potassium chloride	8mmol (mEq)	Tablet	Permitted	111
Potassium chloride	20mEq in normal saline per 100ml	Injectable	Prohibited requires TUE	125
Pravastatin	20mg	Tablet	Permitted	49
Prednisolone acetate	1%	Suspension	Permitted	117
Prednisone	5mg	Tablet	Prohibited	98
Probenecid	500mg	Tablet	Prohibited	108
Prochlorperazine	10mg	Tablet	Permitted	88
Propafenone	150mg	Tablet	Permitted	42
Rabeprazole	20mg	Tablet	Permitted	92
Ramipril	5mg	Capsule	Permitted	46
Ranitidine	150mg	Tablet	Permitted	92
Rosiglitazone	4mg	Tablet	Permitted	102
Salbutamol	100mcg / puff	MDI	Prohibited; requires TUE, Declared	128
Scopolamine 1.5mg	1.5mg per disc	Disc	Permitted	109
Senosides	8.6mg sennosided	Tablet	Permitted	94
Silver sulfadiazine	1%	Cream	Permitted	62
Simethicone	180mg	Tablet	Permitted	90
Smelling salts, see ammonia			Permitted	
Sodium alginate 250mg / Aluminum hydroxide 100mg	250mg / 100mg per 5ml	Liquid	Permitted	84
Sodium Alginate 200mg / Aluminum hydroxide 100mg / Viscous lidocaine 2% (equal parts)	sodium alginate / Aluminum hydroxide 165mg / Viscous lidocaine 2% (equal parts)	Liquid	Permitted	86
Sodium chloride for injection	0.9% (50ml or less as IV infusion)	Injectable	Permitted	120
Sodium phosphates	16g monobasic / 6g dibasic sodium phosphate	Solution	Permitted	95
Spirolactone	25mg	Tablet	Prohibited	50
Sterile water for injection	(50ml or less as IV infusion)	Injectable	Permitted	120
Sulfacetamide sodium	10.00%	Solution	Permitted	112

GENERIC DRUG NAME	STRENGTH	DOSAGE FORM	STATUS	PAGE
Sulfamethoxazole 400mg / Trimethoprim 80mg	400mg / 80mg	Tablet	Permitted	37
Sumatriptan	100mg	Tablet	Permitted	25
Terbinafine	1%	Cream	Permitted	64
Tetanus vaccines	n/a	Injectable	Permitted	134
Tetracaine HCl	0.05%	Solution	Permitted	117
Timolol	0.50%	Solution	Prohibited in certain sports	114
Tobramycin 0.3% / Dexamethasone 0.1%	0.3% / 0.1%	Suspension	Permitted	114
Triamcinolone	40mg / ml	Injectable	IM prohibited, other routes requires TUE	99
Triamcinolone in orabase	0.10%	Dental paste	Permitted	69
Trifluridine	1%	Solution	Permitted	116
Valcyclovir	500mg	Tablet	Permitted	41
Valproic acid	250mg	Capsule	Permitted	54
Venlafaxine	75mg	Capsule	Permitted	55
Warfarin	1mg	Tablet	Permitted	96
Zopiclone	7.5mg	Tablet	Permitted	60

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